

NEWS YOU CAN USE

New Training Requirements

New training requirements for potential family child care providers became effective July 1, 2008. There are also new requirements for continuing education training for both family child care providers and center staff. Check out the “Communications” and “Pre-Service” classes offered in this calendar. Contact Kimberly Merritt, Technical Assistance Coordinator, at 301.772.8420, extension 247, for additional information on the new requirements.

Science Road Show

It isn't too late to join the Science Road Show! Contact Diane Embrey, Science Coordinator, at 301.772.8420, extension 231 to get in on this exciting program.

Technical Assistance

The Resource Center is pleased to offer Technical Assistance services to help providers offer higher quality

services and meet licensing requirements. Contact Kimberly Merritt, Technical Assistance Coordinator, at 301.772.8420, extension 247 for assistance.

Project WIN

Do you have a child in your program who is having difficulty in a group setting? Contact Paul Armstrong, Project WIN Coordinator, at 301.772.3607 for assistance.

Special Grants — Special Prices!

The Resource Center continues to offer special prices on training through our Care to Read, Infant and Toddler, and Emergency Preparedness grants. Check the classes listed through these grants in this calendar!

Register On-Line

On-line registration is fast and easy! Visit the Resource Center website at www.childresource.org for complete course descriptions and easy registration!

ACTIVITIES YOU CAN USE!

Fall Into Science

Fall is a time of preparation – whether you're a parent preparing your children to go back to school or you're a squirrel gathering nuts before winter comes. Try the following science activities that will teach your children how wild animals, and humans, prepare for the cold winter months.

Acorn Hunt

This fall, take some time to observe the squirrels scurrying around your yard in search of acorns and nuts to stow away and eat during the harsh winter months. Read a book about squirrels, for example *The Busy Little Squirrel* by Nancy Tafuri or *Squirrels* by Brian Wildsmith, and then go on an acorn hunt! Collect real acorns or cut acorn shapes out of paper and hide them around your house or yard. Give children a small container or bag, set a timer for one or two minutes, then have them pretend to be squirrels as they collect acorns.

Adapted from the National Wildlife Federation's *Green Hour*. For more *Green Hour* activities, visit www.greenhour.com.

Nest Investigators

While we see birds actively building and tending to their nests in the spring and summer months, we often don't see their well camouflaged homes until trees and bushes become bare in the fall. After many birds migrate south for the winter, go on a search for abandoned nests. Try to guess what kinds of birds built the nest and borrow a field guide from the library to

help you identify each bird nest. Bring a camera or nature journal to draw pictures of the nests you find.

Adapted from the National Wildlife Federation's *Green Hour*. For more *Green Hour* activities visit www.greenhour.org.

Make Pickles

While many animals are busy gathering food to last during the winter months when food is scarce, humans find other ways to keep food grown during the summer. Pickling is one method humans have developed for preserving food during winter months, and it is a great way to combine science and cooking. Check out <http://www.exploratorium.edu/cooking/pickles/index.html> to learn about the science of pickled food and to find recipes for how to pickle food in your own home.

Leaf Prints

Trees prepare for winter too! In the fall, trees save resources in preparation for the winter by dropping their leaves. Leaves change colors and eventually fall off. Capture the colors of fall leaves by making leaf prints. Go on a walk and gather moist leaves of different shapes and colors. Cut squares of unbleached muslin and place them on top of a hard surface protected by newspaper. Place leaves on top of the muslin, one at a time, and using a hammer or wooden blocks, bang on the leaves until an imprint appears on the muslin. When you're done, glue your muslin onto construction paper to create a frame for your leaf prints.



PRINCE GEORGE'S CHILD
RESOURCE CENTER, INC

Prince George's Child Resource Center
9475 Lottsford Road, Suite 202
Largo, Maryland 20774-5357



PRINCE GEORGE'S CHILD
RESOURCE CENTER, INC

Training Calendar

September–December 2008

*Creating healthy and nurturing environments for children by
supporting their families and educating their caregivers*



MEMBERSHIP APPLICATION
OR JOIN ONLINE AT WWW.CHILDRESOURCE.ORG

Check appropriate box(es) and fill in the following:

\$30 — Child Care Provider/Center Director

\$15 — *Each Additional Staff

Please accept my tax-deductible donation of \$ _____ .

Payment by:

Check or money order (payable to PGCRC)

Visa MasterCard

Acct #: _____ Exp.: _____

Signature: _____

Please complete:

Name: _____

Center Name: _____

Address: _____

City: _____

State: _____ Zip Code: _____

Home Telephone: _____

Work Telephone: _____

Email: _____

**For staff memberships, please list name(s) below.*

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

WORKSHOP REGISTRATION POLICIES



Remember to arrive early for workshop sessions!

- ★ If you register less than 24 hours prior to a workshop, an additional \$20 will be added to the non-member workshop fee.
- ★ You must be a member of the Resource Center to be eligible for membership discounts. Join today and save!
- ★ Workshop confirmations are not mailed. You may call us to confirm your registration.
- ★ Please arrive 15 minutes early for each workshop. Late arrivals will not be admitted (door is locked) and will not receive refunds or transfers.
- ★ Transfers are granted only when requests are received one business day BEFORE the workshop.
- ★ Checks, money orders, Visa/MasterCard only. No cash please!
- ★ There are NO REFUNDS unless the Resource Center cancels a workshop.
- ★ Please note that the Resource Center follows the Prince George's County Public Schools for weather-related closings, delays, and cancellation of workshops.
- ★ We love children, but only adults will be admitted.
- ★ Workshops are conducted at the Resource Center unless otherwise stated.
- ★ During a workshop all cell phones must be turned off.

All workshops are open to the public and are approved by the Office of Child Care.

Training certificates are issued for all workshops.

Training Approval Numbers: CTO-150841 and CKO-30877.

You can also register online: www.childresource.org or call 301.772.8420

DIRECTIONS: The Resource Center is located at 9475 Lottsford Road, Suite 202, in Largo, MD. The training room is Suite 206. Take exit 17A off the Capitol Beltway/495 onto Landover Road (Rte. 202). Go to the 2nd traffic light, turn right onto Lottsford Rd. We are the first building on the left. Enter at the 2nd driveway.

SPECIAL CLASS ANNOUNCEMENTS

NEW MARYLAND STATE DEPARTMENT OF EDUCATION TRAINING REQUIREMENTS EFFECTIVE JULY 1, 2008

This training meets the Office of Child Care requirements for new family child care providers and can be used as continuing training for current family providers and center staff. The Resource Center will offer all 24 hours of training in a three day period. Dates include October 15, 16 and 17 and November 19, 20 and 21. Refer to the training calendar for schedule details.

"Keeping Kids Fit and Safe," HSN

Emergency preparedness, menu planning and health and safety concerns of young children.

"From Baby to Bigger Steps: What Makes a Child Grow?" CD

An overview of leading child theorists, learning differences among children and the stages of child growth and development.

"Making it Work for All: Exploring Special Needs," SN

ADA requirements, inclusive child care settings as well as health, behavioral and developmental concerns.

"Keeping it Real! Professional Practices for a Successful Program," PRO

Professional business practices, policies and procedures, record keeping, OCC regulations, and appropriate guidance and supervision of young children.

"Planning for Success! Creating Opportunities to Grow and Learn," CUR

Components of a family child care curriculum and how to design a family child care home including child care center room design and appropriate curriculum in group child care.

"Planting the Seed: Developing Connections with the World Around Us," COM

An overview of the importance of developing and maintaining relationships with children, families and the larger community.

Fee: \$ 40 – Individual four-hour sessions
\$225 – 24-hour series that includes six four-hour sessions

90 clock Hour Course Fee: \$350 (includes textbook)
September '08

16, 18, 23, 25, 30 6:00 p.m.–10:00 p.m.

October '08

2, 7, 14, 16, 21, 23, 28, 30 6:00 p.m.–10:00 p.m.

4, 25 9:00 a.m.– 5:00 p.m.

November '08

3, 6, 10, 13 6:00 p.m.–10:00 p.m.

15 9:00 a.m.– 5:00 p.m.

YOU CAN ALSO REGISTER ONLINE: WWW.CHILDRESOURCE.ORG
OR CALL 301.772.8420

REGISTRATION FORM

Please mail registration form with check or money order (payable to PGCRC), or credit card information (NO CASH).

Prince George's Child Resource Center, Inc.

9475 Lottsford Road, Suite 202

Largo, MD 20774-5357

Please check one:

Center Owner/Director Center Staff

Licensed Family Child Care Provider Other

Name: _____

PGCRC Member: NO YES

Membership #: _____

Your Center Name (optional): _____

Your Address: _____

City: _____

State: _____ Zip code: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____ Email: _____

Workshop Title(s)	Date	Cost
24-Hour Pre-Service Training (Fee: \$225)		
90-Clock Hour Course (Fee: \$350)		

Total Amount \$ _____
(\$25 fee for returned check)

Fill in Only if Charging Workshops:

Please charge my: Visa MasterCard

Acct #: _____ Exp.: _____

Signature: _____

September						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

**3&4 Wed. and Thurs., 6:30 p.m.–9:30 p.m.,
Emergency Preparedness for Child Care Providers; HSN**
(Intermediate) ☺
Fee: \$15

Participants must attend both sessions (all six hours) and develop an individual emergency preparedness plan prior to receiving an MSDE training certificate.

**CHOOSE FROM ONE OF THE THREE
WORKSHOPS BELOW ON SAT., SEPTEMBER 6**

- 6 Sat., 9:00 a.m.–5:00 p.m.
First Aid & Infant/Child & Adult CPR**
Fee: \$75 members, \$90 non-members. Class Size Limited. (Lunch on your own.) **No Walk-Ins.**
- 6 Sat., 9:00 a.m.–12:30 p.m.,
First Aid**
Fee: \$45 members, \$55 non-members. Class Size Limited. **No Walk-Ins.**
- 6 Sat., 12:30 p.m.–5:00 p.m.
Infant/Child & Adult CPR**
Fee: \$45 members, \$55 non-members. Class Size Limited. **No Walk-Ins.**
This training meets OCC requirements for First Aid and CPR for child care providers.

**8 Mon., 6:30 p.m.–9:30 p.m.
Let's Take a Field Trip; COM** (Intermediate) ♥
Fee: \$35 members, \$45 non-members

**11 Thurs., 6:30 p.m.–9:30 p.m.
Anger Management with Young Children; CD**
(Intermediate) ♥
Fee: \$35 members, \$45 non-members

**13 Sat., 9:00 a.m.–12:00 noon.
Leave Stress at the Door: Relaxation Techniques for
Children and Adults; HSN** (Beginning) ☺
Fee: \$35 members, \$45 non-members

October						
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**1 Wed., 6:30 p.m.–9:30 p.m.
Prenatal Development; CD** (Intermediate and Advanced) ♥
Fee: \$15

**6 Mon., 6:30 p.m.–9:30 p.m.
Child Development: From Blankies to Backpacks; CD,**
(Intermediate) ♥
Fee: \$35 members, \$45 non-members

**9 Thurs. 6:30 p.m.–9:30 p.m.
Professionalism: Moving to the Next Level; PRO**
(Intermediate) ♥
Fee: \$35 members, \$45 non-members

**15 Wed. 6:30 p.m.–8:30 p.m.,
SIDS Training: Safe Sleeping Practices; HSN**
(Beginning)
Fee: \$5 members and non-members
This workshop meets OCC SIDS training requirements.

The following six four-hour sessions meet the OCC pre-service training requirements for family child care providers as well as core of knowledge training for currently licensed family providers and center staff. Please note: Participants who register for all six sessions will pay a discounted fee of \$225.

**15 Wed. 8:30 a.m.–12:30 p.m.
Keeping Kids Fit and Safe; HSN** ☺
Fee: \$40

**15 Wed., 1:30 p.m.–5:30 p.m.
From Baby to Bigger Steps: What Makes a Child
Grow?; CD** ♥
Fee: \$40

**16 Thurs., 8:30 a.m.–12:30 p.m.
Making it Work for All: Exploring Special Needs; SN** ☺
Fee: \$40

**16 Thurs., 1:30 p.m.–5:30 p.m.
Keeping It Real! Professional Practices for a Successful
Program; PRO** ♥
Fee: \$40

November						
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2	3	4	5	6	7	8
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23	24	25	26	27	28	29
30						

**1 Sat., 9:00 p.m.–12:00 p.m.
Infant Growth and Development; CD** (Intermediate) ♥
Fee: \$15

**1 Sat., 1:00 p.m.–4:00 p.m.
Infant and Toddler Routines; 2 hrs. CUR & 1 hr. CD,**
(Intermediate) ♥
Fee: \$15

**5 Wed., 6:30 p.m.–9:30 p.m.
Books, Food and Fun; CUR,** (Intermediate) ♥
Fee: \$35 members, \$45 non-members

**8 Sat., 9:00 a.m.–4:00 p.m.
Care to Read I: Understanding Early Language & Literacy
Development and Care to Read II: Creating Literacy-Rich
Environments CUR,** (Intermediate) (one-hour lunch break) ♥
Fee: \$20

**10 Mon., 6:30 p.m.–9:30 p.m.
Let's Play: Adapting Toys for the Inclusion of All
Children; SN** (Intermediate) ☺
Fee: \$35 members, \$45 non-members

Please note: PACT will mail certificates following this session.

**12&19 Wed. and Wed., 6:30 p.m.–9:30 p.m.
Emergency Preparedness for Child Care Providers;
HSN** (Intermediate) ☺
Fee: \$15

Participants must attend both sessions (all six hours) and develop an individual emergency preparedness plan prior to receiving an MSDE training certificate.

**14 Fri., 8:30 a.m.–5:30 p.m.
Communication Training for Child Care Providers**
(All levels) ♥
Fee: \$75 members, \$85 non-members

This training meets new OCC requirements for family child care providers and center staff. Bring a bag lunch!

**17&18 Mon. and Tues., 6:30 p.m.–9:30 p.m.
How to Grow a School-Age Child; 4 hrs. CD, 2 hrs
CUR** (Advanced) ♥
Fee: \$40 members, \$50 non-members

Participants must attend both sessions in order to receive a certificate.

December						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

**1 Mon., 6:30 p.m.–9:30 p.m.
Holiday Celebrations in Our Community; COM,**
(Intermediate) ♥
Fee: \$35 members, \$45 non-members

**2&4 Tues. and Thurs., 6:30 p.m.–9:30 p.m.
Care to Read III: Where Conversation Leads and Care to
Read IV: Reading Aloud; CUR** (Intermediate) ♥
Fee: \$20

Please note: Participants must attend both sessions (all six hours) in order to receive a six hour certificate.

**5 Fri., 12:00 noon–3:00 p.m.
Prince George's Child Resource Center and Prince
George's County Group Child Care Association Sixth
Annual co-sponsored Holiday Luncheon and workshop for
Center Directors and Staff; 3 hrs; PRO** ♥

Location: Rips Country Village, Bowie, Maryland.
Marketing Your Child Care Center
Fee: \$35 members of the Group Child Care Association or the Resource Center, \$45 all others

Register early since space is limited!

**CHOOSE FROM ONE OF THE THREE
WORKSHOPS BELOW ON SAT., DEC. 6**

**6 Sat., 9:00 a.m.–5:00 p.m.
First Aid & Infant/Child & Adult CPR**
Fee: \$75 members, \$90 non-members
Class Size Limited. (Lunch on your own)
No Walk-Ins.

**6 Sat., 9:00 a.m.–12:30 p.m.
First Aid**
Fee: \$45 members, \$55 non-members.
Class Size Limited. **No Walk-Ins.**

**6 Sat., 12:30 p.m.–5:00 p.m.
Infant/Child & Adult CPR**
Fee: \$45 members, \$55 non-members
Class Size Limited. **No Walk-Ins.**

This training meets OCC requirements for First Aid and CPR for child care providers.

15 Mon., 6:30 p.m.–9:30 p.m.
Working with Mixed Age Groups, 2 hrs CUR, 1 hr CD (Intermediate) ♥
Fee: \$35 members, \$45 non-members

20 Sat., 9:00 a.m.–4:00 p.m.
Care to Read III: Where Conversation Leads and Care to Read IV: Reading Aloud; CUR (Intermediate) (one-hour lunch break) ♥
Fee: \$20

22 Mon., 6:30 p.m.–9:30 p.m.
Movement and Music for Preschool Fun!; CUR (Intermediate and Advanced) ♥
Fee: \$35 members, \$45 non-members

24 Wed., 6:30 p.m.–9:30 p.m.
Immunizations: What are All the Shots For?; HSN, (Intermediate) ☺
Fee: \$35 members, \$45 non-members

27 Sat., 8:30 a.m.–5:30 p.m.,
Communication Training for Child Care Providers, (All levels) ♥
Fee: \$75 members, \$85 non-members
This training meets new OCC requirements for family child care providers and center staff. Bring a bag lunch!

29 Mon., 6:30 p.m.–9:30 p.m.
Preventing Childhood Obesity: Steps to a Healthier Child; HSN (Intermediate) ☺
Fee: \$35 members, \$45 non-members

17 Fri., 8:30 a.m.–12:30 p.m., Planning for Success! Creating Opportunities to Grow and Learn; CUR ♥
Fee: \$40

17 Fri., 1:30 p.m.–5:30 p.m. ♥
Planting the Seed: Developing Connections with the World around Us; COM
Fee: \$40

CHOOSE FROM ONE OF THE THREE WORKSHOPS BELOW ON SAT., OCT. 18

18 Sat., 9:00 a.m.–5:00 p.m.
First Aid & Infant/Child & Adult CPR
Fee: \$75 members, \$90 non-members
Class Size Limited. (Lunch on your own)
No Walk-Ins.

18 Sat., 9:00 a.m.–12:30 p.m.
First Aid
Fee: \$45 members, \$55 non-members
Class Size Limited. No Walk-Ins.

18 Sat., 12:30 p.m.–5:00 p.m.
Infant/Child & Adult CPR
Fee: \$45 members, \$55 non-members
Class Size Limited. No Walk-Ins.
This training meets OCC requirements for First Aid and CPR for child care providers.

20&22 Mon. and Wed., 6:30 p.m.–9:30 p.m.
Care to Read V: Making My Mark and Care to Read VI: Supporting Language and Literacy Every Day; CUR (Intermediate) ♥
Fee: \$20
Participants must attend both sessions to receive a certificate.

24 Fri., 8:30 a.m.–5:30 p.m.
Communication Training for Child Care Providers (All levels) ♥
Fee: \$75 members, \$85 non-members
This training meets new OCC requirements for family child care providers and center staff. Bring a bag lunch!

27&29 Mon. and Wed., 6:30 p.m.–9:30 p.m.
School Age Care and Homework Assistance: Meeting Needs and Finding Balance; 2 hrs CUR, 2 hrs CD, 2 hrs COM, (Intermediate and Advanced) ♥
Fee: \$40 members, \$50 non-members
Participants must attend both sessions to receive a certificate.

The following six four-hour sessions meet the OCC pre-service training requirements for family child care providers as well as core of knowledge training for currently licensed family providers and center staff. Please note: Participants who register for all six sessions will pay a discounted fee of \$225.

19 Wed., 8:30 a.m.–12:30 p.m.
Keeping Kids Fit and Safe; HSN ☺
Fee: \$40

19 Wed., 1:30 p.m.–5:30 p.m.
From Baby to Bigger Steps: What Makes a Child Grow?; CD ♥
Fee: \$40

20 Thurs., 8:30 a.m.–12:30 p.m.
Making it Work for All: Exploring Special Needs; SN ☺
Fee: \$40

20 Thurs., 1:30 p.m.–5:30 p.m.
Keeping it Real! Professional Practices for a Successful Program; PRO ♥
Fee: \$40

21 Fri., 8:30 a.m.–12:30 p.m.
Planning for Success! Creating Opportunities to Grow and Learn; CUR ♥
Fee: \$40

21 Fri., 1:30 p.m.–5:30 p.m.
Planting the Seed: Developing Connections with the World around Us; COM ♥
Fee: \$40

20 Thurs., 6:30 p.m.–8:30 p.m.
SIDS Training: Safe Sleeping Practices; HSN (Beginning) ☺
Fee: \$5 members and non-members
This workshop meets OCC SIDS training requirements.

CHOOSE FROM ONE OF THE THREE WORKSHOPS BELOW ON SAT., NOV. 22

22 Sat., 9:00 a.m.–5:00 p.m.
First Aid & Infant/Child & Adult CPR
Fee: \$75 members, \$90 non-members
Class Size Limited. (Lunch on your own)
No Walk-Ins.

22 Sat., 9:00 a.m.–12:30 p.m.
First Aid
Fee: \$45 members, \$55 non-members
Class Size Limited. No Walk-Ins.

22 Sat., 12:30 p.m.–5:00 p.m.
Infant/Child & Adult CPR
Fee: \$45 members, \$55 non-members
Class Size Limited. No Walk-Ins.

This training meets OCC requirements for First Aid and CPR for child care providers.

8 Mon., 6:30 p.m.–9:30 p.m.
Teaching Children Self-Protection; HSN, (Intermediate) ☺
Fee: \$35 members, \$45 non-members

9 Tues., 6:30 p.m.–8:30 p.m.
Get Moving: Physical Activity for Children; HSN ☺ (Intermediate)
Fee: \$15 members, \$25 non-members

11 Thurs., 6:30 p.m.–9:30 p.m.
Science Everyday, Everywhere; CUR (Intermediate)
Fee: \$35 members, \$45 non-members

13 Sat., 9:00 a.m.–12:00 p.m.
Working with Parents of Infants and Toddlers; 2 hrs. PRO & 1 hr. COM (Intermediate) ♥
Fee: \$15

13 Sat., 1:00 p.m.–4:00 p.m.
Infant and Toddler Nutrition; HSN (Intermediate and Advanced) ♥
Fee: \$15

16&17 Tues. and Wed. 6:30 p.m.–9:30 p.m.
Emergency Preparedness for Child Care Providers; HSN (Intermediate) ☺
Fee: \$15

Participants must attend both sessions (all six hours) and develop an individual emergency preparedness plan prior to receiving an MSDE training certificate.

Please notice our coded system to help you make workshop choices:

☺ = health and safety

♥ = child development

The following codes found after each title indicate the Core Of Knowledge Domain:

CD = Child Development

COM = Community

CUR = Curriculum

HSN = Health, Safety, Nutrition

PRO = Professionalism

SN = Special Needs

For Information — For general information concerning Training or Resource and Referral services provided by the Resource Center, or other information or questions you might have, please contact the Resource Center's administrative offices at 301.772.8420 or visit our website: www.childresource.org.

PLEASE NOTE:

The Resource Center follows the Prince George's County Public Schools for weather-related closings, delays and cancellation of workshops.

Provider Updates

Providers wishing to update their file, add information or report vacancies can contact Ricky Bobbitt Monday through Friday, 8:30 a.m.–5:00 p.m., 301.772.8411