



PRINCE GEORGE'S CHILD RESOURCE CENTER, INC

JUNE 2021 - SEPTEMBER 2021 NEWSLETTER/CALENDAR

We are Joining Voices – and together we are making a difference!

The 2021 session of the Maryland General Assembly has ended, and the child care community made a difference once again. Together we learned how to submit testimony virtually, you attended virtual rallies, and you completed more surveys so we could all use data for advocacy. By sharing our experiences and needs, we can help state partners to create and deliver on the things that matter most.

Attention now turns to the details of bringing approved policies to life and continuing to shape the ideas that got started during the legislative session. Congress approved major new investments in children and families – including in child care – through the American Rescue Plan. This happened because of advocacy – you shared your stories, you talked to journalists, you called Senators and Representatives, and together with partners across the country we demonstrated that nothing and no one works without child care, and that child care work requires people who are healthy and well and able to be there.

Maryland leaders and Prince George's County leaders have lots of choices to make about how best to put those federal funds to use. Child care center and family child care providers are sharing priorities like compensation, benefits, helping families with fees so they can choose the child care program that works for them, and funds to make up for low enrollment in programs. We also have an opportunity to convey that there are flexibilities in the federal funds, and this is the time to think about all child care programs, even if you haven't been participating in the subsidy program before.

Joining Voices – Together

Joining Voices brings together our community's early childhood educators to advocate for children, families, and the field. We work together on ideas for local, state and even federal action. We share stories with one another – and with elected officials!

We're hosted by the Resource Center but driven by you and your program needs. Come be a part of it! Please sign up at <https://www.childresource.org/programs/advocacy/> to get invitations, hear the latest opportunities, and to connect to this important work! There's something for everyone whether advocacy is new to you or you have lots of experience, or you're somewhere in between.

Please check out our blog too and let us know if you'd ever like to be a guest author of a blog article!

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Welcome Shelby Brown



We are pleased to welcome Shelby Brown as our Early Childhood Mental Health Coordinator. Recently graduated from Towson University, Shelby holds a Masters in Counseling Psychology. During her time at Towson, Shelby completed her clinical internship at a Youth Service Bureau. It was there that she provided individual, family, and group mental health services to children and their families. Previously, Shelby served as the lead research assistant on a study of perinatal risk and protective factors among low income African American women at the University of Maryland. Outside of her work in mental health, Shelby enjoys completing arts and crafts!

Mental Health Awareness

The month of May was Mental Health Awareness Month in the United States. The purpose behind its creation was to bring awareness to, reduce public stigma and share strategies for obtaining mental wellness. Mental health awareness does not only apply to those diagnosed with specific mental illness but is important to all individuals.

“Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood.” (Mental Health.gov)

Emotional regulation, the ability to control your emotions at different times, is the key to managing stress and it is not a skill we are born with. It is important to make certain that adults and children both can develop strategies that will lead towards reducing stress and promoting good mental health. Below are some strategies for children and adults to relieve stress and promote good mental health. Some may be familiar to you and do not be afraid to try something new.

Techniques to use:

- Calm Breathing-Taking slow breaths, count slowly to 5, in through your nose and out through your mouth making certain breaths go to your belly and not your chest. Belly breathing helps to relieve stress.
- Progressive Muscle Relaxation-While sitting or lying down tightening and then relaxing different muscle groups like, your shoulders, hands, belly, toes, helps you to know when they are tense versus when they are relaxed.
- Guided Imagery-While sitting and lying down clear your mind and let go of any stress by deeply breathing and imaging with all your senses you are in a relaxing place. It could be a place in nature or a favorite place you have been.
- Yoga can provide you and the children you care with ways to relax your body and mind.

Apps to explore: Apps for your phone, computer and watch like Calm, Balance and Breathe offer a free component for use and provide stories, sounds from nature, motivational talks, and reminders to breathe. Check out the 5-minute videos from the Center on the Developing Child, Harvard University website entitled, “How Children and Adults Can Build Core Capabilities for Life” and “InBrief: Early Childhood Mental Health” at www.developingchild.harvard.edu.

Child Development

Reminder: Members must call to register and all trainings are held virtually until further notice!

Feeling Good, Feeling Great-Strategies for Building Children's Self Esteem, CD (All Levels)

Sat., June 12, 9:30 a.m. – 1:00 p.m.

Fee: \$35 members, \$45 non-members

Trainer: Linda Bratcher

Positive self-esteem is a critical ingredient for happiness and success. Self-esteem is shaped not only by children's own perceptions and expectations, but also by the perceptions and expectations of significant people in their lives. This workshop will give teachers the strategies they need to help children develop positive self-esteem.

"I Love You Rituals" and Other Routines for Infants and Toddlers, CD (All Levels)

Tue., July 13, 6:30 p.m. – 8:30 p.m.

Fee: \$25 members, \$35 non-members

Trainer: Cara Bethke

The workshop will outline the impact of intentional, positive strategies on infant and toddler brain development. Participants will learn about the effects of a negative attention cycle on children's ability to connect with adults in positive ways. Participants will create a plan to incorporate rituals and routines into daily activities that contribute to positive cycles of brain development.

Let's Hear it for the Boys, CD (All Levels)

Tue. & Thur., August 3 & 5, 6:30 p.m. – 8:00 p.m. each day

Fee: \$35 members, \$45 non-members

Trainer: Deborah Wood

Male-female differences include the structure of the brain. While equal opportunities for boys and girls may be an assumed right, child care professionals - of whom 98% are female - need to be mindful of biologically based differences. This workshop provides many hands-on examples of how to incorporate appropriate expectations of boys for problem solving, emotions, language and behavior.

Bottoms Up! Tummy Time Fun, CD (All Levels)

Sat., August 7, 9:30 a.m. – 1:00 p.m.

Fee: \$35 members, \$45 non-members

Trainer: Deanna Tobin

Tummy time is easy to implement in any child care setting and is critically important to supporting healthy infant development and preventing a number of infant disorders. Knowing about the importance of tummy time and how it can be implemented throughout the day, teachers can incorporate prone positioning in their classrooms and conversations with parents which in turn will help with the growth and development of infants.

Cultivating Creative Problem Solvers, CD (All Levels)

Sat., September 11, 9:30 a.m. – 1:00 p.m.

Fee: \$35 members, \$45 non-members

Trainer: Deanna Tobin

Teachers lose valuable instruction time to time spent mediating conflicts between students. In this training participants will learn

how to teach their young students to manage their emotions and resolve conflicts collaboratively with their peers. Participants will also practice appropriate responses to resolving conflict.

Community

Creating Culturally Rich Environments with Loose Parts, COM (All Levels)

Sat., June 19, 9:30 a.m. – 1:00 p.m.

Fee: \$35 members, \$45 non-members

Trainer: Deanna Tobin

Young children are naturally curious about the people and places in their world, beginning with their family and local community. Creating an environment filled with loose parts that encourages exploration of their local culture and its people is an important component of early education.

From Chaos to Calm-Planning for a Multi-Age Group, COM (All Levels)

Sat., July 10, 9:30 a.m. – 1:00 p.m.

Fee: \$35 members, \$45 non-members

Trainer: Linda Bratcher

Working with mixed age groups of children can be a challenge! What do you do with the preschoolers when the baby cries? This workshop will help you plan activities that children of all levels can participate in.

Fostering Family and Community Partnerships, COM (All Levels)

Tue., August 17, 6:30 p.m. – 8:00 p.m. each day

Fee: \$35 members, \$45 non-members

Trainer: Linda Bratcher

"It takes a village to raise a child." Become aware of the resources that are available in the community to assist you and the families in your programs to provide for children and meet their needs. By becoming an advocate, each of us can meet the needs of children and families and contribute in a positive way to future generations.

Beyond Back to School Night - Family Involvement vs. Family Engagement, COM (Intermediate)

Sat., September 25, 9:30 a.m. – 1:00 p.m.

Fee: \$35 members, \$45 non-members

Trainer: Linda Bratcher

Early educators look for ways to include families in their programs in a variety of ways. Family engagement represents an active partnership in which early childhood educators and families work together in intentional and reciprocal ways to support quality learning experiences. This workshop presentation will help participants plan a variety of meaningful ways for families to actively engage in their programs.

Curriculum

Supporting STEM Through Play, CUR (Intermediate)

Thur., June 24, 6:30 p.m. – 8:30 p.m.

Fee: \$25 members, \$35 non-members

Trainer: Laura Terrell

Participants will learn how to support STEM learning by creating environments that provide opportunities for children to explore, create, and question during play. Participants will identify developmentally appropriate STEM learning activities using several Hatch Early Learning STEM Kits as well as discover ways to use materials already available in their programs.

The Skin You Live In, CUR (Intermediate)

Tue. & Thur., July 6 & 8, 6:30 p.m. – 8:00 p.m. each day

Fee: \$35 members, \$45 non-members

Trainer: Deborah Wood, PhD

Address the simple but complex topic of skin color differences with hands on activities appropriate to use with children. The workshop handouts include a list of picture books on the topic.

Activities for the Culturally Diverse Classroom, 2 CUR & 1 CD (All Levels)

Tue. & Wed., August 10 & 11, 6:30 p.m. – 8:00 p.m. each day

Fee: \$35 members, \$45 non-members

Trainer: Cara Bethke

This training will teach participants important implications for early childhood education and how they should develop clear objectives/goals for their instruction in order to select the best activities for children from culturally diverse backgrounds. This training will also teach participants how they can embrace the philosophy of lifelong learning regarding different cultures in order to improve their ethos in the support for diversity.

Counting on Math in Early Childhood Education, CUR (Intermediate)

Wed. & Thur., Sept. 8 & 9, 6:30 p.m. – 8:00 p.m. each day

Fee: \$35 members, \$45 non-members

Trainer: Cara Bethke

This course is designed to introduce child care providers to Mathematics and STEM in Early Childhood Education for children birth through 8 years of age. Topics include helping children learn about math concepts as they explore and discover.

Health, Safety, Nutrition

Taking Good Care of You, HSN (Intermediate)

Sat., July 24, 9:30 a.m. – 1:00 p.m.

Fee: \$35 members, \$45 non-members

Trainer: Deanna Tobin

This workshop will increase awareness of the need for caregivers to take care of themselves. Without good self-care, there may come a point when we have nothing left to give. Learn the signs of burnout, brainstorm ideas on how to avoid burnout and examine the importance of staying healthy. Participants will create a personal action plan for self-care.

Basic Health & Safety Training with Supporting Breastfeeding in Child Care, HSN (Intermediate)

Tue. & Thur, Sept. 21 & 23, 6:30 p.m. – 8:00 p.m. each day

Fee: \$35 members, \$45 non-members

Trainer: Laura Terrell

This workshop provides an overview of basic health and safety topics including the prevention and control of infectious diseases, SIDS, shaken baby syndrome and head trauma, food allergies, vehicle and transportation safety, child abuse, supporting breastfeeding, building safety and others. This workshop will satisfy the anticipated COMAR required training per federal CCDBG/CCDF guidelines as indicated by MSDE.

Professionalism

Achieving Quality Standards in Early Education, PRO (All Levels)

Tue. & Thur., June 8 & 10, 6:30 p.m. – 8:00 p.m. each day

Fee: \$35 members, \$45 non-members

Trainer: Cara Bethke

All programs have the opportunity to contribute and commit to a common goal that all children should be provided with the best care and education possible. Join us and explore the Maryland Quality Rating and Improvement Systems (QRIS) including Maryland EXCELS, Classroom Assessment Scoring Systems, Credential, and Accreditation.

Simple Strategies for Staying Healthy During Trying Times, PRO (All Levels)

Thur., July 15, 6:30 p.m. – 8:30 p.m.

Fee: \$25 members, \$35 non-members

Trainer: Laura Terrell

During these trying times deep, thoughtful, intentional self-care is critical for every professional in the early care and education field. In this workshop you will learn strategies to help you take care of yourself so you can take care of others.

How to Expertly Navigate Conflict in the Work Place, PRO (All Levels)

Tue. & Thur., Sept. 14 & 16, 6:30 p.m. – 8:00 p.m. each day

Fee: \$35 members, \$45 non-members

Trainer: Sheila Maness

Conflict is inevitable as people work together. It is not the conflict that is the problem, but people's reaction to it. The class teaches educators the common sources of conflicts in the work place, how to get to the root of the conflict, and how to handle it in a professional manner.

Special Needs

Understanding Attention Deficit Hyperactivity Disorder, SN (All Levels)

Tue. & Thur., June 15 & 17, 6:30 p.m. – 8:00 p.m. each day

Fee: \$35 members, \$45 non-members

Trainer: Sheila Maness

Participants will gain an understanding of ADHD/ADD behaviors, diagnosis procedures and strategies for overcoming challenging behaviors from children with ADHD/ADD.

Including All Children and the Americans with Disabilities Act (ADA), SN (All Levels)

Tue. & Wed., June 29 & 30, 6:30 p.m. – 8:00 p.m. each day

Fee: \$35 members, \$45 non-members

Trainer: Paul Armstrong

This workshop explores how centers and family child care providers can include children with special needs into their child care program. Using the Americans with Disabilities Act as a template, we will begin by exploring and understanding attitudes of staff, providers and parents that can make including children with special needs difficult.

Blooms of Inclusion: Implementing Universal Strategies for Inclusive Practice, SN (All Levels)

Tue. & Wed., July 20 & 21, 6:30 p.m. – 8:00 p.m. each day

Fee: \$35 members, \$45 non-members

Trainer: Paul Armstrong

What does true inclusion look like in a childcare program? In this module, we will look at evidence-based approaches to inclusive practice and explore tools for establishing program standards. We will learn strategies for continually improving practices that support inclusion, such as establishing strong collaboration with other professionals. As families are the experts on their child's needs, we will discuss strategies you can use to engage families as partners.

Including All Children and the Americans with Disabilities Act (ADA), SN (All Levels)

Tue. & Wed., Sept. 28 & 29, 6:30 p.m. – 8:00 p.m. each day

Fee: \$35 members, \$45 non-members

Trainer: Paul Armstrong

See description under June 29 & 30 class



MARYLAND EXCELS

CHECK FOR QUALITY EARLY CHILDHOOD
AND SCHOOL-AGE PROGRAMS

Are you an early childhood or school-age child care program? Participate in Maryland EXCELS and join a community committed to demonstrating why quality matters every day.

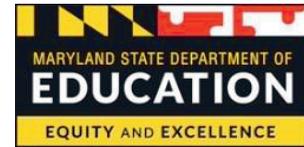
Participating programs are recognized for their commitment to high-quality child care and early education. Quality ratings are available to families to help them make informed choices in the care and education of their children.

Visit www.marylandexcels.org or email admin@marylandexcels.org for more information





Maryland Accreditation Orientation Schedule



Maryland Accreditation Orientation is now online until further notice.

The orientation is for child care centers and public prekindergarten programs.

Attending orientation is required within 12 months of beginning the Maryland Accreditation process.

Date	Time
Thursday, August 5, 2021	10:00 AM – 12:00 PM
Thursday, November 4, 2021	10:00 AM – 12:00 PM
Thursday, February 3, 2022	10:00 AM – 12:00 PM
Thursday, May 5, 2022	10:00 AM – 12:00 PM

If you have not attended an orientation within the past year, please register for one of the above dates by sending an email to accreditation@marylandexcels.org. Enter **Maryland Accreditation Orientation** in the subject line of your email and include the following information:

- Program Name
- Child Care Center License Number or School ID Number
- Your Name
- Your Email Address
- Your Phone Number
- Date of orientation session

Registrants will receive an email with access for joining the orientation prior to the orientation date.

If you have any questions about Maryland Accreditation Orientation, please contact accreditation@marylandexcels.org.

Rev. 9/20

Prince George's Early Mental Health Consultation Program: Project WIN

Project WIN (Wise Intervention Now) is designed to address the social and emotional needs of children from birth to five years old. Children enrolled in licensed or informal child care settings throughout Prince George's County are eligible. Our program promotes positive social and emotional development which is a key to school readiness. Project WIN can help with free consultation and support for young children and those who care for them, including:

- Telephone consultations for parents and childcare providers
- Site visits, when available, by project staff to conduct observations
- Program assessment and recommendations
- Strategies for meeting children's needs
- Referral of children to community services, if needed
- Workshops for parents and providers
- Technical assistance services as needed

Do you know of a child experiencing difficulties in a child care setting? **Give one of our mental health consultants a call at 301-772-8420.**

Technical Assistance for Your Program and Professional Development Needs

PGCRC offers technical assistance services to help you meet regulatory requirements, offer high quality services and support your professional development. Our technical assistance can help you with a variety of program needs, including design or expansion of your child care space and development or revision of your contract and/or handbooks. We are also ready to support your participation in Maryland EXCELS and the MD Child Care Credential Program.

Throughout the year, we will offer group technical assistance sessions that cover a variety of professional development topics. We will send out announcements so you may join us as we discuss and share ideas to enhance the quality of your program and help you grow as an early childhood professional. If you want technical assistance services, or more information on the group sessions, contact **Laura Terrell, Director of Training and Technical Assistance, 301.772.8420, ext. 1011 or technicalassistance@pgcrc.org.**

On-Site Training

A well-trained staff is a key component to providing quality child care. One of the ways Prince George's Child Resource Center has supported staff training is through on-site trainings. During the pandemic we have missed opportunities to visit child care programs and offer on-site trainings. However, we want to remind centers and family child care providers who want to experience training as a group – that we can still offer on-sites virtually. Workshops are available in all Core of Knowledge areas as well as a wide variety of topics. We have been awarded funding for professional development and encourage you to set up your on-site while funding is still available. Whatever your group training needs may be, PGCRC can meet them! Contact Laura Terrell, Director of Training and Technical Assistance at 301.772.8420, ext. 1011

REGISTRATION POLICIES

The Resource Center is proud of the training sessions that are developed and presented at PGCRC for the child care providers of Prince George's County. We know that you are on the front line when it comes to preparing our children for school and for life, and we are grateful that you come to us for training. Our goal is for every training session to meet Maryland State Department of Education standards and be interesting, informative and high quality.

Registration is on a first come basis. Class size may be limited so early registration is always suggested. Non-members can register online at www.childresource.org and members should call to register. We accept Visa, MasterCard, Discover, American Express or money orders. We Do Not Accept Cash. There are NO Refunds unless the class is cancelled. Transfers must be done 24 hours in advance.

FOR A BETTER VIRTUAL TRAINING:

1. Please be on time so you may be checked in and try to sit in a quiet location where you will not be disturbed.
2. Use camera/video during the entire webinar. (Reports are checked for attendance and participation!)
3. Please familiarize yourself with the location of the chat box and mute features.
4. Be an active participant. Provide your inputs to polling and respond to requests for verbal comments or questions.
5. Please mute your microphones when not speaking to reduce background noise. Headphones are the best to use during the training.
6. Complete assessment and submit evaluation to get credit/certificate for the course.
7. Add training@pgcrc.org and no-reply@zoom.us to your email contacts so you it does not go into your spam folder.

LOCATE COMPLAINT POLICY

A parent who is dissatisfied with a caregiver may call LOCATE to register a complaint. The counselor who receives this type of call must be prepared to talk with the parent about his/her concerns, maintaining a position of respect for the parent's rights and responsibilities in this matter. In addition, the counselor must provide objective counsel to the complainant and not form a judgment about the child care provider or program being discussed.

Some difficulties between parents and providers can be worked out over a period of time and with discussion. Accordingly, a complainant is provided with suggestions on how to approach the caregiver or center director, when appropriate. However, if the parent calling LOCATE with a concern feels that there has been a violation of a regulatory standard, and it is serious enough to warrant an investigation by the agency responsible for monitoring the facility, the counselor's role in these situations becomes one of encouraging the parent to report the violation to the appropriate authority, and providing him/her with the name and phone number of the person(s) to whom complaints should be addressed.

The LOCATE Complaint Policy categorizes complaints according to the perceived seriousness of the threat to the health, safety or welfare of the child. The three types of complaints recognized are Serious Complaints, Less Serious Complaints Involving Violation, and Less Serious Complaints- No Violation. The counselor who is the recipient of a complainant's concern will complete a Complaint Form during or immediately after the conversation with the parent. The counselor will report the complaint to the LOCATE Director or designee and answer questions concerning the nature of the complaint. After this discussion, the LOCATE Director or designee will determine the category and initiate the process for temporarily stopping referrals to the provider or program by LOCATE if necessary, based on the perceived seriousness of the violation.

When a Serious Complaint Involving Violation is received, referrals to the facility cease. The LOCATE Director or designee contacts OCC concerning the alleged violation, and informs the provider or program of LOCATE's actions. The temporary halt on referrals will remain in effect until the regulatory agency completes its investigation. The decision to continue to halt referrals or resume referrals is based on the action, if any, taken by the regulatory agency. The LOCATE Director also informs the provider or program, by mail, that a complaint has been lodged against them.

For complaints falling in the category of Less Serious Complaints Involving Violation, the LOCATE Director also informs the provider or program, by mail, that a complaint has been lodged against them. When a complaint in the category of Less Serious Complaints- No Violation is received, the LOCATE Director or designee does not halt referrals, notify the regulatory agency or notify the provider or program of the complaint.

Online Child Care Professional Education Center

Along with offering MSDE approved training courses on the virtual platform Zoom, the Maryland Child Care Resource Network partners with Smart Horizons to offer MSDE approved training through its online platform. The courses are designed to help early childhood professionals complete annual training requirements and acquire required training hours for those working on a Child Development Associate (CDA) credential, CDA renewal or some pre-service requirements. If you are interested in learning more about the courses offered through Smart Horizons, visit our website at www.childresource.org and click on Training to access "Online Training."

IMPORTANT TELEPHONE NUMBERS

Maryland Family Network LOCATE: Child Care for Providers (Vacancy Update) Maryland Family Network LOCATE: Child Care for Families (Parents Seeking Child Care) Maryland Family Network LOCATE Enhanced Services for Families	866-752-1614 877-261-0600 800-999-0120
PGCRC's Family Support Center (Adelphi/Langley Park)	301-431-6210
Prince George's County Food Assistance Program	301-909-6343
Prince George's County Energy Assistance Program	301-909-6330
Maryland State Child Care Association	msscaa@comcast.net
Prince George's County Child Find	301-925-6600
Prince George's County Infants and Toddlers Program	301-925-6627
Prince George's County Child Protective Services	301-909-2300
Prince George's County Department of Social Services	301-909-7000
Prince George's County Family Child Care Association (Meena Gaafar)	301-352-2377
Maryland National Capitol Parks and Planning Commission (MNCPPC)	Northern Area Office 301-699-2255 Central Area Office 301-445-4500 Southern Area Office 301-218-6700 301-203-6000
Maryland State Department of Education	877-605-1539
Medical Assistance	855-642-8572
Prince George's County Office of Child Care (Licensing Office) (Region 4)	301-333-6940
Prince George's County Public Schools www.pgcps.org	301-952-6000
Prince George's County School Boundaries	301-952-6300
Professional Child Care Provider Network of Prince George's County (Arlene Ennis)	pccpnpgc@gmail.com
Child and Adult Care Food Program	301-817-0535 ext. 41393
Child Care Subsidy Vouchers (CCS)	866-243-8796
WIC (Women, Infants and Children)	Hotline 800-242-4wic Prince George's 301-856-9600
Prince George's County Housing & Homeless Services	301-883-5501

Staff Contacts

Name	Phone Number Email
Jennifer Iverson (Executive Director)	301.772.8420, ext. 1005 jiverson@pgcrc.org
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Laura Terrell (Director of Training and Technical Assistance)	301.772.8420, ext. 1011 lterrell@pgcrc.org
Sheila Maness (Director of Special Programs)	301.772.8420, ext. 1012 smaness@pgcrc.org
Paul Armstrong (Project WIN, Early Childhood Mental Health Consultant)	301.772.8420, ext. 1014 parmstrong@pgcrc.org
Eileen Brooks (Project WIN, Early Childhood Mental Health Consultant)	301.772.8420, ext. 1009 ebrooks@pgcrc.org
Francine Bobbitt (Training Assistant)	301.772.8420, ext. 1001 fbobbitt@pgcrc.org
Karla Simpson (Program Assistant, Membership Coordinator)	301.772.8420, ext. 1002 ksimpson@pgcrc.org
Training Department	301.772.8420 training@pgcrc.org

The following codes found after each title indicate the Core of Knowledge Domain:

SS = Super Saturday CD = Child Development COM = Community CUR = Curriculum HSN = Health, Safety and Nutrition PRO = Professionalism SN = Special Needs

All PGCRC trainings are approved by Maryland State Department of Education, approval numbers CKO-156225, CTO-156226 & PSO-155330. For general information concerning Training, Resource and Referral services, or other questions you might have, please contact us at 301.772.8420 or visit our website: www.childresource.org.

WORKSHOP INDEX

Date	Workshop Title	Start Time	COK Earned	Pg.#
Tue. & Thur., June 8 & 10	Achieving Quality Standards in Early Education	6:30 PM	3 PRO	4
Sat., June 12	Feeling Good, Feeling Great - Strategies for Building Children's Self Esteem	9:30 AM	3 CD	3
Tue. & Thur., June 15 & 17	Understanding Attention Deficit Hyperactivity Disorder	6:30 PM	3 SN	5
Sat., June 19	Creating Culturally Rich Environments with Loose Parts	9:30 AM	3 COM	3
Thur. June 24	Supporting STEM through Play	6:30 PM	2 CUR	4
Tue. & Wed., June 29 & 30	Including All Children and the Americans with Disabilities Act (ADA)	6:30 PM	3 SN	5
Tue. & Thur., July 6 & 8	The Skin You Live In	6:30 PM	3 CUR	4
Sat., July 10	From Chaos to Calm - Planning for a Multi-Age Group	9:30 AM	3 COM	3
Tue., July 13	I Love You Rituals & Other Routines for Infants and Toddlers	6:30 PM	2 CD	3
Thurs., July 15	Simple Strategies for Staying Healthy During Trying Times	6:30 PM	2 PRO	4
Tue. & Wed., July 20 & 21	Blooms of Inclusion: Implementing Universal Strategies for Inclusive Practice	6:30 PM	3 SN	5
Sat., July 24	Taking Good Care of You	9:30 AM	3 HSN	4
Tue. & Thur., August 3 & 5	Let's Hear It for the Boys!	6:30 PM	3 CD	3
Sat., August 7	Bottoms Up! Tummy Time Fun	9:30 AM	3 CD	3
Tues & Wed., August 10 & 11	Activities for the Culturally Diverse Classroom	6:30 PM	2 CUR & 1 CD	4
Tue., August 17	Fostering Family and Community Partnerships	6:00 PM	3 COM	3
Tue. August 31	Communication 101: The Basics	6:00 PM	3 PRO	4
Wed. & Thur., September 8 & 9	Counting on Math in Early Childhood Education	6:30 PM	3 CUR	4
Sat., September 11	Cultivating Creative Problem Solvers	9:30 AM	3 CD	3
Tue. & Thur., September 14 & 16	How to Expertly Navigate Conflict in the Work Place	6:30pm	3 PRO	4
Tue. & Thur., September 21 & 23	Basic Health & Safety Training with Breastfeeding	6:30 PM	3 HSN	4
Sat., September 25	Beyond Back to School Night	9:30 AM	3 COM	3
Tue. & Wed., September 28 & 29	Including All Children and the Americans with Disabilities Act (ADA)	6:30 PM	3 SN	5

MSDE-Office of Child Care Training Requirements

Family Child Care (New Applicant):

- Pre-Service 24 Hours Training (4 CD, 4 COM, 4 CUR, 4 SN, 4 HSN & 4 PRO)
- Emergency Preparedness
- Medication Administration
- Including All Children and the Americans with Disabilities Act (ADA)
- CPR and First Aid Certification
- SIDS, SUID and Other Sleep-Related Infant Deaths
- Basic Health & Safety Training with Supporting Breastfeeding in Child Care
- Verify requirements with your licensing specialist prior to workshop registration

First Renewal Year (Applicants must take 18 Hours)

- 3 hours in Child Development (CD)
- 3 hours in Health, Safety, Nutrition (HSN)
- 3 hours in Professionalism (PRO)
- 3 hours in Working with Mixed Age Groups
- 6 hours in any core of knowledge area (CD, COM, CUR, HSN, SN, PRO)
- Current CPR and First Aid Certification
- Verify requirements with your licensing specialist prior to workshop registration

Family Child Care (After first renewal) (12 hours every year)

- 12 hours in any core of knowledge area (CD, COM, CUR, HSN, SN, PRO)
- Current CPR and First Aid Certification
- Verify requirements with your licensing specialist prior to workshop registration

Child Care Center Staff

- Current CPR and First Aid Certification
- Teacher / Assistant Teacher: 12 hours in any core of knowledge area (CD, COM, CUR, HSN, SN, PRO)
- Director: 12 hours in any core of knowledge area (CD, COM, CUR, HSN, SN, PRO)
- Aide: 6 hours in any core of knowledge area (CD, COM, CUR, HSN, SN, PRO)
- Verify requirements with your licensing specialist prior to workshop registration

New Center Staff (Additional requirements may include, but not limited to)

- Current CPR and First Aid Certification
- Infant/Toddler Teacher: 45 hours Infant/Toddler Certificate, 90 Hours Certificate
- Preschool Teacher: 90 Hours Certificate
- Center Director: 45 Hours Administrative Certificate, 90 Hours Certificate
- Center Aide: Center Aide Orientation

Additional Training (For Assistant Teachers, Teachers, Group Leaders)

- 9 Hour Communication Training
- Including All Children and the Americans with Disabilities Act (ADA)
- Basic Health & Safety Training with Supporting Breastfeeding in Child Care
- Emergency Preparedness
- Medication Administration
- SIDS, SUID and Other Sleep-Related Infant Deaths (Only for those working with infant/toddlers)
- Verify requirements with your hiring manager prior to workshop registration



PGCRC is a member of the Maryland Child Care Resource Network with funding provided from the Maryland State Department of Education through Maryland Family Network.