June 2022 ISSUE 11 VOLUME 1

# THE FSC FLYER

ADELPHI/LANGLEY PARK FAMILY SUPPORT CENTER NEWSLETTER









Happy Father's Day to all of our dads and father-figures!

Pictured ()

## **WHAT'S INSIDE:**

- A Note from Nathalie Coward, our Family Support Center Director
- News from Our Center
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- Shout Outs
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- Thank You Ms. Shanae!
- Calendar of Events

### A NOTE FROM NATHALIE

June is here and with it comes summertime! As the hot days begin, please take extra precautions to never leave your children or pets in your car unattended-cars heat up really fast and a quick errand can be dangerous!

This month, we are celebrating all of the papas, dads, padres, babas, dadas, fathers, and papis!

We are also honoring our amazing Child Development Specialist, Ms. Shanae Brockington who is leaving us to begin her next adventure in Georgia! Shanae, you will be missed!

We are preparing to welcome a small group of families back to the center in July. Stay tuned for updates!

In this together,





SHANAE BROCKINGTON





**DESSALINA ROBERTS** 

**BIENVENIDA JAIMES** 

## CHILD DEVELOPMENT CLASSROOM

The theme for the Child Development classroom this month is summer fun! We will discuss safe summer activities as well as seasonal transitions.

The book that we will be highlighting for this month is "And Then Comes Summer" by Tom Brenner. This fun filled book showcases many of the fun activities that occur when school ends and summer begins! This entertaining read will assist your child with recognizing prominent transitions and life changes.

From Ms. Shanae: Families, it has been such a great privilege to have been able to serve you and your children these past three years. You all have accomplished so much and I have enjoyed watching you and your children learn and grow. It is with much sadness that I announce that at the conclusion of this month, I will be leaving the program and relocating to explore my next venture. I thank you all for sharing this time with me and I wish you the best and much success in your future endeavors.

We have one special birthday this month:

Happy Birthday! Jacob -6/19-(2 years)



KATHIA JAMES

## SERVICE COORDINATION

Happy Father's Day to all of our dads!

This month we'll start our Nurturing Parenting Program and we hope to start our sessions soon.

What is the Nurturing Parenting Program?

The programs feature activities to foster positive parenting skills with nurturing behaviors, promote healthy physical and emotional development, and teach appropriate role and developmental expectations.

Please sign up with Ms. Kathia to join the group and learn and support each other.

No June Birthdays!









DR. SUSIE MCPHILOMY

# ADULT EDUCATION CLASSROOM

This month has been especially festive since we wish to acknowledge all those who submitted their essays for the Maryland Family Network's annual essay contest.

Shout-out to: Ramzia, Adelaida, Ada, Yessica, Liliana, Ingrid, Abrhat, Eva, Mirna (Level 3 and 4)! Very proud of Zucely and Glendi who were both promoted to Level 3 and have advanced in their skills due to diligent work, excellent attendance, and active engagement in Level 2!

This month my students learned how to be smart consumers, how to get a driver's license in MD, find places to volunteer in order to practice their English and possibly find a job. So proud of my ladies!



**LOIS DYER** 

## **OUR STORY IN NUMBERS**

- Adult Ed. Activities: 169
- Family Health Activities: 15
- Parenting Education Activities: 368
- Life Skills Activities: 32
- PACT Activities: 9
- New Adult Participants: 3
- New Child Participants: 2
- New Babies Born: 1
- Virtual Circle Times: 4
- Virtual Circle Time Attendance: 15
- Virtual Field Trips: 1
- Peer Support Groups: 4
- Peer Support Group Attendance: 20
- Diapers Delivered: 1200





**LUCAS ESCANO** 

## TRANSPORTATION NEWS

Thank you for continuing to allow me to serve you and for committing to wear your masks.

I will be off the last week of June, but will resume deliveries July 5th. Please stay safe.

We will also review safety procedures for the bus and van to prepare for when we welcome back some participants next month!



JENIFFER HERNANDEZ

OFFICE MANAGER UPDATES

### HAPPY FATHER'S DAY!

Father's Day is the perfect opportunity to celebrate our dads, father figures and influential men in our lives. While Father's Day is celebrated at different times of the year depending on which country you're in, most of the world will celebrate this special day on June 19th this year.

As we continue our battle through this pandemic, we are still working closely on implementing a safe COVID-19 protocol plan to make sure all of us feel safe to get back in the center.



## PARTICIPANT OF THE MONTH: GLENDI R.



Glendi Rodas is the student of the month! Glendi is highly responsible, creative, fun, and always actively engaged in all class activities. Although a mother of two young children with a part-time job, she is always prepared and does her best to advance in her language skills and as a result was recently promoted to Level 3! She smoothly transitioned to the higher level and continues to work hard on her progress. We are certain she will get a promotion at work and get a managerial position if she chooses so!

Ms Glendi serves as an excellent model during interactive activities with her peers and the child development team. She eagerly participates and cooperates during learning/bonding with her son, and regularly follows his lead to encourage growth, confidence and autonomy when completing tasks. Way to go Glendi! We are proud of you!

## **HELPFUL RESOURCES**

#### TRAUMA CARE RESOURCE HUB:

HTTPS://WWW.ZEROTOTHREE.ORG/RESOURCES/4412-SUPPORTING-FAMILIES-YOUNG-CHILDREN-AND-GUN-VIOLENCE? UTM MEDIUM=EMAIL&UTM SOURCE=EMAIL LINK&UTM CAMPAIGN=Q3 2022 C

OMMUNICATIONS+

#### A FAMILY GRIEF SUPPORT CENTER:

HTTPS://ROBERTASHOUSE.ORG/



## **EXECUTIVE DIRECTOR'S CORNER**

## Thinking about Father's Day...

I am very grateful to have the father that I do. And I know exactly what I admire most about him - he loves people so well. He can connect with everyone instantly, young and old, regardless of common language or experience. I have witnessed hundreds of ever-so-brief interactions where someone was standing a little taller, with a little more hope, after spending time with my dad. He sees the worth of every individual for who they are, and has boundless optimism for a bright future for all. My dad is 94 now! And he still brings people joy by truly seeing them and loving them in small ways.



My Dad and me last summer at the Jersey Shore

I had an unusual childhood. I lived in a big old house with my parents, but it was always full of people that my dad met who needed help. Teenagers with no where to go, hitchhikers he picked up who would end up living with us for months, and people who just needed a fresh start. At an early age, I learned a lot about how hard life can be. I'm sure it has a lot to do with the work that I do today - wanting everyone to have the support they need to live the life they want and deserve.

My dad has also been 'Father' to many, many outside of our biological family. When I threw a 90th birthday party for my dad, there were men there who told me that my dad was the only father they ever knew, and said "he saved my life." This is a good reminder to me to show up and be in relationship with those in my orbit. We never know what it might mean for that person.

Jennifer Iverson, Executive Director

## **HELPFUL RESOURCES**

MARYLAND DEPARTMENT OF HEALTH RELEASES GUIDANCE FOR FAMILIES SEEKING BABY FORMULA DURING NATIONAL SHORTAGE

HTTPS://HEALTH.MARYLAND.GOV/NEWSROOM/PAGES/MARYLAND-DEPARTMENT-OF-HEALTH-RELEASES-GUIDANCE-FOR-FAMILIES-SEEKING-BABY-FORMULA-DURING-NATIONAL-SHORTAGE-.ASPX

SESAME STREET RESOURCES FOR TRAUMA/ COMMUNITY GUN VIOLENCE: https://sesamestreetincommunities.org/topics/traumatic-

**EXPERIENCES/** 

HTTPS://SESAMESTREETINCOMMUNITIES.ORG/SUBTOPICS/COMMUNITY-GUN-VIOLENCE/



# SHOUT OUTS

Thank You to Our In-House Volunteers from PGCRC!

There's no way we could let another day go by without saying thank you to our amazing staff who pitched in to support our efforts at getting our center ready to welcome participants, staff, and community partners!



Thank you to Laura, Yenny, Jennifer, Eric, and Kelly! You rock!

# CELEBRATING OUR FATHERS!







# CELEBRATING OUR FATHERS!



Participants Honor Their Fathers and Father-Figures



Shanae, you will be missed. All the best on your new adventure!





SUN	MON	TUE	WED	THURS	FRI	SAT
ESL = ENGLISH AS A SECOND LANGUAGE OR ENGLISH FOR SPEAKERS OF OTHER LANGUAGES (ESOL)  ABE = ADULT BASIC EDUCATION PACT = PARENTS AND CHILD/REN TOGETHER			1 8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS	2 8-11 AM ESL/ABE CLASS  12:00-3:00PM DISTANCE LEARNING FOR TRANSITIONS- HIGH ESL/ABE/DIPLOMA PREP.  3-3:30 PM CIRCLE TIME	3	4
5	6 8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS	7 8-11 AM ESL/ABE CLASS 11:15-11:45 AM PACT 12:00-3:00 PM DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP	8 8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS	9 8-11 AM ESL/ABE CLASS 12:00-3:00PM DISTANCE LEARNING FOR TRANSITIONS- HIGH ESL/ABE/DIPLOMA PREP. 3-3:30 PM CIRCLE TIME	10 MEN'S HEALTH SESSION BY PRIORITY PARTNERS 10–11 AM	11
12	8-11 AM ESL/ABE CLASS  12:00-3:00 PM ESL/ABE CLASS	14 8-11 AM ESL/ABE CLASS 11:15-11:45 AM PACT 12:00-3:00 PM DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP	8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS	16 NO ENGLISH CLASSES/ END OF SEMESTER 3-3:30 PM CIRCLE TIME	17 EMPLOYMENT READINESS (JOB SEARCH RESOURCES) 10-11 AM	18
Happy Father's Day!	JUNETEENTH CENTER CLOSED	<b>21</b> 11:15-11:45 AM PACT	<b>22</b> NURTURING PARENTING SESSION (INTRODUCTION) PT. 1 10-11 AM	23 HEALTHY FAMILIES FATHERHOOD FESTIVAL 4-7 PM	24  NO REGULAR PROGRAMS/ NO ENGLISH CLASSES	25
26	27 NO REGULAR PROGRAMS/NO ENGLISH CLASSES	<b>28</b> NURTURING PARENTING SESSION (INTRODUCTION) PT. 2 10–11 AM 11:15–11:45 AM PACT	29 NO REGULAR PROGRAMS/NO ENGLISH CLASSES	30 NURTURING PARENTING SESSION (INTAKES) 10-11 AM 3-3:30 PM CIRCLE TIME		



## **Dates to Remember**



MARYLAND FAMILY NETWORK

Leading Maryland's Family Support Centers

#### JUNE 3

PARENT SUPPORT GROUP: **FATHERHOOD FESTIVAL REGISTRATION/ESL TESTING REQUIREMENTS** 10-11 AM

#### **JUNE 22**

**NURTURING PARENTING SESSION (INTRODUCTION) PT. 1** 10-11 AM

### **JUNE 10**

PRIORITY PARTNERS 10-11 AM

### **JUNE 17**

MEN'S HEALTH SESSION BY EMPLOYMENT READINESS (JOB SEARCH RESOURCES) 10-11 AM

### **JUNE 20**

JUNETEENTH HOLIDAY **CENTER CLOSED** 

### **JUNE 23**

**HEALTHY FAMILIES FATHERHOOD FESTIVAL** 4-7 P.M.

#### **JUNE 28**

**NURTURING PARENTING SESSION (INTRODUCTION)** PT. 2 10-11 AM

## **JUNE 30**

NURTURING PARENTING **SESSION (INTAKES)** 10-11 AM