



Get Up! Get Active! Get Healthy!

Outdoor play and physical movement often gets pushed aside during the cold gray days of winter, and many programs do not have space to offer alternative indoor play and exercise options. It is important that we keep children active every day. As video games have replaced more active childhood games such as hide-and-seek or tag, the incidence of childhood obesity and childhood diabetes has increased. Recent studies show that 1 in 3 children are overweight or obese, with childhood obesity tripling in just 20 years. The United States Surgeon General says that daily exercise is one key to being fit, and the American Heart Association recommends children have at least sixty minutes of moderate intensity physical activity every day. It is easy to incorporate these physical exercises in your program.

What can child care providers do to help young children be physically active and fit? Get them up and get them moving! Provide at least sixty minutes a day for active free play. Let the children run, climb, march, pedal, throw, roll, skip, dig and jump in a safe place until they are tired. Offer riding toys, balls, beanbags, climbers, balance beams, and obstacle courses. Have parents provide boots, extra gloves and hats to keep at your program. Be sure your program includes structured physical activity every day. Caregivers and families can teach creative movement, dance and game-playing skills. Keep the emphasis on having fun rather than winning.

The Resource Center wants to help you include more activity in your program. Included in this calendar are six sessions from the "I Am Moving, I am Learning" series. This is a new series of two hour sessions of high energy, hands-on workshops full of ideas and resources on physical activity and making healthy food choices that can easily be included in your early childhood program. These sessions are offered on Saturday, March 28 and Saturday, May 16. Join us on Thursday, March 26 for "Keeping Kids Healthy" or on April 14 for "Nutrition and Active Learning." Let's get up, get moving, and get healthy together!

Building for Success Conference March 21, 2015

We have a great new venue for our 2015 Building for Success Conference! Save March 21 and join us at the Jericho City of Praise campus located at 8501 Jericho City Drive, Landover, Maryland 20785. Everyone attending will earn six (6) Core of Knowledge training hours, have a chance to shop with our terrific vendors and have a great time meeting new friends and re-connecting with old ones. Register early to get the best selection of workshops. **Questions? Contact Valerie** at extension 1000 or Francine at extension 1001.





What Can We Do For You?

The Resource Center has so many great ways to assist you with your child care business. Need help with marketing? Not sure what training you need to have to advance to the next level of the Maryland Child Care Credential? Are you working with children who have special needs or are having a difficult time adjusting to child care? Does Maryland EXCELS seem like a mystery to you? Wondering who to turn to for help with subsidy issues? All the help you need is just a phone call away! See page 7 of this calendar for a resource list and call us for help with all your needs.

Wondering About the Weather?

It's that time of year again! The Resource Center follows the Prince George's Public School system for weather related closings and delayed openings. If a training workshop is scheduled and the public schools close, then the training is cancelled. We will make every effort to notify those scheduled for the training if there is a change to the schedule. We realize that you count on us for your training needs and we will do everything possible to reschedule classes as soon as possible.

Save the Date - April 16, 2015

Our annual Provider Appreciation Night will be held on Thursday, April 16 and we are looking forward to having you join us for an evening full of fun and relaxation. This is a chance for us to say "thank you" to the members of the Prince George's County child care community. Mark your calendars now and plan to join us on April 16.



Regulation Changes Are Coming!

Maryland child care providers are among the best in the United States. Maryland has long been recognized as having strong comprehensive child care regulations. These regulations are based on best practice, information from national and state level resources, and input from child care providers, child advocates and licensing staff. The state Office of Child Care recently reviewed and reevaluated many child care regulations, and as a result of this review, they have proposed changes to the current child care regulations.

The proposed changes were summarized in the Fall 2014 edition of the MSDE PART-NERS Newsletter. If you have not seen the proposed changes, go to www.marylandpublic-schools.org/MSDE/divisions/child_care/licensing_branch/news. The Resource Center website, www.childresource.org, also links to the PARTNERS Newsletter.

Resource Room

Visit our newly re-decorated and re-organized Resource Room! The AccuCut machine, book binder, laminator and art waxer are once again ready for use. Many thanks to Lakia Siler, from Kings Kids Child Development Center for reorganizing the Resource Room after our recent renovation.

Setting the Stage for Assessment

Setting the Stage: Assessment in Early Education and Care is a 30 hour, Core of Knowledge training that offers creative approaches to developing a program to support what school readiness means in Maryland. Participants will participate in a variety of activities to analyze family situations, distinguish between observations and judgments, and apply new information to create plans for responsive child care.

Dates: April 28 & 30, May 5, 7, 19 & 21, June 2, 4 & 20;

All sessions are 6:30 p.m. – 9:30 p.m. except for June 20 which is 9:30 a.m. – 4:00 p.m.

Fee: \$150 members and non-members Trainers: Laura Terrell and Jodi Regner

Invite Us to Your Program!

Would you like for your entire staff to be trained on the same topic at the same time? Would you like an opportunity to have a follow on technical assistance session to help staff members integrate what they have learned into the program? The Resource Center can help! We have hundreds of approved trainings to choose from, and any of them can be offered at your site. You select the training and the time you want it, and we will deliver it to your door. Maryland Cohen of New Hope Academy had this to say about our onsite training: "These workshops are so deeply helpful to us, and we are indebted to the Resource Center for providing such wonderful workshops. We were all so engaged by the presentations. The information presented was so enriching. We would gratefully welcome all of these presenters back again. I think you have provided us with training for about 3 years now. No doubt, our children have benefited greatly."

RESOURCE CENTER CALENDAR

FEBRUARY 2015 THRU MAY 2015

HIGHLIGHTED TRAINING SERIES

24 Hour Family Pre-Service

This training meets the Office of Child Care pre-service training requirements for new family child care providers as well as core of knowledge training for currently licensed family providers and center staff. Fee: \$225 members and nonmembers for all six 4-hour sessions.

Module 1: From Baby to Bigger Steps: What Makes a Child Grow? CD

Tue., Feb. 10 & May 5, 8:30 a.m. - 12:30 p.m. Fee: \$40 members, \$50 non-members Trainer: Laura Terrell Participants will receive an overview of leading child theorists, learning differences among children and the stages of child growth and development.

Module 2: Planning for Success! Creating Opportunities to Grow and Learn, CUR

Tue., Feb. 10 & May 5, 1:30 p.m. - 5:30 p.m. Fee: \$40 members, \$50 non-members

Trainer: Jodi Regner

Understand the components of a family child care curriculum and how to design a family child care home; includes child care center room design and an appropriate curriculum in group child care.

Module 3: Keeping Kids Fit and Safe, HSN

Wed., Feb. 11, & Tue., May 12, 8:30 a.m. - 12:30

Fee: \$40 members, \$50 non-members

Trainer: Sheila Skinner

This workshop includes emergency preparedness, menu planning and health

and safety concerns of young children.

Module 4: Making it Work for All: **Exploring Special Needs, SN**

Wed. Feb. 11, & Tue., May 12, 1:30 p.m.—5:30 p.m.

Fee: \$40 members, \$50 non-members

Trainer: Paul Armstrong

Explore ADA requirements and inclusive child care settings as well as health, behavioral and developmental concerns. Module 5: Keeping it Real! Professional Practices for a Successful Program, PRO

Thur., Feb. 12, & Tue., May 19, 8:30 a.m. - 12:30

Fee: \$40 members, \$50 non-members

Trainer: Laura Terrell

This session includes professional business practices, policies and procedures, record keeping, OCC regulations, and appropriate guidance and supervision of young children.

Module 6: Planting the Seed: Developing Connections with the World Around Us, COM

Thur., Feb. 12, & Tue., May 19, 1:30 p.m. - 5:30 p.m.

Fee: \$40 members, \$50 non-members

Trainer: Shantiea Dean

This module provides an over-view of the importance of developing and maintaining relationships with children, families and the larger community.

45 Hours Infant/Toddler Pre-Service: Methods & Materials

This series meets MSDE requirements for Family Child Care Providers who wish to care for more than two children under the age of two and child care center staff who are lead teachers in infant/toddler classrooms. Individual modules may be taken at regular resource center prices; however to meet the requirements for the 45 Hour course, all modules must be taken in order. Space is limited – register early!

Trainer: Laura Terrell Fee: \$225

Dates: February 3, 5, 10, 12, 21, 24 and 26; March 3, 5, 10, 12, 24, 26 31 Weeknight classes are 6:30 p.m. - 9:30 p.m.; Saturday classes are 9:30

a.m. - 12:30 p.m. and 1:00 p.m. - 4:00 p.m.

Healthy Beginnings

Every child deserves a healthy beginning in life! This series is designed for caregivers/educators of infants to preschoolers and provides an overview of the Healthy Beginnings document and the foundation for understanding and using Healthy Beginnings as a child development tool. This 12 hour training shows participants how to create and plan a program for infants and toddlers that lays the foundation and sets the stage for learning in this critical development period.

Dates: Saturday, March 28, 9:30 a.m. - 4:00 p.m. Date for session 2 to be determined

Fee: \$120 members and \$140 non-members

Trainer: Laura Terrell

The following codes found after each title indicate the Core of Knowledge Domain:



= Super Saturday

CD = Child Development COM = Community

CUR = Curriculum

HSN = Health, Safety and Nutrition PRO = Professionalism

SN = Special Needs

All Resource Center trainings are approved by Maryland State Department of Education, approval number CKO-30877. For general information concerning Training or Resource and Referral services provided by the Resource Center, or other information or questions you might have, please contact the Resource Center at 301.772.8420 or visit our website: www.childresource.org.

First Aid and Infant/Child/Adult CPR

These classes are offered monthly. Choose from one of the three workshops; all trainings meet Office of Child Care (OCC) requirements for CPR and First Aid. Trainings will be held on Feburary 7, March 7, April 4 and May 2

FIRST AID & INFANT/CHILD & ADULT CPR & AED CERTIFICATION

Saturdays, 9:00 a.m. – 2:00 p.m.
Fee: \$75 members, \$90 non-members
Trainer: 1st Alert CPR Training
Class size is limited – register early! No Walk Ins.
Participants may bring a bag lunch.

INFANT, CHILD & ADULT CPR/AED CERTIFICATION

Saturdays, 9:00 a.m. – 11:30 p.m. Fee: \$45 members, \$55 non-members Trainer: 1st Alert CPR Training. Class size is limited – register early! No Walk Ins.

FIRST AID CERTIFICATION

Saturdays, 11:30 a.m. – 2:00 p.m. Fee: \$45 members, \$55 non-members Trainer: 1st Alert CPR Training Class size is limited – register early! No Walk Ins.

MEDICATION ADMINISTRATION, HSN and PRO (All Levels)

Learn to safely administer medications, store them properly and accurately complete record keeping. Meets MSDE OCC requirements for center staff. All participants are required to pass an English and Math test prior to taking this class. Certificates are issued by the trainer rather than the Resource Center. Please bring a bag lunch and drink. Saturday, March 7 and May 2, 9:00 a.m. – 4:30 p.m. Fee: \$65 members, \$75 non-members
Trainers: Tisa Ellis, RN or Veronica Shaw-Kittrell,

RN Class size limited. No Walk-Ins.

Child Development

FEBRUARY

Setting Up Learning Centers, CD (All Levels)

Tue., February 17, 6:30 p.m. – 9:30 p.m. Fee: \$35 members, \$45 non-members Trainer: Sheila Skinner

This class is for any early educator who wants the children in their program to have meaningful learning experiences every day. Participants will

learn how to create a classroom that is designed

to represent individual content areas and promote developmentally appropriate learning.

Ages and Stages of Growth and Development, CD (All Levels)

Sat., February 21, 9:30 a.m. – 12:30 p.m. Fee: \$35 members, \$45 non-members

Trainer: Christina Krouse

Learn what typical development patterns are for children and how to tell when children are on track.

MARCH

Identifying Challenging Behaviors and Their Solutions, CD (Intermediate)

Tue., March 24, 6:30 p.m. – 8:30 p.m. Fee: \$25 members, \$35 non-members

Trainer: Eileen Brooks

Get the tools and strategies you need to create a safe and peaceful learning environment.

ΔPRII

Fun with Feelings, CD (Intermediate)

Thur., April 30, 6:30 p.m. – 9:30 p.m. Fee: \$35 members, \$45 non-members

Trainer: Alyson Jacobson

Learn to say "No!" without saying "No!" Learn to set limits with young children without setting yourself up for a battle.

MAY

IMIL: Birth to Five – Introduction to Motor Development, CD (All Levels) Sat.., May 16, 11:45 a.m. - 2:15 p.m.

Fee: \$25 members; \$35 non-members

Trainer: Linda Bratcher

Get background information on motor development from birth to five and see how this sets the stage for caregivers to build physical activity into their daily routines. *Please note: This includes a 30 minute lunch break.*

Connection before Correction: Positive Child Guidance and Discipline Strategies, CD (All Levels)

Sat., May 30, 1:00 p.m. – 4:00p.m. Fee: \$35 members; \$45 non-members

Trainer: Linda Bratcher

Positive discipline, based on respectful, relationship based strategies is an important tool in a teacher's repertoire of teaching strategies.

Community

FEBRUARY

Hand in Hand – Fostering Family and Community Partnerships, COM (Intermediate)

Sat., February 28, 9:30 a.m. – 12:30 p.m. Fee: \$35 members, \$45 non-members

Trainer: Linda Bratcher

Become aware of the resources that are available in the community to assist you and the families in your program.

MARCH

IMIL: Engaging Families and Staff in MVPA,

Sat., March 28, 9:30 a.m. – 11:30 a.m. Fee: \$25 members, \$35 non-members

Trainer: Linda Bratcher

Learn about research regarding the health benefits associated with short bursts of physical activity and ways to integrate these short bursts into daily structured physical activity.

IMIL: Move, Play and Learn at Home, COM (All Levels)

Sat., March 28, 2:30 p.m. -4:30 p.m. Fee: \$25 members, \$35 non-members

Trainer: Linda Bratcher

Help families learn the importance of movement for young children and understand their role in an active lifestyle. This session includes ways to incorporate movement opportunities at home in limited space, using materials on hand, and creative time management techniques.

APRIL

Preparing for Park Perfection, COM (Intermediate)

Sat., April 25, 9:30 a.m. – 12:30 p.m. Fee: \$35 members, \$45 non-members

Trainer: Patty Stine

This is the perfect time of year to get out and discover nature! This workshop looks at safety do's and simplifies the task of planning a day of outdoor play.

Teamwork and Communication, COM (Intermediate)

Tue., April 28, 6:30 p.m. – 9:30 p.m. Fee: \$35 members, \$45 non-members

Trainer: Eileen Brooks

Good communication and teamwork are the keys to great programs. Join us and learn more!

May

Anti-Bias/Cultural Competence, COM (All Levels)

Tue., May 26, 6:30 p.m. – 9:30 p.m. Fee: \$35 members, \$45 non-members

Trainer: Sheila Skinner

Developing cultural competence results in the ability to understand, communicate with and effectively interact with people across cultures.

Curriculum

FEBRUARY

Early Literacy Experiences: The Joy of Children's Literature, CUR (Intermediate)

Thur., February 26, 6:30 p.m. – 9:30 p.m. Fee: \$35 members; \$45 non-members

Trainer: Eileen Brooks

Story time is crucial to language development. Explore early literacy activities and learn to use games and activities that are educational and



Art Matters, CUR/CD (All Levels)

Sat., February 28, 1:00 p.m. – 4:00 p.m. Fee: \$35 members; \$45 non-members Trainer: Linda Bratcher

Making art is a hands-on activity that expands imaginations and exercises creativity, as well as developing small motor control and eye-hand coordination while sharpening a child's power of observation.

MARCH

Creating A Literacy Rich Environment, CUR (Intermediate)

Thur., March 5, 6:30 p.m. – 9:30 p.m. Fee: \$35 members; \$45 non-members Trainer: Shantiea Dean

Create an environment that encourages children to explore and make discoveries about language and literacy through play, routines, and other daily experiences by including pictures, books, songs and other items that reflect children's culture and home language.

MAY

Understanding Language and Literacy, CUR (All Levels)

Thur., May 21, 6:30 p.m. – 9:30 p.m. Fee: \$35 members; \$45 non-members

Trainer: Paul Armstrong

Understand the typical stages children pass through as they learn language and literacy skills and how you can aid their development.

Messages from Maria – A Hands-on Approach to Learning, CUR (All Levels)

Sat., May 30, 9:30 a.m. – 12:30 p.m. Fee: \$35 members, \$45 non-members

Trainer: Linda Bratcher

Maria Montessori emphasized the importance of learning through all five senses. Learn why the Montessori Method is DAP in action.

Health, Safety & Nutrition

FEBRUARY

I'm So Sad...Identifying Signs of Depression in Young Children, HSN (All Levels)

Tue., February 3, 6:30 p.m. – 9:30 p.m. Fee: \$35 members, \$45 non-members

Trainer: Alyson Jacobson

Very young children can have clinical depression. Look at the causes of childhood depression, learn to identify behaviors that are considered warning signs, learn the risks associated with depression and get strategies you can use to support children in your program.

SIDS Training: Safe Sleeping Practices, HSN (Beginning)

Tue., February 24, 6:30 p.m. – 8:30 p.m. Fee: \$25 members, \$35 non-members

Trainer: Jodi Regner

SIDS is the leading cause of death for children under 12 months of age in child care. This class teaches safe sleep practices and meets OCC requirements for SIDS training.

MARCH

Keeping Kids Healthy, HSN (All Levels)

Thur., March 26, 6:30 p.m. – 9:30 p.m. Fee: \$35 members, \$45 non-members

Trainer: Sheila Skinner

Get help with menu planning and see how eating healthy foods and engaging in physical activity promotes healthy beginnings for children.

Recognizing Child Abuse and Neglect, HSN (All Levels)

Tue., March 31, 6:30 p.m. – 9:30 p.m. Fee: \$35 members, \$45 non-members

Trainer: Alyson Jacobson

Learn to recognize the signs of child abuse and neglect and learn what you must do about it.

APRIL

Nutrition and Active Learning, HSN (All Levels)

Tue., April 14, 6:30 p.m. – 9:30 p.m. Fee: \$35 members, \$45 non-members

Trainer: Paul Armstrong

Learn how to plan healthy meals that appeal to children and ways to keep them moving as they form good habits that will last a lifetime.

S

Playing It Safe, HSN/PRO (Intermediate)

Sat., May 9, 9:30 a.m. – 12:30 p.m. Fee: \$35 members, \$45 non-members

Trainer: Patty Stine

Playground safety begins before children arrive on the playground,. Explore the topics that assure a safe playground and begin the creation of a playground supervision plan.

SIDS Training: Safe Sleeping Practices, HSN (Beginning)

Tue., May 12, 6:30 p.m. – 8:30 p.m. Fee: \$25 members, \$35 non-members

Trainer: Jodi Regner

See description for February 24.

IMIL: Opportunity Knocks, HSN (All Levels)

Sat: May 16, 9:30 a.m. – 11:30 a.m. Fee: \$25 members, \$35 non-members

Trainer: Linda Bratcher

Learn about the childhood obesity trends which set the stage for the opportunities that providers have for helping children as well as staff and families increase their daily physical activity while making healthier food choices.

THE LOCATE COMPLAINT POLICY

When a complaint is received, it is categorized according to the perceived seriousness of the complaint: serious complaints (any threat to the immediate health, safety or welfare of a child); less serious complaints involving a violation (violation of regulation that does not pose a threat to the health, safety or welfare of a child), and less serious complaints with no violation. When a serious complaint is received, no referrals are made to that provider/facility until an investigation is completed by the appropriate regulatory agency. Should the investigation result in no finding, the "hold" status is removed from the providers files and referrals are resumed.

Professionalism

FEBRUARY

Achieving Quality Standards in Early Education, PRO (Intermediate)

Thur., February 5, 6:30 p.m. - 9:30 p.m. Fee: \$35 members, \$45 non-members

Trainer: Shantiea Dean

Do you know how quality childcare is defined in Maryland? Learn more about quality rating and improvement systems and how it can be used as ladder for continuous improvement for you and your program.

MARCH



Communication Training for Child Care Providers, PRO & COM (Beginning)

Sat., March 14, 8:30 a.m. - 5:30 p.m. Fee: \$75 members, \$85 non-members

Trainer: Jodi Regner

Positive communication is an important tool in establishing a healthy child care environment as well as positive relationships with children, parents and co-workers. This course meets the MSDE communication training requirement for child care center staff.

APRIL

Planning Your Child Care Career Path, PRO (All

Thur., April 2, 6:30 p.m. - 9:30 p.m. Fee: \$35 members, \$45 non-members

Trainer: Shantiea Dean

Learn how to develop a road map to success with your own personal professional development

Professional Practices in Child Care Programs, **PRO** (Intermediate)

Thur., April 23, 6:30 p.m. - 9:30 p.m. Fee: \$35 members, \$45 non-members

Trainer: Sheila Skinner

Enhance your personal commitment to professionalism by embracing the 3P's of professionalism: Practices, Policies and Procedures.

Educators Guide to Maryland EXCELS, PRO (All

Wed., April 29, 6:30 p.m. - 8:30 p.m. Fee: \$10 members and non-members Trainer: Sheila Maness & Vickie DiSanto Discuss schedules, lesson planning, family engagement and other EXCELS topics and gain insights on how to improve quality in each area.

MAY

Educators Guide to Maryland EXCELS, PRO (All

Wed., May 13, 6:30 p.m. - 8:30 p.m. Fee: \$10 members and non-members Trainer: Sheila Maness & Vickie DiSanto See description for April 29 training.

Programs + Families = Success, PRO (Intermediate)

Thur., May 7, 6:30 p.m. - 9:30 p.m. Fee: \$35 members, \$45 non-members

Trainer: Shantiea Barnes

Studies show that children's ability to succeed increases when families are involved in their education. Discover how to create multiple opportunities for families to become engaged in your program and the benefits to everyone involved.



IMIL: Teaching Across Cultural Horizons, PRO (All Levels)

Sat., May 16, 2:30 p.m. - 4:30 p.m. Fee: \$25 members, \$35 non-members

Trainer: Linda Bratcher

Look at the broad definition of culture and how this impacts interactions with children, families and staff. Examine your own culture and learn why you may do the things you do!

Special Needs

FEBRUARY

Child Development and the Child with Special Needs, SN (All Levels)

Thur., February 19, 6:30 p.m. - 9:30 p.m. Fee: \$35 members, \$45 non-members

Trainer: Paul Armstrong

Explore typical and atypical development in young children and learn techniques to work effectively with all children.

Children with Special Needs in the Early Childhood Environment, SN (All Levels) Tue., March 10, 6:30 p.m. - 9:30 p.m. Fee: \$35 members; \$45 non-members

Trainer: Paul Armstrong

Gain confidence in your ability to care for children with special needs and learn simple accommodations that will enhance the environment for all children.

IMIL: Activities for All, SN (All Levels) Sat., March 28, 11:45 a.m. - 2:15 p.m.

Fee: \$25 members, \$35 non-members

Trainer: Linda Bratcher

Children are unique in development and skill ability. Learn strategies of modifying and adapting to reach and teach all children in physical activity and motor skills. Please note: This class incorporates a one-half hour lunch

MAY

Caring for Children Affected by Substance Abuse, SN (All Levels)

Thur., May 21, 6:30 p.m. -8:30 p.m. Fee: \$25 members, \$35 non-members

Trainer: Alyson Jacobson

Learn skills and techniques for identifying and caring for children affected by substance abuse.

LOCATE Can Help!

4922 parents used LOCATE: Child Care to search for child care in Prince George's County between July and October, 2014. Did any of them call your program? LOCATE is a valuable marketing tool for your program, but it is only as good as the information you supply. The more families searching for child care can learn about your program, the more likely they are to call you. Is your information current? Do you list all the ages you are licensed to care for? The hours you provide care? Cost of care? Special services you provide? The more information families can obtain about your program, the more likely they are to call your program. We have LOCATE update questionnaires for both family and group programs available at the Resource Center. Pick one up the next time you are here for training, or download one from our website, www.childresource.org.

ANNOUNCEMENTS & REMINDERS

LOCATE: Child Care

LOCATE Child Care is a great way to market your program. Keeping your LOCATE information up to date gets the best results. Provider questionnaires can be updated online at www.marylandfamilynetwork.org or you can pick up a copy at the Resource Center. Vacancy information and fee updates can be left at 1.866.752.1614.

Advocacy: Joining Voices

Speak up for your profession and young children. Join our advocacy group as we tackle issues of interest to all child care professionals.

Contact: Laura, extension 1011

Need Help Paying for College or Core of Knowledge Training?

Credentialed childcare providers can get tuition assistance through the Child Care Career and Professional Development Fund. Credentialed providers can also access up to \$400 per year from the Maryland Child Care Credential to pay for Core of Knowledge training. The Resource Center can help you earn Professional Activity Units (PAU) for your credential as well. Contact: Jodi, ext. 1010 or Laura, ext. 1011

Early Childhood Mental Health Consultation

Challenging behaviors getting you down? Project LAUNCH and Project WIN can help! Get free consultation visits in your center or family child care home. Contact: Alyson, ext. 1008; Eileen, ext. 1009; Paul, ext. 1014

Just getting started in Family Child Care?

The Resource Center has everything you need to meet Office of Child Care Start Up requirements for one low price. The Family Pre- Service bundle costs just \$315 (a \$30 savings off the individual prices) and includes the 24 Hour Family Pre-Service, Emergency Preparedness, SIDS, CPR and First Aid. Already a provider or a center staff member? The individual preservice modules can be taken for \$40 each. Contact: Francine, ext. 1001



Arthelia Smith, Director of Ideal Child Care Center and Patti Smith, Director of Greenway Learning Center, react to receiving gift cards for participation in the Resource Center's Technical Assistance program for Maryland EXCELS participants.

Attention Directors and Assistant Directors

Call Valerie at extension 1000 to register for Directors' Coffee Hour on February 4, March 4, April 1 and May 6 at 9:30 am. And don't miss our third annual Directors' Institute on Wednesday, June 24. Watch your mailbox for details.

Membership Discounts

Resource Center members receive a \$10 discount on most training and can earn **FREE** training. Bring your membership card and have it punched whenever you attend a training.

Contact: Ivette, ext. 1002

Have You Completed Your Yearly Training?

Family Child Care providers are required to complete 18 hours of training the first year they are licensed and 12 hours every year after that. Center Aides need 6 hours of training each year and all other Center Staff and Family Providers need 12 hours each year. The Resource Center offers training in each Core of Knowledge area each month and can help you complete your professional development plan.

Contact: Jodi, ext. 1010 or Laura, ext. 1011

PRINCE GEORGE'S CHILD RESOURCE CENTER, INC

Directions to the Resource Center

The Resource Center is located at 9475 Lottsford Road, Suite 202, Largo, MD 20774. Take exit 17A off the Capital Beltway/495 onto Landover Road toward Upper Marlboro. After approximately one mile, turn right on Lottsford Road. We are in the first brick building on the left.

The Resource Center and the ADA

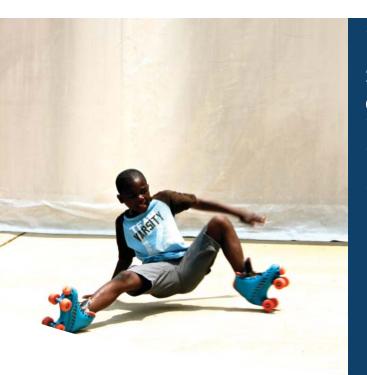
Prince George's Child Resource Center encourages the involvement and participation of individuals with disabilities in our programs, services and activities. Please let us know how we can best meet your needs as we comply with the Americans with Disabilities Act in making accommodations to promote and encourage your participation.

Registration Policies and Reminders

- Register online at www.childresource.org, or download registration form to mail or fax.
- Payments accepted: Visa, Matercard, Discover, check or money order. NO CASH.
- Payment and registration must be received 24 hours in advance; a walk-in charge of \$20 is added to registration fees on the day of the workshop.
- NO REFUNDS unless a class is cancelled by the Resource Center.
- Transfers are granted only when requested 24 hours in advance.
- Please arrive on time. Late-comers cannot be admitted and are not eligible for a refund or transfer.
- We love children, but only adults will be admitted.
- All workshops are approved by MSDE Office of Child Care.

OCC approval numbers: CTO - 150841, CKO -30877 and PSO - 152964.





I'm Moving, I'm Learning is a new series starting on March 28 and continuing through the summer! Look for IMIL classes in Child Development, Community and Health.

PLUS! SUPER SIZE YOUR SATURDAY!

We offer six or more hours of training almost every Saturday in this calendar. Complete *half* of your yearly requirements in *one day*.



LOOK FOR THE 'SS' BUBBLE IN THE WORKSHOP OFFERINGS!





MARYLAND FAMILY NETWORK





Funding
provided by
Maryland State
Department of
Education