Registration Information

Register by mail or online at www.childresource.org

Registration Fee	Includes continental breakfast and lunch
\$35	Postmarked by 9/25/09
\$50	Postmarked 9/26/09 or later

- Registration closes 10/2/09.
- Make workshop selections and include on registration form. Indicate code number for first, second and third choices for Sessions A and B.
- Every effort will be made to place you in the workshop of your choice; however, space is limited and workshops will be filled on a first-come, first-served basis.
- Be sure to select a Boxed Lunch preference.
- No REFUNDS will be issued.
- □ There will be a \$25 service fee for returned checks.
- We love children, but only adults will be admitted to the conference.

Appropriate accommodations for individuals with disabilities will be provided upon request. Please forward requests by 9/25/09.

For further information, call 301.772.8420 or e-mail:pqcrc@childresource.org

Directions

Cora L. Rice Elementary School

950 Nalley Road, Landover, MD 20785

From the Beltway: Take Exit 17 B (Landover Road/MD 202 towards Bladensburg). Turn left at Brightseat Road.

Continue on Redskins Road. At Fedex Way, turn right onto Hill Oaks Road. Continue on Hill Oaks Road across Nalley Road to school.

Schedule for the Day

7:45 am — 8:30 am Continental Breakfast & Registration

8:45 am — 9:30 am Welcome & Keynote

Session A Workshops

9:45 am-11:45 am-Blue Group

10:15 am—12:15 pm — Orange Group

Vendor Browsing & Networking

9:45 am — 10:15 am — Orange Group

11:45 am - 12:15 pm - Blue Group

12:15 pm—1:15 pm Lunch

1:30 pm—3:30 pm Session B Workshops

3:40 pm—4:00 pm Closing Session

Funding provided by the National Harbor Community Outreach Grant Fund of the Prince George's Community Foundation

Keynote Speaker



Judy Nee, President/CEO
National AfterSchool Association

The nation's professional association for afterschool providers.

We will be raffling off two roundtrip tickets from Southwest Airlines

Workshop Selections - All workshops are Core of Knowledge-approved training

MORNING SESSIONS

- **A1** "Playground Safety Begins with a Plan" (HSN) Playground safety must be given routine attention for children to be safe outdoors. Participants will develop an initial play safety preparation plan in this workshop. *Jean Schappet, Pure Play Workshop*
- **A2** "Active Playground Supervision" (HSN) Injury-free play is no accident! Explore the behaviors needed by outdoor play environment supervisors. Participants will prepare a supervision plan. Patty Schappet, Pure Play Workshop
- A3 "Bringing Nature Into the Classroom" (COM) Participants will be able to view, imagine and touch nature in a way that they may not have before, bridging the gap to the natural world. Echo Uzzo and Michael Uzzo, Echoes of Nature
- **A4** "Experiences in Relaxation" (HSN) This workshop introduces and reinforces relaxation techniques for participants who desire to improve their daily self-care program for increased health and wellbeing. *Alicia Rucker, RN*
- **A5** "Ain't Misbehavin'" (CD) It is easier to prevent misbehavior than to deal with it afterwards! Come learn ways to prevent, as well as handle, children's misbehavior. *Debbie Langer, Arundel Child Care Connections, Inc*
- A6 "Taxes, Recordkeeping and the Facts of Life" (PRO) You understand the personal side of taxes but as a provider do you understand the facts of life as it relates to taxes and recordkeeping for your business? Anita Baum, Baum Taxes and Financial Services and Julieta Simmons, Simmons Bookkeeping and Tax Services
- **A7** "OCC A Conversation with the Director" (PRO) Participants will have the opportunity to hear directly from the Director of the Office of Child Care about new initiatives, updates and plans. Elizabeth Kelley, Maryland State Department of Education
- **A8** "Snack Time is Variety Time" (HSN) Snack time is the perfect time to involve children in preparing a variety of healthy snacks and to introduce new foods from different cultures. Carolyn Thompson, Maryland State Department of Education
- A9 "Child Care and Children with Special Needs" (SN) This training will provide caregivers with guidance to care sensitively and effectively for children with special needs. *Joan R. Henry, Independent Trainer*
- A10 "Effective School Age Classroom Practices" (CUR) Learn successful ways for working with mixed age groups and discuss strategies for communicating with peers, children and parents. Christina Krouse, Independent Training Consultant
- A11 "Developing Quality School Age Environments" (CUR) Learn about key components of school-age programs and gain strategies for designing environments that are comfortable, flexible, and accommodating to children's moods and activities. Shannon Glissan and Dona Ponn. MCCRN
- **A12** "The Games We Play" (CUR) Add fun and games to your program to boost social skills, problem-solving and fitness. Everyone wins! *Deborah Wood, Ph.D., Child Development Specialist*
- A13 "Achieving Quality: Maryland Child Care Credential" (PRO) Learn how participation promotes the best possible care for the children and families they serve. Angeline Bishop-Oshoko, Maryland State Department of Education

MORNING SESSIONS—CONTINUED

- **A14** "Energize with Kindercise" (CUR) Help children increase feelings of self-confidence through interactive play including songs, movement and chants. *John "Kinderman" Taylor, International Movement Arts Institute*
- A15 "Managing Food Allergies in Child Care Programs" (HSN) Learn simple strategies to manage common food allergies and tips for recognizing ingredients that can cause reactions in children. Kimberly Merritt, Prince George's Child Resource Center
- **A16** "Behaving Your Way to Successful Caregiving" (PRO) Is caring for children your life's call or an important stepping stone to your next endeavor? No matter your response one thing is for certain, when you start to "behave" correctly success follows. *Celeste Owens, PhD, Licensed Psychologist.*
- **A17** "Male Involvement in Child Care Settings" (COM) Male involvement is important to the growth and development of children. Learn strategies for getting men involved in your program. José Pierre Riggins, Sr., Prince George's County Public Schools
- **A18** "Calgon...Take me Away!" (HSN) This interactive workshop will explore the various ways parents and caregivers are stressed and strained and address ways to care for and nurture themselves.. Lisa R. Connors, The Family Education Network, Inc.
- **A19 "Retirement Planning"** (PRO) Learn how to maximize your retirement strategy and plan for a comfortable retirement. *Marian Johnson, M&T Bank*
- **A20** "Family Literacy Projects on a Budget" (CUR) Take home hands-on literacy activities. *National Children's Museum*

AFTERNOON SESSIONS

- **B1** "Playground Safety Begins with a Plan" (HSN) Playground safety must be given routine attention for children to be safe outdoors. Participants will develop an initial play safety preparation plan in this workshop. *Jean Schappet, Pure Play Workshop.*
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- B13 "Family Violence The Impact on Youth and Society" (COM) Although violence in the family typically occurs behind closed doors, the ramifications are a societal problem. *Celeste Owens, PhD., Licensed Psychologist.*
- **B14** "....**But My Child Will Not Listen to Me**" (CD) This interactive workshop will discuss ways to build adult-child communication, thus enhancing adult-child relationships. *Lisa R. Connors, The Family Education Network, Inc.*
- **B15** "Don't Sweat the Small Stuff" (HSN) Learn ways to deal with stress in a relaxing and engaging workshop. Walk away with new tricks in your bag. *Rhonda Ulmer, Priority Partners MCO/ Johns Hopkins Health Care LLC*
- B16 "Reaching Reluctant Readers: Strategies to Engage Readers Ages 9 to 13" (CUR) Come hear strategies to keep kids interested in books, get them reading and have fun doing it! Myra Katz and Kelli Kanvin, Prince George's County Memorial Library
- **B17** "Movement and Rhythm in After School Activities" (CUR) Explore new ways to get your school age children up and moving with this interactive workshop. *Brooke Kidd, Joe's Movement Emporium*
- B18 "Accommodating Children with Special Needs and the ADA" (SN) Find out about the ADA, inclusion of children with special needs, and how to make simple accommodations so all children can thrive. Paul Brady Armstrong, Prince George's Child Resource Center
- **B19** "Budgeting" (PRO) Learn how to organize your money. Be more effective and efficient. *Marian Johnson, M&T Bank*
- **B20** "Developing School Age Curriculum" (CUR) Plan developmentally appropriate hands-on activities that children will enjoy. Bertha Reid, Prince George's County Public Schools
- **B21** "Family Literacy Projects on a Budget" (CUR) Take home hands-on literacy activities. *National Children's Museum*

Key to Core of Knowledge:

CD: Child Development COM: Community

CUR: Curriculum **HSN**: Health, Safety & Nutrition

PRO: Professionalism **SN**: Special Needs