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Child Development

Feb. 2, Thur., 6:30 - 8:30 p.m. Why Do Children Misbehave? CD (Intermediate)
Fee: $25 members, $35 non-members
Trainer: Deborah Wood, PhD.
Learn a simple system to figure out unmet needs and how to answer children's requests for non-members!

Feb. 7 & 9, Tue. and Thur., 6:30 - 9:30 p.m. Promoting Children’s Success: Building Relationships & Creating Supportive Environments (SEFEL Pre-School Module 1): 3CD, 3 PRO (Intermediate/Advanced)
Fee: $35 members, $45 non-members
Trainer: Paul Armstrong
Positive relationships with children serve as the foundation for addressing social emotional needs. When children understand routines and the expectations, and are engaged in activities that are meaningful, they are more likely to engage in challenging behavior. Gain strategies for teaching routines and expectations that support children.

Mar. 5 & 7, Mon. & Wed., 6:30 – 9:30 p.m. Social Emotional Teaching Strategies (SEFEL Preschool Module 2): 3CD, 3 PRO (Advanced)
Fee: $35 members, $45 non-members
Trainer: Paul Armstrong
Teachers must facilitate children's social emotional development so that they have the skills they need to be successful in school. This foundation includes the ability to solve problems, communicate emotions appropriately, and build friendships. This module focuses on effective strategies for teaching these skills to children.

Mar. 20, Tue., 6:30 – 9:30 p.m. Understanding Children’s Behavior; CD (Intermediate)
Fee: $35 members, $45 non-members
Trainer: Christina Krouse
What makes children do what they do? This session will explore the adult's role in guiding children without damaging their self-esteem.

Mar. 24 & 31, Sat., 9:30 a.m. – 4:30 p.m. Healthy Beginnings; CD (Advanced)
Fee: $120 members, $140 non-members
Trainer: Laura Terrell
Every child deserves a healthy beginning in life. The adults who live with and care for infants and young children play an important role in laying the foundation and setting the stage for learning success. Gain knowledge and resources to support children during this crucial developmental period.

Mar. 25, Sat., 10:00 a.m. – 4:30 p.m. Understanding Children’s Behavior: CD (Intermediate/Advanced)
Fee: $35 members, $45 non-members
Trainer: Christina Krouse
Children serve as the most important role in laying the foundation and setting the stage for learning success. Gain knowledge and resources to support children during this crucial developmental period.

Mar. 26, Sat., 9:30 a.m. – 4:30 p.m. Promoting Children’s Success: Building Relationships & Creating Supportive Environments (SEFEL Preschool Module 1): 3CD, 3 PRO (Intermediate/Advanced)
Fee: $35 members, $45 non-members
Trainer: Paul Armstrong
Positive relationships with children serve as the foundation for addressing social emotional needs. When children understand routines and the expectations, and are engaged in activities that are meaningful, they are more likely to engage in challenging behavior. Gain strategies for teaching routines and expectations that support children.

Apr. 12, Thur., 6:30 – 9:30 p.m. Temper, Temper; CD (Intermediate)
Fee: $35 members, $45 non-members
Trainer: Deborah Wood, PhD.
Review the role that positive adult/child interactions play in a child’s healthy development.

Apr. 24 & 26, Tue. & Thur., 6:30 – 9:30 p.m. Determining the Meaning of Challenging Behaviors (SEFEL Preschool Module 3): 3CD, 3 PRO (Advanced)
Fee: $35 members, $45 non-members
Trainer: Paul Armstrong
Children’s challenging behaviors most often serve to express some feeling, need, or meaning that they are unable to communicate in a more appropriate manner. Gain effective strategies for observing children, interpreting behavior and identifying skills that could be targeted for instruction.

Habits of Mind

Feb. 2, Thu., 6:30 - 8:30 p.m. Why Do Children Misbehave? CD (Intermediate)
Fee: $25 members, $35 non-members
Trainer: Deborah Wood, PhD.
Learn a simple system to figure out unmet needs – is she hungry? Is he bored? Meet the need and the behavior disappears. Sign up for Dr. Wood’s companion class, “I Had It First” on February 9 and receive both for $40 for members and $50 for non-members!

Mar. 20, Tue., 6:30 – 9:30 p.m. Understanding Children’s Behavior; CD (Intermediate)
Fee: $35 members, $45 non-members
Trainer: Christina Krouse
What makes children do what they do? This session will explore the adult’s role in guiding children without damaging their self-esteem.

Mar. 25, Sat., 10:00 a.m. – 4:30 p.m. Understanding Children’s Behavior: CD (Intermediate/Advanced)
Fee: $35 members, $45 non-members
Trainer: Christina Krouse
Children serve as the most important role in laying the foundation and setting the stage for learning success. Gain knowledge and resources to support children during this crucial developmental period.

Mar. 26, Sat., 9:30 a.m. – 4:30 p.m. Promoting Children’s Success: Building Relationships & Creating Supportive Environments (SEFEL Preschool Module 1): 3CD, 3 PRO (Intermediate/Advanced)
Fee: $35 members, $45 non-members
Trainer: Paul Armstrong
Positive relationships with children serve as the foundation for addressing social emotional needs. When children understand routines and the expectations, and are engaged in activities that are meaningful, they are more likely to engage in challenging behavior. Gain strategies for teaching routines and expectations that support children.

May 23, Wed., 6:30 – 9:30 p.m. Infant Toddler Module 12: Language Development; 1.5 CD, 1.5 CUR (Intermediate/Advanced)
Fee: $35 members, $45 non-members
Trainer: Christina Krouse
This class will introduce the variables of language development in infants and toddlers; how to engage in communication with newborns; what are age appropriate expectations and how to use this knowledge to build upon the capabilities a child is showing.

Health, Safety and Nutrition

Feb. 4, Sat., 9:00 a.m. – 12:00 p.m. Book It to Cook It! .5 SN, .5 CUR, 2 HSN (All Levels)
Fee: $36 members, $46 non-members
Trainer: Etrulia Troy Lee
Use children’s literature to extend learning through cooking and nutrition oriented activities. We will utilize several books that may be new to you and your children. Take this class and “Let’s Take the Mystery Out of Science” at 1:00 p.m. on February 4 and receive a $10 discount - $6 for members and $81 for non-members!

Feb. 11, 9:30 a.m. – 12:30 p.m. Nutrition and Learning; HSN (Intermediate)
Fee: $37 members, $47 non-members
Trainer: Linda Bratcher
Learn the impact that nutrition has on brain development through children, interpreting behavior and identifying skills that could be targeted for instruction. Please note: Modules 1 and 2 must be taken before Module 3.

Provider updates: Providers wishing to update their file, add information or report vacancies should contact Maryland Family Network at 866.752.1614.

May 3, Thur., 6:30 – 9:30 p.m. Learning by Heart: Emotional Intelligence and School Readiness; CD (Advanced)
Fee: $35 members, $45 non-members
Trainer: Paul Armstrong
Participants will leave this session with an awareness of how to integrate social emotional development and learning into the infant, toddler and preschool curriculum.

Prince George’s Child Resource Center encourages the involvement and participation of individuals with disabilities in our programs, services and activities. Please let us know how we can best meet your needs as we comply with the Americans with Disabilities Act in making accommodations to promote and encourage your participation.
Mar. 14, Wed., 6:30 – 8:30 p.m.  
SIDS Training: Safe Sleeping Practices, HSN (Beginner)  
Fee: $25 members, $35 non-members  
Trainer: Jodi Regner  
SIDS is the leading cause of death of children under 12 months of age in child care. This class teaches safe sleeping practices and meets OCC requirements for SIDS training.

May 23, Wed., 6:30 p.m. – 8:30 p.m.  
SIDS Training: Safe Sleeping Practices, HSN (Beginner)  
Fee: $25 members, $35 non-members  
Trainer: Jodi Regner  
See description under March 14 training.

May 24, Thur., 6:30 – 9:30 p.m.  
Combating Childhood Obesity; HSN (Intermediate)  
Fee: $37 members, $47 non-members  
Includes $2 Materials fee  
Trainer: Etrulia Troy Lee  
The nutrition habits learned in the early years form the basis for later eating habits. Create a wellness policy for your center, evaluate current menus, learn how to create healthy, child friendly menus, and educate parents on wellness policy for your center.

May 9, Wed., 6:30 – 9:30 p.m.  
Infant Toddler Module 3: Environments and Routines; 2 CUR, 1 CD (Intermediate/Advanced)  
Fee: $35 members, $45 non-members  
Trainer: Linda Bratcher  
The environment serves as the stage for children to learn and grow. Together let’s explore the impact of the environments and routines on the development of infants and toddlers. Discuss developmentally appropriate environments and routines for infants and toddlers and the role of primary caregivers in supporting their development.

May 16, Mon., 6:30 – 9:30 p.m.  
Exploring Nature with Young Children; CUR (All Levels)  
Fee: $35 members, $45 non-members  
Trainer: Christina Krouse  
Young children need more than just a “science table” to challenge their inquisitive minds. Learn how to make science meaningful and fun for children.

Apr. 21, Sat., 9:00 a.m. - 12:00 p.m.  
Preschool Art – Some Practical Ideas; CUR (All Levels)  
Fee: $35 members, $45 non-members  
Trainer: Linda Bratcher  
More art recipes and great ideas, tailored to your specific needs or curriculum. Register for this class and for “Including All Children and the Americans with Disabilities Act” at 1:00 p.m. on April 21 and receive a $10 discount - get both classes for $60 for members and $80 for non-members!

Apr. 25, Wed., 6:30 – 9:30 p.m.  
Thinking Outside the Blocks - Taking Learning Outside; CUR (Intermediate)  
Fee: $35 members, $45 non-members  
Trainer: Jean Schappet  
Children love to build because building is learning. Participants will learn how to select common and inexpensive materials and then for the play environment to keep children building their intellectual ladder of success.

Apr. 16, Mon., 6:30 – 9:30 p.m.  
Splashing Into Learning; CUR (Advanced)  
Fee: $35 members, $45 non-members  
Trainer: Jean Schappet  
Children love to splash and make a mess with water. Learn how water can become your favorite learning tool and not just a mess.

May 23, Wed., 6:30 – 9:30 p.m.  
Infant Toddler Module 12: Language Development; 1.5 CD, 1.5 CUR (Intermediate/Advanced)  
Fee: $35 members, $45 non-members  
Trainer: Christina Krouse  
See description under Child Development.

Feb. 7 & 9, Tue. & Thur., 6:30–9:30 p.m.  
Promoting Children’s Success: Building Relationships & Creating Supportive Environments (SEFEL Pre-School Module 1): 3CD, 3 PRO (Intermediate/Advanced)  
Fee: $35 members, $45 non-members  
Trainer: Paul Armstrong  
See description under Child Development.

Feb. 7, Thu., 6:30 – 9:30 p.m.  
The Storytelling Toolbox, PRO (All Levels)  
Fee: $35 members, $45 non-members  
Trainer: Jean Schappet  
Learn how to get ready for a story with “a story frame of mind” before the story begins, help children’s attention throughout the story and reinforce the storyteller’s purpose by using various ways to retell stories with children.

Feb. 13, Mon., 6:30 – 9:30 p.m.  
Infant/Toddler Module 4: Working with Families; 2 PRO, 1 COM (Intermediate/Advanced)  
Fee: $35 members, $45 non-members  
Trainer: Christina Krouse  
Gain insights that will help you understand the unique needs of parents of infants and toddlers. Learn to build trusting partnerships with families. Understand different parenting styles, effective ways to involve parents, how to sensitively share developmental milestones, and help children and parents cope with changes and transitions.

Mar. 5 & 7, Mon. & Wed., 6:30–9:30 p.m.  
Social Emotional Teaching Strategies (SEFEL Preschool Module 2); 3CD, 3 PRO (Advanced)  
Fee: $35 members, $45 non-members  
Trainer: Jean Schappet  
See description under Child Development.

Mar. 8, Thur., 6:30 – 9:30 p.m.  
Teamwork and Conflict Resolution, PRO (Intermediate)  
Fee: $35 members, $45 non-members  
Trainer: Deborah Wood, PhD.  
Working together sometimes leads to bumps in the road – learn how to smooth them out!

Mar. 5, Sat. – 8:00 p.m.  
Working with Children in Mixed Age Groups: 3 CD & 3 CUR (All Levels)  
Fee: $65 members, $75 non-members  
Trainer: Christina Krouse  
See description under Child Development.

Mar. 28, Wed., 6:30 – 9:30 p.m.  
Getting the Most Out of Play; 1.5 PRO, 1.5 CUR (Intermediate/Advanced)  
Fee: $35 members, $45 non-members  
Trainer: Jean Schappet  
Play really is a child’s work! Children learn new skills and develop socially, emotionally and physically through play. Learn techniques for helping children get the most out of play.

Mar. 8, Thu., 6:30 – 9:30 p.m.  
Teamwork and Conflict Resolution, PRO (Intermediate)  
Fee: $35 members, $45 non-members  
Trainer: Deborah Wood, PhD.  
Working together sometimes leads to bumps in the road – learn how to smooth them out!

Prince George's Child Resource Center is a member organization of the Maryland Child Care Resource Network with funding from Maryland State Department of Education.
Child Care Setting.

Understand what culture means and how to develop and implement an early childhood education environment that is inclusive to all children and families. Register for this class and for “Preschool Art: Some Practical Ideas” at 9:30 a.m. on April 21 and receive a $10 discount – get both classes for $60 for members and $80 for non-members!

**Community**

Feb. 21, Tue., 6:30 – 9:30 p.m.
Promoting the Growth of Children and the Education of Families, COM (Intermediate)
Fee: $35 members, $45 non-members
Trainer: Joan Henry
Participants will be able to develop the meaning of inclusion and implementation in their programs, as well as the rights of children with disabilities. This training is geared towards helping caregivers to care sensitively and effectively for children with special needs.

Mar. 19, Mon., 6:30 – 9:30 p.m.
Addressing the Mental Wellness of Preschoolers; SN (Intermediate)
Fee: $35 members, $45 non-members
Trainer: Paul Armstrong
Disruptive behavior is the single greatest challenge for child care providers. Learn the milestones of social emotional development and identify resources which can help children become well-adjusted and emotionally mature.

May 2, Wed., 6:30 – 9:30 p.m.
Child Care and Children with Special Needs; SN (All Levels)
Fee: $35 members, $45 non-members
Trainer: Joan Henry
Participants will be able to identify the meaning of inclusion and implementation in their programs, as well as the rights of children with disabilities. This training is geared towards helping caregivers to care sensitively and effectively for children with special needs.

**Special Needs**

Feb. 15, Wed., 6:30 – 9:30 p.m.
Accommodations and Activities for Children with Special Needs, SN (All Levels)
Fee: $35 members, $45 non-members
Trainer: Paul Armstrong
Everyone benefits when every child’s needs are met. Ensure that the child care environment is a place where children with special needs can thrive. Learn which activities are fun for all and appropriate for children with special needs.

May 5, Sat., 9:30 a.m. – 1:30 p.m.
Program for Infant & Toddler Care Providers; 7 Pro, 2 COM (All Levels)
Fee: $75 members, $85 non-members
Trainer: Tisa Ellis, RN
Some Practical Ideas: Infant/Toddler Care Providers (SEFEL Preschool Module 4); 3 CD, 3 PRO (Advanced)
Fee: $35 members, $45 non-members
Trainer: Paul Armstrong
Children develop a sense of who they are and what is important within the context of culture. Understand what culture means and how to support culturally diverse families within the child care setting.

May 15 & 17, Mon. & Thur., 6:30–9:30 p.m.
Individualized Intensive Interventions: Developing a Behavior Support Plan (SEFEL Preschool Module 4); 3 CD, 3 PRO (Advanced)
Fee: $35 members, $45 non-members
Trainer: Paul Armstrong
Children develop a sense of who they are and what is important within the context of culture. Understand what culture means and how to support culturally diverse families within the child care setting.

Communication Training for Child Care Providers; 7 Pro, 2 COM (All Levels)
Fee: $75 members, $85 non-members
Trainer: Jodi Regner
Positive communication among child care providers, parents and children is an important factor in establishing a healthy child care environment. This course meets the MSDE communication requirement for center staff. Bring a bag lunch.

May 10, Thur., 6:30 – 9:30 p.m.
Teamwork and Communication; COM (Intermediate)
Fee: $35 members, $45 non-members
Trainer: Deborah Wood, PhD
Children thrive in environments where the adults who care for them work well together and communicate effectively. Learn techniques to implement in the classroom.

May 19, Sat., 8:30 a.m. – 5:30 p.m.
Communication Training for Child Care Providers; 7 Pro, 2 COM (All Levels)
Fee: $75 members, $85 non-members
Trainer: Jodi Regner
See description under Professionalism.

**FIRST AID & INFANT/CHILD & ADULT CPR**

May 10, Thur., 6:30 – 9:30 p.m.
Teamwork and Communication; COM (Intermediate)
Fee: $35 members, $45 non-members
Trainer: Deborah Wood, PhD
Children thrive in environments where the adults who care for them work well together and communicate effectively. Learn techniques to implement in the classroom.

For Information - For general information concerning Training or Resource and Referral services provided by the Resource Center, or other information or questions you might have, please contact the Resource Center at 301.772.8420 or visit our website: www.childresource.org.
MARYLAND MODEL FOR SCHOOL READINESS

CD
Fee: $40 members, $50 non-members
Trainer: Laura Terrell

Participants will receive an overview of leading child theorists, learning differences among children and the stages of child growth and development.

Mar. 13 or May 8
Tue., 8:30 a.m. – 12:30 p.m.

Module 2: Planning for Success! Creating Opportunities to Grow and Learn, CUR
Fee: $40 members, $50 non-members
Trainer: Paul Armstrong

This workshop includes emergency preparedness, menu planning and health and safety concerns of young children.

Mar. 14 or May 9
Wed., 8:30 a.m. – 12:30 p.m.

Module 3: Keeping Kids Fit and Safe, HSN
Fee: $40 members, $50 non-members
Trainer: Jodi Regner

This module provides an over-view of the importance of developing and maintaining relationships with children, families and the larger community.

Mar. 15 or May 10
Thu., 8:30 a.m. – 12:30 p.m.

Module 4: Making it Work for All: Exploring Special Needs, SN
Fee: $40 members, $50 non-members
Trainer: Paul Armstrong

Explore ADA requirements and inclusive child care settings as well as health, behavioral and developmental concerns.

Mar. 15 or May 10
Thu., 1:30 p.m. – 5:30 p.m.

Module 5: Guiding the Growth of Young Children, SN
Fee: $40 members, $50 non-members
Trainer: Jodi Regner

Understand the components of a family child care curriculum and how to design a family child care home; includes child care center room design and an appropriate curriculum in group child care.

Mar. 13 or May 8
Tue., 1:30 p.m. – 5:30 p.m.

CD
Fee: $40 members, $50 non-members
Trainer: Laura Terrell

Participants will receive an overview of leading child theorists, learning differences among children and the stages of child growth and development.

Mar. 13 or May 8
Tue., 8:30 a.m. – 12:30 p.m.

CD
Fee: $40 members, $50 non-members
Trainer: Laura Terrell

Participants will receive an overview of leading child theorists, learning differences among children and the stages of child growth and development.