

## NEWS YOU CAN USE

### Did You Get Your Free Training?

The Resource Center is giving away **free** training! Every Resource Center member who takes five (5) regular Resource Center trainings between January 1, 2009 and December 31, 2009 will receive one **free** three hour training – a \$35 value! Call Francine at 301.772.8420, extension 229, for more information. **This benefit is for Resource Center members only!** Not a member yet? Francine can sign you up!

### Director's Coffee Hour

Have you attended Director's Coffee Hour at the Resource Center? If not, you are missing out on a great chance to network with other center directors and Resource Center staff, meet and interact with personnel from county and state agencies, and receive training and other updates to enhance your program. Mark Friday, May 1 and Friday, June 5 at 9:00 a.m. and plan to join us for "Funtastic Fridays" at the Resource Center. Contact Jodi Regner, 301.772.8420, extension 243, for additional information.

### Fantastic Field Trips

How will you and your children spend those long summer days? Why not let Diane Embrey, our Science Coordinator lead your program in a day of activities at a local park? Discover the joy of science through nature activities. Contact Diane at 301.772.8420, extension 231 for details.

### Project WIN

Do you have children in your program who regularly exhibit challenging behavior? Project WIN can help! Project WIN provides social/emotional support to pre-school children in child care settings and offers free on-site consultation and support services for young children who are displaying behavioral or developmental challenges which are disruptive in a group setting. If your program could benefit from support services during child care hours, contact Paul Armstrong, Project WIN Coordinator, at 301.772.3607.

### Technical Assistance

Are you trying to bring your child care program to the next level? The Resource Center is once again offering Technical Assistance services to help providers meet regulatory requirements, offer higher quality services, and support professional development. Contact Kimberly Merritt, Technical Assistance Coordinator, at 301.772.8420, extension 247 for assistance.

### Parenting Classes in Spanish

We have parenting classes for Spanish speaking parents. "Learning Together: Positive Discipline" is a

series of eight classes which are held at our Adelphi/Langley Park Family Support Center. The classes are designed for any parent who wants to enrich their parenting skills. Contact Liliana Janssen-Checa at 301.431.6210 for dates and to register for the classes.

### Do we have your email address?

Email [ylucero@pgcrc.org](mailto:ylucero@pgcrc.org) and add your name to our email list to receive up-to-the minute information from the Resource Center.

### Calling All School Age Providers

Do you provide school age care? Would you like to learn more about school age children and get new ideas to use in your school age program? The Resource Center will offer "Building for Success", a conference devoted entirely to school age care. Topics will include curriculum to support school achievement, communication with parents and teachers, as well as professionalism. Watch for registration information in your mailbox soon!

### Tell Us What You Need

We love to hear from you, and we are always open to suggestions for new programs, or better ways to do the ones we already have. What can the Resource Center do for you? Feel free to contact any of our staff with your suggestions.

- **Marti Worshtil, Executive Director**  
301.772.8420, ext. 230
- **Laura Terrell, Director of LOCATE: Child Care**  
301.772.8420, ext. 214
- **Jodi Regner, Director of Community Programs**  
301.772.8420, ext. 243
- **Paul Armstrong, Project WIN**  
301.772.3607
- **Kimberly Merritt, Technical Assistance**  
301.772.8420, ext. 247
- **Diane Embrey, Science Coordinator**  
301.772.8420, ext. 231

Prince George's Child Resource Center encourages the involvement and participation of individuals with disabilities in our programs, services and activities. Please let us know how we can best meet your needs, as we will comply with the Americans with Disabilities Act in making reasonable accommodations to promote and encourage your participation.

**The Resource Center thanks Maryland State Department of Education and Maryland Committee for Children for their support of our training and special projects.**



PRINCE GEORGE'S CHILD  
RESOURCE CENTER, INC

Prince George's Child Resource Center  
9475 Lottsford Road, Suite 202  
Largo, Maryland 20774-5357



PRINCE GEORGE'S CHILD  
RESOURCE CENTER, INC

# Training Calendar

## May–September 2009

*Creating healthy and nurturing environments for children by supporting their families and educating their caregivers*



**MEMBERSHIP APPLICATION**  
**OR JOIN ONLINE AT WWW.CHILDRESOURCE.ORG**

Check appropriate box(es) and fill in the following:

\$30 — Child Care Provider/Center Director

\$15 — \*Each Additional Staff

Please accept my tax-deductible donation of \$ \_\_\_\_\_ .

**Payment by:**

Check or money order (payable to PGCRC)

Visa  MasterCard

Acct #: \_\_\_\_\_ Exp.: \_\_\_\_\_

Signature: \_\_\_\_\_

**Please complete:**

Name: \_\_\_\_\_

Center Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Telephone: \_\_\_\_\_

Work Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

*\*For staff memberships, please list name(s) below.*

- |          |          |
|----------|----------|
| 1. _____ | 5. _____ |
| 2. _____ | 6. _____ |
| 3. _____ | 7. _____ |
| 4. _____ | 8. _____ |

**WORKSHOP REGISTRATION POLICIES**

*Remember to arrive early for workshop sessions!*

- ★ If you register less than 24 hours prior to a workshop, an additional \$20 will be added to the non-member workshop fee.
- ★ You must be a member of the Resource Center to be eligible for membership discounts. Join today and save!
- ★ Workshop confirmations are not mailed. You may call us to confirm your registration.
- ★ Please arrive 15 minutes early for each workshop. Late arrivals will not be admitted (door is locked) and will not receive refunds or transfers.
- ★ Transfers are granted only when requests are received one business day BEFORE the workshop.
- ★ Checks, money orders, Visa/MasterCard only. No cash please!
- ★ There are NO REFUNDS unless the Resource Center cancels a workshop.
- ★ Please note that the Resource Center follows the Prince George’s County Public Schools for weather-related closings, delays, and cancellation of workshops.
- ★ We love children, but only adults will be admitted.
- ★ Workshops are conducted at the Resource Center unless otherwise stated.
- ★ During a workshop all cell phones must be turned off.

All workshops are open to the public and are approved by the Office of Child Care. Training certificates are issued for all workshops. *Training Approval Numbers:* CTO-150841 and CKO-30877. You can also register online: www.childresource.org or call 301.772.8420, extension 229.

**SPECIAL CLASS ANNOUNCEMENTS**

**Maryland Model for School Readiness (MMSR)**

The Maryland Model for School Readiness (MMSR) is a statewide school readiness framework. It is defined by early learning standards that outline expectations for what all children should know and be able to do in all developmental areas by the end of kindergarten. Our MMSR training is designed to prepare child care providers to meet the school readiness needs of the children in their care. The training consists of nine modules, each six hours long. Classes will be held on Saturdays and in the evenings, beginning on Saturday, September 26 and will be held every three weeks, allowing participants to finish the entire course in six months. Participants must attend all nine modules.

**Fee: \$270**

- **September '09**  
26 . . . . . 9:30 a.m.–4:00 p.m.
- **October '09**  
14, 15 . . . . . 6:30 p.m.–9:30 p.m.  
31 . . . . . 9:30 a.m.–4:30 p.m.
- **November '09**  
18, 19 . . . . . 6:30 p.m.–9:30 p.m.
- **December '09**  
5 . . . . . 9:30 a.m.–4:00 p.m.
- **January '10**  
9 . . . . . 9:30 a.m.–4:00 p.m.  
20, 21 . . . . . 6:30 p.m.–9:30 p.m.
- **February '10**  
6, 27 . . . . . 9:30 a.m.–4:00 p.m.

**90 Hours Class**

The 90 Clock Hours course begins on September 15. The 90 hour course includes 45 hours of child development and 45 hours curriculum and planning for preschoolers. Our series runs in an accelerated format, allowing participants to achieve completion in 12 weeks.

**Fee: \$325 + \$100 Book Fee**

- **September '09**  
15, 17, 22, 24, 29 . . . . . 6:00 p.m.–10:00 p.m.
- **October '09**  
1, 6, 8, 13, 15, 22, 27, 29 . . . . . 6:00 p.m.–10:00 p.m.  
17, 31 . . . . . 9:00 a.m.– 5:00 p.m.
- **November '09**  
3, 5, 10, 12, 17, 19 . . . . . 6:00 p.m.–10:00 p.m.

**DIRECTIONS:** *The Resource Center is located at 9475 Lottsford Road, Suite 202, in Largo, MD. The training room is Suite 206. Take exit 17A off the Capitol Beltway/495 onto Landover Road (Rte. 202). Go to the 2nd traffic light, turn right onto Lottsford Rd. We are the first building on the left. Enter at the 2nd driveway.*

**SPECIAL CLASS ANNOUNCEMENTS**

**Pre-Service Modules**

**24 Hour Pre Service Training**

This training meets the Office of Child Care requirements for new family child care providers and can be used as continuing training for current family providers and center staff. The Resource Center will offer all 24 hours of training in a three day period. Dates include May 27, 28 and 29, June 6 and 27, July 18, 29, 30 and 31, September 30 and October 1 and 2. Refer to the training calendar for schedule details.

**Fee:** \$ 40 – Individual four-hour sessions  
 \$225 – 24-hour series that includes all six four-hour sessions

**Module 1: Child Development – “From Baby to Bigger Steps: What Makes a Child Grow?”**

*Participants will receive an overview of leading child theorists, learning differences among children and the stages of child growth and development.*

**Module 2: Curriculum – “Planning for Success! Creating Opportunities to Grow and Learn”**

*Understand the components of a family child care curriculum and how to design a family child care home; includes child care center room design and an appropriate curriculum in group child care.*

**Module 3: Health, Safety and Nutrition – “Keeping Kids Fit and Safe”**

*This workshop includes emergency preparedness, menu planning and health and safety concerns of young children.*

**Module 4: Special Needs – “Making it Work for All: Exploring Special Needs”**

*Explore ADA requirements and inclusive child care settings as well as health, behavioral and developmental concerns.*

**Module 5: Professionalism – “Keeping it Real! Professional Practices for a Successful Program”**

*This session includes professional business practices, policies and procedures, record keeping, OCC regulations, and appropriate guidance and supervision of young children.*

**Module 6: Community – “Planting the Seed: Developing Connections with the World Around Us”**

*An overview of the importance of developing and maintaining relationships with children, families and the larger community.*

**Communication Pre-Service Module: “Communication Training for Child Care Center Staff”; 7 Pro, 2 COM**

*Learn how positive communication among child care providers, parents, and children is an important factor in establishing a healthy environment in the child care setting. This session meets the MSDE requirement for nine hours of communication training for center staff. \$75 members and \$85 non-members. Refer to the training calendar for dates and times.*

The Resource Center thanks Maryland State Department of Education and Maryland Committee for Children for their support of our training and special projects.

YOU CAN ALSO REGISTER ONLINE: WWW.CHILDRESOURCE.ORG OR  
 CALL 301.772.8420

**REGISTRATION FORM**

Please mail registration form with check or money order (payable to PGCRC), or credit card information (NO CASH).

**Prince George’s Child Resource Center, Inc.**

9475 Lottsford Road, Suite 202  
 Largo, MD 20774-5357

**Please check one:**

- Center Owner/Director  Center Staff  
 Licensed Family Child Care Provider  Other

Name: \_\_\_\_\_

PGCRC Member:  NO  YES

Membership #: \_\_\_\_\_

Your Center Name (optional): \_\_\_\_\_

Your Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Workshop Title(s)	Date	Cost
24-Hour Pre-Service Training (Fee: \$225)		
90-Clock Hour Course (Fee: \$325 + \$100 Book Fee)		
MMSR (Fee: \$270)		

**Total Amount \$ \_\_\_\_\_**  
 (\$25 fee for returned check)

*Fill in Only if Charging Workshops:*

Please charge my:  Visa  MasterCard

Acct #: \_\_\_\_\_ Exp.: \_\_\_\_\_

Signature: \_\_\_\_\_

## MAY 2009

**2 First Aid and CPR Training** (See box at end of calendar)

**4&6 Mon. and Wed., 6:30 p.m.–9:30 p.m.**  
**Emergency Preparedness for Child Care Providers; HSN**  
(Intermediate)

Fee: \$15

Trainer: Chesapeake College

Participants must attend both evenings and develop an individual emergency preparedness plan prior to receiving an MSDE training certificate.

**13 Wed., 6:30 p.m.–9:30 p.m.**  
**Managing Food Allergies in Child Care Programs; SN**  
(Intermediate)

Fee: \$35 members, \$45 non-members

Trainer: Kimberly Merritt

**14 Thurs., 6:30 p.m.–9:30 p.m.**  
**Activities and Accommodations for Children with Special Needs; SN** (Beginner)

Fee: \$35 members, \$45 non-members

Trainer: Paul Armstrong

**18 Mon., 6:30 p.m.–9:30 p.m.**  
**Pre School Science: More Than Just a Table; CUR** (Beginner/Intermediate)

Fee: \$35 members, \$45 non-members

Trainer: Diane Embrey

**20&21 Wed. and Thur., 6:30 p.m.–9:30 p.m.**  
**Maryland Model for School Readiness Domain**  
**Training: Social Studies; CD** (Intermediate)

Fee: \$35 members, \$45 non-members

Trainers: Kimberly Merritt and Jodi Regner

**27 Wed., 6:30 p.m.–8:30 p.m.**  
**SIDS Training: Safe Sleeping Practices; HSN** (Beginning)

Fee: \$5 members and non-members

Trainer: Ana Downs

This workshop meets OCC SIDS training requirements and is sponsored by the CJ Foundation for SIDS.

The following six four-hour sessions meet the OCC pre-service training requirements for family child care providers as well as core of knowledge training for currently licensed family providers and center staff. *Please note:* Participants who register for all six sessions pay a discounted fee of \$225.

**27 Wed., 8:30 a.m.–12:30 p.m.**  
**Keeping Kids Fit and Safe; HSN**

Fee: \$40

Trainer: Paul Armstrong

**27 Wed., 1:30 p.m.–5:30 p.m.**  
**From Baby to Bigger Steps: What Makes a Child Grow? CD**

Fee: \$40

Trainer: Laura Terrell

**28 Thurs., 8:30 a.m.–12:30 p.m.**  
**Making it Work for All: Exploring Special Needs; SN**

Fee: \$40

Trainer: Paul Armstrong

**15, 22 & 29 Mon., 6:30 p.m.–9:30 p.m.**  
**Communication Training for Child Care Providers;**  
**7 PRO, 2 COM** (All levels)

Fee: \$75 members, \$85 non-members

Trainers: Kimberly Merritt and Jodi Regner

This session meets the MSDE requirement for nine-hours of communication training for child care providers.

**18 Thurs., 6:30 p.m.–9:30 p.m.**  
**Temperaments and Learning Styles; SN** (Intermediate)

Fee: \$35 members, \$45 non-members

Trainer: Paul Armstrong

**23 Tue., 6:30 p.m.–9:30 p.m.**  
**Infant and Toddler Module 11 – Personal and Social Development; CD/CUR** (Intermediate)

Fee: \$15 members and non-members

Trainer: Christina Krouse

**24&25 Wed. and Thurs., 6:30 p.m.–9:30 p.m.**  
**Maryland Model for School Readiness Domain**  
**Training: The Arts; CD/CUR** (Intermediate)

Fee: \$35 members, \$45 non-members

Trainers: Kimberly Merritt and Jodi Regner.

The following four-hour sessions are two of the six modules that meet the OCC pre-service training requirements for family child care providers as well as core of knowledge training for currently licensed family child care providers and center staff. *Please note:* Participants who register for all six sessions (June 6, June 27 and July 18) pay a discounted fee of \$225.

**27 Sat., 8:30 a.m.–12:30 p.m.**  
**Keeping Kids Fit and Safe; HSN**

Fee: \$40

Trainer: Paul Armstrong

**27 Sat., 1:30 p.m.–5:30 p.m.**  
**From Baby to Bigger Steps: What Makes a Child Grow? CD**

Fee: \$40

Trainer: Laura Terrell

**30 Tue., 6:30 p.m.–9:30 p.m.**  
**Food Safety in Child Care Environments; HSN** (Intermediate)

Fee: \$35 members, \$45 non-members

Trainer: Ali Golshiri

## JULY 2009

**1 Wed., 6:30 p.m.–8:30 p.m.**  
**SIDS Training: Safe Sleeping Practices; HSN** (Beginning)

Fee: \$5 members and non-members

Trainer: Ana Downs

This workshop meets OCC SIDS training requirements and is sponsored by the CJ Foundation for SIDS.

**8 Wed., 6:30 p.m.–9:30 p.m.**  
**I Can Write My Name! Early Writing Experiences for Children; CUR** (Intermediate)

Fee: \$35 members, \$45 non-members

Trainer: Theodora Quible

**27 Mon., 6:30 p.m.–9:30 p.m.**  
**Eat Smart, Save Time; HSN** (Intermediate)

Fee: \$35 members, \$45 non-members

Trainer: Carolyn Thompson

**28&29 Tue. & Wed., 6:30 p.m.–9:30 p.m.**  
**Maryland Model for School Readiness Domain**  
**Training: Physical Development and Health; CD/CUR**  
(Intermediate)

Fee: \$35 members, \$45 non-members

Trainers: Kimberly Merritt and Jodi Regner.

The following six four-hour sessions meet the OCC pre-service training requirements for family child care providers as well as core of knowledge training for currently licensed family providers and center staff. *Please note:* Participants who register for all six sessions pay a discounted fee of \$225.

**29 Wed., 8:30 a.m.–12:30 p.m.**  
**Keeping Kids Fit and Safe; HSN**

Fee: \$40

Trainer: Paul Armstrong

**29 Wed., 1:30 p.m.–5:30 p.m.**  
**From Baby to Bigger Steps: What Makes a Child Grow? CD**

Fee: \$40

Trainer: Laura Terrell

**30 Thurs., 8:30 a.m.–12:30 p.m.**  
**Making it Work for All: Exploring Special Needs; SN**

Fee: \$40

Trainer: Paul Armstrong

**30 Thurs., 1:30 p.m.–5:30 p.m.**  
**Planning for Success! Creating Opportunities to Grow and Learn; CUR**

Fee: \$40

Trainer: Kimberly Merritt

**31 Fri., 8:30 a.m.–12:30 p.m.**  
**Planting the Seed: Developing Connections with the World Around Us; COM**

Fee: \$40

Trainer: Jodi Regner

**31 Fri. 1:30 p.m.–5:30 p.m.**  
**Keeping it Real! Professional Practices for a Successful Program; PRO**

Fee: \$40

Trainer: Christina Lewis

## AUGUST 2009

**1 Sat., 9:30 a.m.–12:30 p.m.**  
**Infant and Toddler Module 2 – Growth and Development; CD** (Intermediate/Advanced)

Fee: \$15 members and non-members

Trainer: Christina Krouse

**1 Sat., 1:30 p.m.–4:30 p.m.**  
**Infant and Toddler Module 12 – Language Development; CD/CUR** (Intermediate/Advanced)

Fee: \$15 members and non-members

Trainer: Christina Krouse

**12 First Aid and CPR Training** (See box at end of calendar)

**16 Wed., 6:30 p.m.–8:30 p.m.**  
**Learning About Our World Through Literature; COM**  
(Intermediate)

Fee: \$25 members, \$35 non-members

Trainer: Myra Katz.

**23 Wed., 6:30 p.m.–9:30 p.m.**  
**Activities, Music and Food that Teach Us About the World Around Us; HSN** (Intermediate)

Fee: \$35 members, \$45 non-members

Trainer: Carolyn Thompson

**25 Fri., 9:30 a.m.–3:00 p.m.**  
**Project Learning Tree: Exploring Science with Young Children; CUR/COM**

Fee: \$20 members and non-members

Trainer: Diane Embrey

The following six four-hour sessions meet the OCC pre-service training requirements for family child care providers as well as core of knowledge training for currently licensed family providers and center staff. *Please note:* Participants who register for all six sessions pay a discounted fee of \$225.

**30 Wed., 8:30 a.m.–12:30 p.m.,**  
**Keeping Kids Fit and Safe; HSN**

Fee: \$40

Trainer: Paul Armstrong

**30 Wed., 1:30 p.m.–5:30 p.m.**  
**From Baby to Bigger Steps: What Makes a Child Grow? CD**

Fee: \$40

Trainer: Laura Terrell

**1 Thurs., 8:30 a.m.–12:30 p.m.**  
**Making it Work for All: Exploring Special Needs; SN**

Fee: \$40

Trainer: Paul Armstrong

**1 Thurs., 1:30 p.m.–5:30 p.m.**  
**Keeping it Real! Professional Practices for a Successful Program; PRO**

Fee: \$40

Trainer: Christina Lewis

**2 Fri., 8:30 a.m.–12:30 p.m.**  
**Planning for Success! Creating Opportunities to Grow and Learn; CUR**

Fee: \$40

Trainer: Kimberly Merritt

**2 Fri., 1:30 p.m.–5:30 p.m.**  
**Planting the Seed: Developing Connections with the World Around Us; COM**

Fee: \$40

Trainer: Jodi Regner

**28 Thurs., 1:30 p.m.–5:30 p.m.**  
**Planning for Success! Creating Opportunities to Grow and Learn; CUR**

Fee: \$40

Trainer: Kimberly Merritt

**29 Fri., 8:30 a.m.–12:30 p.m.**  
**Planting the Seed: Developing Connections with the World Around Us; COM**

Fee: \$40

Trainer: Jodi Regner

**29 Fri., 1:30 p.m.–5:30 p.m.**  
**Keeping it Real! Professional Practices for a Successful Program; PRO**

Fee: \$40

Trainer: Christina Lewis

## JUNE 2009

The following four-hour sessions are two of the six modules that meet the OCC pre-service training requirements for family child care providers as well as core of knowledge training for currently licensed family child care providers and center staff. *Please note:* Participants who register for all six sessions (June 6, June 27 and July 18) pay a discounted fee of \$225.

**6 Sat., 8:30 a.m.–12:30 p.m.**  
**Planning for Success! Creating Opportunities to Grow and Learn; CUR**

Fee: \$40

Trainer: Kimberly Merritt

**6 Sat., 1:30 p.m.–5:30 p.m.**  
**Planting the Seed: Developing Connections with the World Around Us; COM**

Fee: \$40

Trainer: Jodi Regner

**9&11 Tue. and Thurs., 6:30 p.m.–9:30 p.m.**  
**Emergency Preparedness for Child Care Providers; HSN (Intermediate)**

Fee: \$15 members and non-members

Trainer: Chesapeake College

*Participants must attend both evenings and develop an individual emergency preparedness plan prior to receiving an MSDE training certificate.*

**10 Wed., 6:30 p.m.–9:30 p.m.**  
**Let's Take a Field Trip; COM (Intermediate);**

Fee: \$35 members, \$45 non-members

Trainer: Paul Armstrong

**13 Sat., 9:30 a.m.–2:30 p.m.**  
**Exploring Nature with Young Children; CUR (All levels)**

Fee: \$35 members, \$45 non-members

Trainer: Diane Embrey

*Note: This training will be held at Patuxent River Park. Lunch is provided.*

**13 First Aid and CPR Training** (See box at end of calendar)

**9 Thurs., 6:30 p.m.–9:30 p.m.**  
**Working with Parents: School Readiness and Community Resources; COM (Intermediate)**

Fee: \$35 members, \$45 non-members

Trainer: Jodi Regner

**11 First Aid and CPR Training** (See box at end of calendar)

**14 Tue., 6:30 p.m.–9:30 p.m.**  
**Developing Policy and Procedures Handbooks; PRO (All Levels)**

Fee: \$35 members, \$45 non-members.

Trainer: J.C. Hooker

**16 Thurs., 6:30 p.m.–9:30 p.m.**  
**Nurturing the Brain; CD (Advanced)**

Fee: \$35 members, \$45 non-members.

Trainer: Paul Armstrong

**17 Fri., 9:30 a.m.–3:00 p.m.**  
**Project Learning Tree: Exploring Science with Young Children; CUR/COM**

Fee: \$20 members and non-members

Trainer: Diane Embrey

The following four-hour sessions are two of the six modules that meet the OCC pre-service training requirements for family child care providers as well as core of knowledge training for currently licensed family child care providers and center staff. *Please note:* Participants who register for all six sessions (June 6, June 27 and July 18) pay a discounted fee of \$225.

**18 Sat., 8:30 a.m.–12:30 p.m.**  
**Making it Work for All: Exploring Special Needs; SN**

Fee: \$40 members and non-members

Trainer: Paul Armstrong

**18 Sat., 1:30 p.m.–5:30 p.m.**  
**Keeping it Real! Professional Practices for a Successful Program; PRO**

Fee: \$40 members and nonmembers

Trainer: Christina Lewis

**22 Wed., 6:30 p.m.–9:30 p.m.**  
**Working with Mixed Age Groups; CUR/CD (Intermediate)**

Fee: \$35 members, \$45 non-members

Trainer: Kimberly Merritt

**23 Thurs., 6:30 p.m.–8:30 p.m.**  
**Music and Movement with Young Children; CUR (Beginning)**

Fee: \$25 members, \$35 non-members

Trainer: Myra Katz

**25 Sat., 9:30 a.m.–12:30 p.m.**  
**Building a Thriving Family Child Care Business; PRO (Beginning)**

Fee: \$35 members, \$45 non-members

Trainer: Donna Fowler

**25 Sat., 1:00 p.m.–4:00 p.m.**  
**School Age Child Care: More Than Just a Safe Place; CUR (Intermediate)**

Fee: \$35 members, \$45 non-members

Trainer: Jodi Regner

**4 Tue., 6:30 p.m.–9:30 p.m.**  
**Beating the Homework Blues; CUR (Intermediate)**

Fee: \$35 members, \$45 non-members

Trainer: Jodi Regner

**8 First Aid and CPR Training** (See box at end of calendar)

**11 Tue., 6:30 p.m.–8:30 p.m.**  
**Teaching Children Self Protection; HSN (Intermediate)**

Fee: \$25 members, \$35 non-members

Trainer: Cheryl Banks

**12 Wed., 6:30 p.m.–8:30 p.m.**  
**SIDS Training: Safe Sleeping Practices; HSN (Beginning)**

Fee: \$5 members and non-members.

Trainer: Ana Downs

*This workshop meets OCC SIDS training requirements and is sponsored by the CJ Foundation for SIDS.*

**15 Sat., 8:30 a.m.–5:30 p.m.**  
**Communication Training for Child Care Providers; 7 PRO, 2 COM (All levels)**

Fee: \$75 members, \$85 non-members

Trainers: Kimberly Merritt and Jodi Regner

*This session meets the MSDE requirement for nine-hours of communication training for child care providers. **Bring a bag lunch!***

**18&20 Tue. & Thurs., 6:30 p.m.–9:30 p.m.**  
**Maryland Model for School Readiness Domain Training: Language and Literacy; CUR (Intermediate)**

Fee: \$35 members, \$45 non-members

Trainers: Kimberly Merritt and Jodi Regner.

**25 Tue., 6:30 p.m.–9:30 p.m.**  
**What's A Healthy Lunch? HSN (Intermediate)**

Fee: \$35 members, \$45 non-members

Trainer: Carolyn Thompson

**26 Wed., 6:30 p.m.–9:30 p.m.,**  
**I Can Do It! Growing Up Confident; CD (Intermediate)**

Fee: \$35 members, \$45 non-members

Trainer: Theodora Quible

**29 Sat., 9:30 a.m.–12:30 p.m.**  
**Expressing Emotion Through Art in Motion; CD (Intermediate)**

Fee: \$35 members, \$45 non-members

Trainer: Mary DeFeo

## SEPTEMBER 2009

**2 Wed., 6:30 p.m.–9:30 p.m.**  
**How to Grow a School Age Child: Assets that Promote Healthy Growth; CD/COM (Intermediate)**

Fee: \$35 members, \$45 non-members

Trainer: Jodi Regner

**9 Tue., 6:30 pm.–9:30 p.m.**  
**Preventing Lead Poisoning in Children; HSN (Beginning)**

Fee: \$35 members, \$45 non-members

Trainer: Ali Golshiri

**10 Thurs., 6:30 p.m.–9:30 p.m.**  
**The Perfect Lesson Plan; CUR (Intermediate)**

Fee: \$35 members, \$45 non-members

Trainer: Theadora Quible

## FIRST AID & CPR TRAINING

**SAT. MAY 2 • SAT. JUNE 13 • SAT. JULY 11**  
**SAT. AUG. 8 • SAT. SEPT. 12**

CHOOSE FROM ONE OF THE THREE  
WORKSHOPS BELOW:

**9:00 a.m.–5:00 p.m.**

**First Aid & Infant/Child & Adult CPR**

Fee: \$75 members, \$90 non-members.

Class Size Limited. (Bring a bag lunch)

**No Walk-Ins.**

Trainer: Paramedical Personnel of Maryland

**9:00 a.m.–12:30 p.m.**

**First Aid**

Fee: \$45 members, \$55 non-members

Class Size Limited. **No Walk-Ins.**

Trainer: Paramedical Personnel of Maryland

**12:30 p.m.–5:00 p.m.**

**Infant/Child & Adult CPR**

Fee: \$45 members, \$55 non-members.

Class Size Limited. **No Walk-Ins.**

Trainer: Paramedical Personnel of Maryland

*These trainings meet OCC requirements for First Aid and CPR for child care providers.*

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**PLEASE NOTE:** The Resource Center follows the Prince George's County Public Schools for weather-related closings, delays and cancellation of workshops.

**PROVIDER UPDATES:** Providers wishing to update their file, add information or report vacancies, can contact Ricky Bobbitt, Monday through Friday, 8:30 a.m.–5:00 p.m., 301.772.8411.

The following codes found after each title indicate the Core Of Knowledge Domain:

CD = Child Development  
COM = Community  
CUR = Curriculum  
HSN = Health, Safety, Nutrition  
PRO = Professionalism  
SN = Special Needs

**For Information** — For general information concerning Training or Resource and Referral services provided by the Resource Center, or other information or questions you might have, please contact the Resource Center at 301.772.8420 or visit our website: [www.childresource.org](http://www.childresource.org).