

**April  
2023**

ISSUE 20  
VOLUME 2

# THE FSC FLYER

**30** celebrating 30 years of  
**PRINCE GEORGE'S CHILD  
RESOURCE CENTER, INC**



[www.childresource.org](http://www.childresource.org)



## Spring is Here!

### WHAT'S INSIDE:

- A Message From Mariela Hakans, Our Family Support Center Director
- News From Our Center
- Participant Of The Month
- Helpful Resources
- Spring Is Here!
- Shout Outs!
- Calendar of Events

### A MESSAGE FROM MARIELA

Helloooo Spring!!

I've been waiting to say that and it's finally here! Spring is one of my favorite seasons because I love seeing the animals pop out from their hibernation and seeing everything turn green again. I also can't wait to take my 8 month old son to his first outing at the playground.

Here at the center, we are looking forward to holding our first IN-PERSON Advisory Board meeting with our community partners and recognizing Child Abuse Prevention month.

*Mariela*





DESSALINA ROBERTS



BIENVENIDA JAMES

## CHILD DEVELOPMENT CLASSROOM

The theme for the child development classroom this month is reduce, reuse, and recycle. We will learn how to reduce waste, reuse materials, and recycle sustainable items. Discussing the three R's helps children understand how pollution affects our world and how we can keep our classrooms clean.

By following activities from Spencer the Sprout, both child and parent can engage in rich language development from the stories provided by Spencer. Click [here](#) to learn more about Spencer.

The book that we will be highlighting will be "Pepper Learns About Recycling" by Sterling Publishing. This book tells about how the main character, Pepper, learns all about recycling and how to sort and reuse items for future use.

### April Birthdays:

Hiyab Abraham & Harir Jamal 4/1  
Leo Mendez 4/9  
Jonathan Mendez 4/16



KATHIA DONALICIO

## SERVICE COORDINATION

**Spring is finally here!** After such a long and cold winter, it's thrilling to feel the wind in your hair and the warm sun on your face. Here are simple ways to enjoy the outdoors and celebrate spring: play in the rain, go on a walk, plant a garden, watch for wildlife, go on a picnic, etc. Please visit the PG Park and recreation website to find more information about outdoor activities in your area. <https://www.pg parks.com/1368/Outdoor-Activities>

### **April Is National Child Abuse Prevention Month**

National Child Abuse Prevention Month recognizes the importance of families and communities working together to prevent child abuse and neglect. Prevention services and supports developed by this collaboration can help to protect children and strengthen families.

<https://www.childwelfare.gov/topics/preventing/prevention-month>

### April Birthdays:

Mabell K. 4/10 Sugly D. 4/12  
Ada P. 4/15 Jeimy H 4/17  
Eva V. 4/22 Mirna C. 4/27  
So many birthdays this month!!





DR. SUSIE MCPHILOMY

## ADULT EDUCATION CLASSROOM

With the cherry blossoms, my students have blossomed too! Level 1 and 2 students are getting more actively involved in class and respond to questions much faster than before! As for Level 3-4, they have a much better understanding of grammar tenses, and use the language and new vocabulary with higher fluency and accuracy - especially those who are involved in the hybrid learning process.

Way to go, ladies! Special thanks to our food festival participants! It was a great cultural and learning experience!



LOIS DYER

## OUR STORY IN NUMBERS

- **Participants Served:** 39
- **Children Served:** 46
- **Adult Ed. Activities:** 2196
- **Life Skills Ed. Activities:** 889
- **Parent-Child Activities:** 4335
- **Virtual Circle Times:** 8
- **Diapers Delivered:** 1750





LUCAS ESCANO

## TRANSPORTATION NEWS

Thank you for continuing to allow me to serve you and for committing to wearing your masks.

About 1,750 diapers were delivered this month!

Thank you all for your support, and I look forward to seeing you all next month!

Be ready to smile when the delivery picture is taken!



JENIFFER HERNANDEZ

## OFFICE MANAGER UPDATES

The spring season has arrived! Fresh air and the feeling of spreading your wings after a long, cold winter. It's time to plan outdoor activities as the weather warms up and discover new spring experiences.

Perhaps we should visit the farmer's market, a garden, or go hiking? Do you have any ideas about what your next adventure might look like? During my hike, I will be enjoying the stunning natural beauty of the Shenandoah National Park.

For more information on car seats or if you have any questions, please contact me at [jhernandez@pgcrc.org](mailto:jhernandez@pgcrc.org)

If you would like to speak with me, please call 301-431-6210, extension 1100.



## PARTICIPANT OF THE MONTH: MIRNA G.



Mirna is one of the most responsible and hardworking students! Although a mother of two and 30 weeks pregnant, Mirna spares no effort in coming in person and studying to the best of her ability! She is currently doing 10-15-minute presentations on a weekly basis from the book "My Pregnancy" educating herself and the class about her progress as a learner and a mom! So very proud of this young lady!

Mirna is respectful and eager to learn. She regularly attends PACT and participates in all of the activities. We love that she is so open to suggestions and guidance regarding her child's development and progression.

Mirna has been with us for many years now and she's shown herself and her classmates that even though you are pregnant and have other children, you can still learn and improve yourself in anything you wish to. She has developed her leadership skills while attending the Leadership training this month and we are very proud of her!!

## HELPFUL RESOURCES

### **CHILD ABUSE AND PREVENTION AWARENESS INFORMATION:**

[HTTPS://WWW.CHILDWELFARE.GOV/TOPICS/PREVENTING/PREVENTIONMONTH/](https://www.childwelfare.gov/topics/preventing/preventionmonth/)

### **PG PARK AND REC SUMMER PROGRAMS INFORMATION AND MORE**

[HTTPS://WWW.PGPARKS.COM/629/SUMMER-PROGRAMS](https://www.pgparcs.com/629/SUMMER-PROGRAMS)

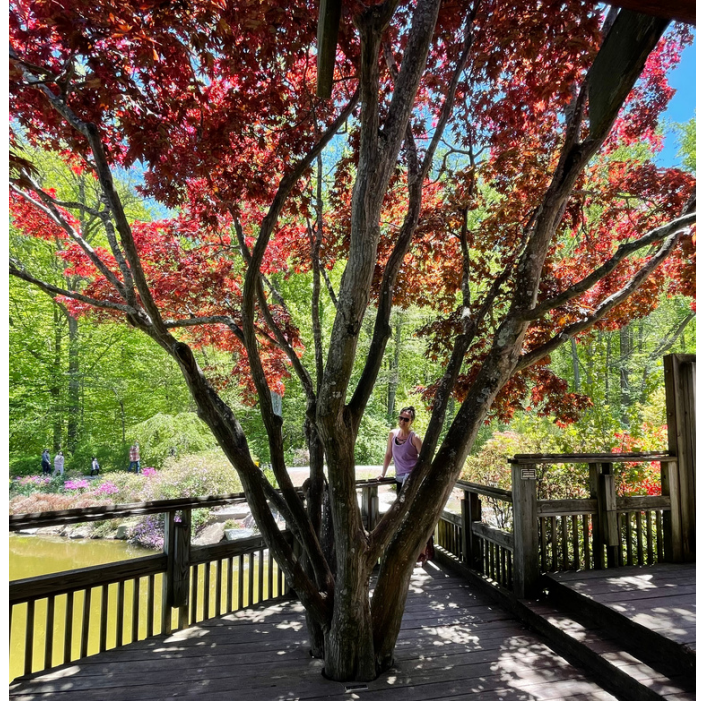
### **PG LIBRARY SYSTEM BORROWING TECH PROGRAM**

[HTTPS://WWW.PGCMLS.INFO/BORROW-TECHNOLOGY](https://www.pgcmls.info/borrow-technology)

## DIRECTOR'S CORNER

Spring brings new beginnings!

If you read very much of what I have written in my "Directors's Corner," you will have noticed that I really love to be out in nature. So of course it is easy to talk about Spring! I love Spring because it makes me think of **new birth and fresh starts.**



This is the time of year where I really pay attention to grass, trees, and flowers. I might be on a walk one day, and everything is brown...then the very next day I can see a little bit of green poking through. Life finding its way after being asleep all winter! Before you know it, trees are covered in leaves and there is so much green that it can almost hurt your eyes. It makes me think of the different seasons of my own life - sometimes I can feel asleep too. Not growing. Then hope makes its way into my heart and mind, and I come alive again, just like Spring.

## HELPFUL RESOURCES

### SEASONAL ALLERGIES INFORMATION

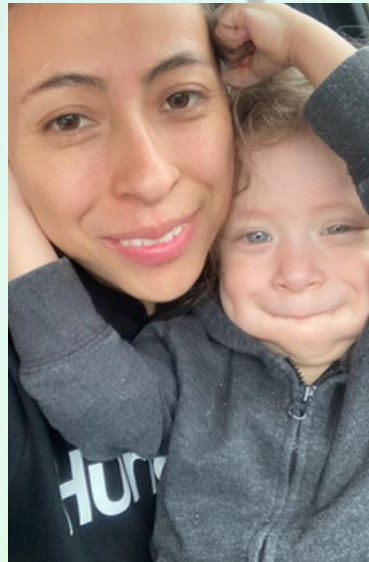
[HTTPS://WWW.NCCIH.NIH.GOV/HEALTH/SEASONAL-ALLERGIES-AT-A-GLANCE](https://www.nccih.nih.gov/health/seasonal-allergies-at-a-glance)

### FOOD DISTRIBUTION INFORMATION:

<https://www.pgcmis.info/event/8143808>




# Spring is Here!







# April 2023

| SUN  | MON   | TUE   | WED   | THURS   | FRI   | SAT       |
|--|---|---|---|---|---|-----------|
| <small>ESL = ENGLISH AS A SECOND LANGUAGE OR ENGLISH FOR SPEAKERS OF OTHER LANGUAGES (ESOL)</small><br><small>ABE = ADULT BASIC EDUCATION</small><br><small>PACT = PARENTS AND CHILDREN TOGETHER</small> | <b>TUES, WED, THURS: IN-PERSON MORNING CLASSES</b>  |   |   |   |   | 1         |
| <b>2</b>   | <b>3</b>  | <b>4</b>  | <b>5</b>  | <b>6</b>  | <b>7</b>  | <b>8</b>  |
| <b>FAMILY SUPPORT CENTER WILL BE CLOSED FOR SPRING BREAK</b><br><b>NO ONLINE OR IN-PERSON CLASSES</b>  |   |   |   |   |   |           |
| <b>9</b> EASTER SUNDAY<br>   | <b>10</b><br>FAMILY SUPPORT CENTER WILL BE CLOSED FOR SPRING BREAK<br><b>NO ONLINE OR IN-PERSON CLASSES</b> | <b>11</b><br>8-11 AM<br>ESL CLASS/DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP<br>11:15 - 11:45 PACT<br>12 - 3PM TUTORING/GOAL SETTING FOR EDUCATIONAL NEEDS   | <b>12</b><br>8 - 11 AM<br>ESL/ABE CLASS<br>12:00 - 3:00 PM<br>ESL/ABE CLASS | <b>13</b><br>8-11 AM<br>ESL CLASS/DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP<br>11:15 - 11:45 PACT<br>10:11-11:00<br>HEALTH EDUCATION-COMMUNITY PARTNERS<br>12 - 3PM TUTORING/GOAL SETTING FOR EDUCATIONAL NEEDS                                     | <b>14</b><br>11:15 - 11:45AM<br>CIRCLE TIME   | <b>15</b> |
| <b>16</b>  | <b>17</b><br>8 - 11 AM<br>VIRTUAL ESL/ABE CLASS<br>12:00 - 3:00 PM<br>VIRTUAL ESL/ABE CLASS                 | <b>18</b><br>8-11 AM<br>ESL CLASS/DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP<br>11:15 - 11:45 PACT<br>12 - 3PM TUTORING/GOAL SETTING FOR EDUCATIONAL NEEDS   | <b>19</b><br>8 - 11 AM<br>ESL/ABE CLASS<br>12:00 - 3:00 PM<br>ESL/ABE CLASS | <b>20</b><br>8-11 AM<br>ESL CLASS/DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP<br>ENGLISH MORNING NURTURING PARENTING SESSIONS<br>11:15 - 11:45 PACT<br>12 - 3PM TUTORING/GOAL SETTING FOR EDUCATIONAL NEEDS   | <b>21</b><br>8:30-10 AM<br>CASE MANAGEMENT MEETING (FSC STAFF)  | <b>22</b> |
| <b>23/30</b>   | <b>24</b><br>8 - 11 AM<br>VIRTUAL ESL/ABE CLASS<br>12:00 - 3:00 PM<br>VIRTUAL ESL/ABE CLASS                 | <b>25</b><br>8-11 AM<br>ESL CLASS/DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP<br>ENGLISH MORNING NURTURING PARENTING SESSIONS<br>11:15 - 11:45 PACT<br>12 - 3PM TUTORING/GOAL SETTING FOR EDUCATIONAL NEEDS | <b>26</b><br>8 - 11 AM<br>ESL/ABE CLASS<br>12:00 - 3:00 PM<br>ESL/ABE CLASS | <b>27</b><br>8-11 AM<br>ESL CLASS/DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP<br>11:15 - 11:45 PACT<br>ENGLISH MORNING NURTURING PARENTING SESSIONS<br>12 - 3PM TUTORING/GOAL SETTING FOR EDUCATIONAL NEEDS<br>PGCRC IN PERSON ADVISORY BOARD MEETING | <b>28</b><br>10:00 - 11:AM<br>PEER CONNECTIONS (ENGLISH)<br>11:00 - 12:00PM<br>PEER CONNECTIONS (SPANISH) | <b>29</b> |



**MARYLAND  
FAMILY  
NETWORK**  
*Leading Maryland's  
Family Support Centers*

**APRIL 3 - 10TH**  
**SPRING BREAK FSC CLOSED**  
**NO IN-PERSON OR VIRTUAL CLASSES**

**APRIL 13TH**  
**HEALTH EDUCATION SESSION:**  
**VIRAL INFECTIONS**  
**10:00AM - 11:00AM**

**APRIL 20TH, 25TH & 27TH**  
**NURTURING PARENTING**  
**(ENGLISH MORNING SESSION)**

**APRIL 27TH**  
**PGCRC IN PERSON**  
**ADVISORY MEETING**  
**9:00AM - 10:30AM**

**APRIL 28TH**  
**PEER CONNECTIONS**  
**(ENGLISH)**  
**10:00AM - 11:00AM**

**APRIL 28TH**  
**PEER CONNECTIONS**  
**(SPANISH)**  
**11:00AM - 12:00PM**