

February
2022

ISSUE 7
VOLUME 1

THE FSC FLYER

ADELPHI/LANGLEY PARK FAMILY SUPPORT CENTER
NEWSLETTER



www.childresource.org



WHAT'S INSIDE:

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- News from Our Center
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A NOTE FROM NATHALIE

Hello February!

Although it is the shortest month, it's packed with special days and significant history celebrations.

We honor the ongoing and historical contributions of Black Americans this month and celebrate the Lunar New Year! We are so fortunate to have such diverse staff and multicultural participants- learning about one another's cultures and appreciating our differences truly takes our connection to the next level.

This month also includes Valentine's Day, a day celebrating love, and you know what? I can wholeheartedly say that our team LOVES each and everyone of our participants and their children. We thank you for continuing to take this journey with us and we cannot wait until we can be together in person again.

In this together,

Nathalie





SHANAE BROCKINGTON



DESSALINA ROBERTS



BIENVENIDA JAMES

CHILD DEVELOPMENT CLASSROOM

The themes for the child development classroom this month are: Love and African American History. We will learn about how to give, spread, and receive love from our peers and families.

In addition, we will also learn about some prominent figures that have paved the way throughout African American History. The book that we will be highlighting will be "I Am Enough" by Katie Depalma. This story highlights differences amongst persons. The central theme of the story is that although we all may be different, we can get along, help and love one another.

We have a special birthday this month:

Douglas 2/18 (4 years)

Happy Birthday!



KATHIA JAMES

SERVICE COORDINATION

The Service Coordination group theme this month is Loved and Vaxxed! We are celebrating our families getting the COVID vaccines. Being healthy is important and making the decision to get the COVID vaccine for adults and children protects our present and future generations.

Benefits of getting the COVID-19 vaccines:

- Getting vaccinated against COVID-19 can lower your risk of getting and spreading the virus that causes COVID-19.
- Vaccines can also help prevent serious illness and death.
- All steps have been taken to ensure that vaccines are safe and effective for people ages 5 years and older.

If you already had COVID-19, you should still get a COVID-19 vaccine for added protection. When you are up to date on COVID-19 vaccination, you can resume many activities with proper precautions (e.g., mask wearing in indoor public spaces).

Happy Birthday to the following participants:



Soma R. 2/3
Lourdes A. 2/7
Glenda H. 2/17
Sadiya I. 2/23



JULIANA COLE

ADULT EDUCATION CLASSROOM

By the time you read this note, I would have retired but it is important to me to let you know that I will miss you.

I will always keep the great memories we made together in my heart. I am proud of all your families and the effort you put into making yourselves better everyday.

Keep moving forward!



LOIS DYER

OUR STORY IN NUMBERS

- 1 participant attended the Advisory Group
- Diapers delivered: 1500!
- 1 family recovered from COVID
- 24 parents attended virtual parent support group
- 1 car seat delivered
- 1 participant started attending McGuire therapy session



LUCAS ESCANO

TRANSPORTATION NEWS

Please wear a mask and if you are sick, tell Ms. Kathia and we can arrange your delivery or reschedule as needed.

Thank you for allowing me to serve you!



JENIFFER HERNANDEZ

OFFICE MANAGER UPDATES

Happy Valentine's Day!

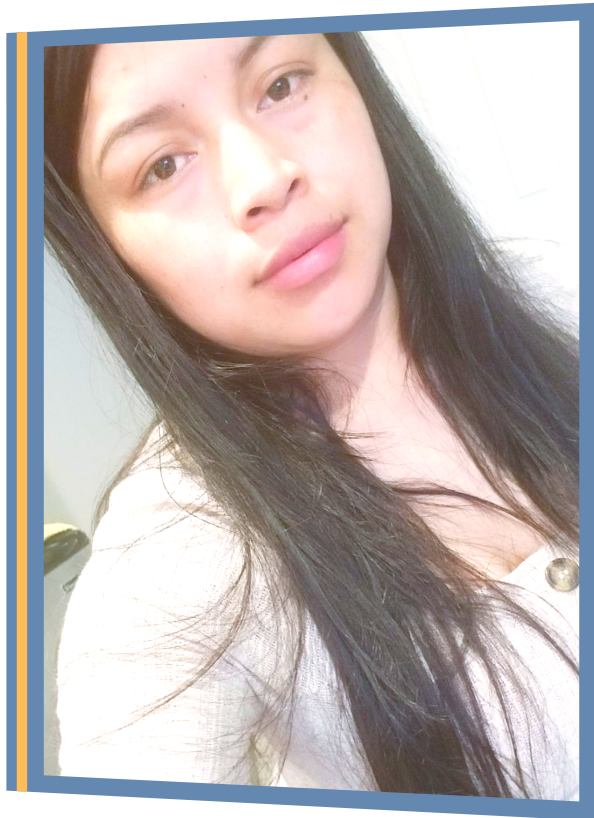
One of the fastest ways to someone's heart is through their stomach. Let's spread the love by sharing pictures of a sweet treat to let us know how you will be spending this Valentine.

Encourage your family, close ones, and friends to get the vaccine and hopefully end this pandemic!

LOVED & VAXXED is our theme. Help us celebrate by taking it a step further by sharing a treat with someone who might not have a Valentine!

For more information on how to obtain a free car seat email me at jhernandez@pgcrc or call me at 301-431-6210 EXT-1100.

PARTICIPANT OF THE MONTH: SUGLY D.



Congratulations to this month's Participant of the Month: Ms. Sugly D.!

Ms. Sugly has been in the program for quite some time. She readily participates in the activities given by the Child Development Team. She cares for her baby and makes his well-being a top priority. She is also very pleasant and receptive to any information given.

Participant Sugly has shown interest in completing all the steps to continue being part of the ESL classes such as: having good communication with our Service Coordinator, Asking questions in order to be able to follow the steps to attend the ESL testing appointments, completing her Covid-19 form online, having good attendance to all sessions and communicating when she is not able to do it.

Congratulations Ms. Sugly!

HELPFUL RESOURCES

SHARE FOOD NETWORK

Get affordable, nutritious groceries! Select language to choose your preferred one.

[HTTPS://WWW.CATHOLICCHARITIESDC.ORG/SHARE/](https://www.catholiccharitiesdc.org/share/)

MAKE SURE YOU INSTALL YOUR CHILD'S CAR SEAT CORRECTLY! WATCH THIS VIDEO FOR INSTRUCTIONS. THE FIRST LINK IS IN SPANISH. THE SECOND VIDEO IS IN ENGLISH.

Video #1: Vea el video "Pasos sencillos para la seguridad de los niños pasajeros

<https://youtu.be/9dWOFpxoaUo>

Video #2: Watch the video "Simple Steps For Child Passenger Safety"

https://youtu.be/tSbo_W00tvs

INTRODUCING...

DR. SUSANNA MCPHILOMY

Our New Adult Education Instructor!



We are so excited to welcome the newest member of our team. Susie (as she prefers to be called), comes to us from Prince George's Community College. She has over 45 years of teaching experience and is a passionate lifelong educator who is ready to lead our participants on their English learning journey.

Welcome Susie!

HELPFUL RESOURCES

HOW DO YOU OBTAIN A VIRTUAL LIBRARY CARD?

[HTTPS://WWW.PGCMLS.INFO/CONTACT-US](https://www.pgcmls.info/contact-us)

GET YOUR COVID VACCINE AT THE LIBRARY:

[HTTPS://PGCMLS.INFO/EVENT/5858673](https://pgcmls.info/event/5858673)

LOOK UP FINANCIAL ASSISTANCE, FOOD PANTRIES, MEDICAL CARE, AND OTHER FREE OR REDUCED-COST HELP HERE:

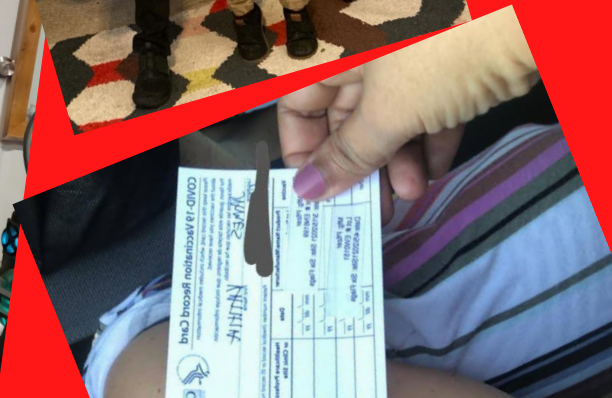
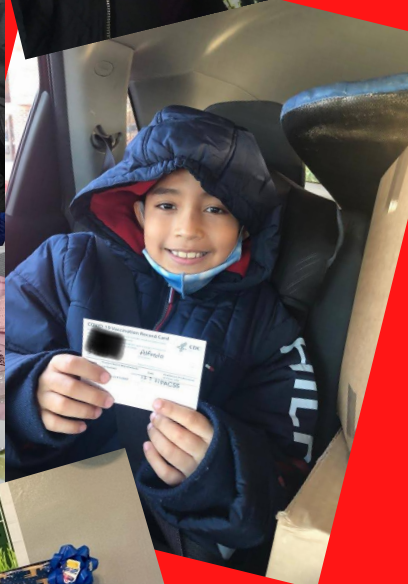
[HTTPS://WWW.FINDHELP.ORG/SEARCH_RESULTS/20783?WIDGET=JHHEALTH&REF=HTTPS://WWW.PPMCO.ORG/](https://www.findhelp.org/search_results/20783?WIDGET=JHHEALTH&REF=HTTPS://WWW.PPMCO.ORG/)




LOVED & VAXXED



Sharing Our Love at the FSC



February 2022

SUN	MON	TUE	WED	THURS	FRI	SAT
ESL - ENGLISH AS A SECOND LANGUAGE OR ENGLISH FOR SPEAKERS OF OTHER LANGUAGES (ESOL) ABE - ADULT BASIC EDUCATION PACT - PARENTS AND CHILD/REN TOGETHER		1 8-11 AM ESL/ABE CLASS 11:15-11:45 AM PACT 12:00-3:00 PM DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP	2 EMPLOYMENT READINESS 10-11 AM	3 PARENT ADVISORY GROUP 10-11 AM	4 PACT 11:15 AM	5
6	7 8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS	8 8-11 AM ESL/ABE CLASS 11:15-11:45 AM PACT 12:00-3:00 PM DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP	9 8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS	10 8-11 AM ESL/ABE CLASS 12:00-3:00PM DISTANCE LEARNING FOR TRANSITIONS- HIGH ESL/ABE/DIPLOMA PREP. 3-3:30 PM CIRCLE TIME	11 ORAL HYGIENE (BILINGUAL) 10-11 AM PACT 11:15 AM	12
13	14 8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS	15 8-11 AM ESL/ABE CLASS 11:15-11:45 AM PACT 12:00-3:00 PM DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP	16 8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS	17 8-11 AM DISTANCE LEARNING FOR ESL/ABE 12:00-3:00PM DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP. 3-3:30 PM CIRCLE TIME	18 TENANT RIGHTS (BILINGUAL) 10-11 AM PACT 11:15 AM	19
20	21 	22 8-11 AM ESL/ABE CLASS 11:15-11:45 AM PACT 12:00-3:00 PM DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP	23 8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS	24 8-11 AM DISTANCE LEARNING FOR ESL/ABE 12:00-3:00PM DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP. 3-3:30 PM CIRCLE TIME	25 PACT 11:15 AM	26
27	28 8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS					


 celebrating 30 years of
**PRINCE GEORGE'S CHILD
RESOURCE CENTER, INC**

Dates to Remember



**MARYLAND
FAMILY
NETWORK**
*Leading Maryland's
Family Support Centers*

FEBRUARY 2
EMPLOYMENT READINESS
10-11 AM

FEBRUARY 3
PARENT ADVISORY GROUP
10-11 AM

FEBRUARY 11
ORAL HYGIENE SESSION
(BILINGUAL)
10-11 AM

FEBRUARY 18
TENANT RIGHTS
(BILINGUAL)
11-2 PM

FEBRUARY 21
PRESIDENT'S DAY
CENTER IS CLOSED