



AN EARLY
CHILDHOOD
CONFERENCE
FOR PARENTS,
CAREGIVERS,
& CHILD CARE
PROVIDERS

JUNE 3, 2023 | 8 AM - 4 PM
CHARLES HERBERT FLOWERS HIGH SCHOOL

Parent Workshop Descriptions

AM Classes:

AM01 Little Kids at Hope: Early life experiences, especially caregiving relationships, lay the foundation for a happy childhood. The models used in Kids at Hope point to opportunities to be successful every day and the ways that a network of adults can contribute. Research shows how early brain development, based on these experiences, also shapes future success in adulthood.

AM04 What is Social Emotional Learning: Why it Matters: One of the most important concepts to teach children is the ability to identify and regulate their emotions. Social Emotional Learning is comprised of the skills we use to recognize and manage our own emotions and being able to recognize emotions in others. These skills include being able to work well with others, identifying problems, feeling sympathy and empathy for others, help-seeking and help-giving behaviors and general ethical behavior.

AM05 Promoting Home Visits Through Storytime: Engaging Caregivers with Children's Literature: Opening caregivers' minds to home visiting through self-written children's books. Children's literature can be used to increase parents'/guardians' awareness of the benefits of home visiting and improve the quality of the engagement. Participants will be provided with simple outreach/marketing strategies for promoting home visiting programs.

AM06 Dads Play Best!: Dads play a vital role in the wholistic development of their children. During this session we will explore some methods and materials adults (especially men) can utilize to engage children in play that will promote problem solving skill building, ethical schema development, and physical literacy skills. Child care providers, parents and guardians will find valuable resources throughout this interactive session.

AM07 Genes, Generation & Gender: Evaluate how the “3G’s” influence learning, labeling and lives in homes, schools and community. Examine how studying styles, situation and status effect outcomes. Participants will discuss how to eliminate performance gaps in classrooms, companies and culture from pre-birth to preschool to personal proficiency and how well our teaching practices acknowledge and address different needs.

AM08 Literacy, Learning, and Love: A Family That Reads Together Grows Together: Literacy is the heart of Learning. And who is better to learn with than our families, friends, and teachers. This workshop method focus is for families and educators to embrace and develop a love for reading collectively during family bonding time. Reading increases vocabulary skills, thinking processes, improved cognitive skills, and making better choices. Participants will be introduced to a variety of literacy materials, free resources, phonemic/phonetic implementation, and reading strategies that will improve ready fluency, writing skills, and family dialogue.

AM09 “Strengthening Families/Fortaleciendo a las Familias:

This training easily explains the Strengthening Families framework and it’s five protective factors and how this framework supports positive outcomes for families.

It also offers providers ideas on how to apply the Strengthening Families framework in their daily work with the families.

Este entrenamiento explica fácilmente el marco Fortaleciendo a las Familias y sus cinco factores de protección y cómo este marco apoya resultados positivos para las familias.

También ofrece ideas a las proveedoras sobre cómo aplicar el marco Fortaleciendo a las familias en su trabajo diario.

AM13 Supporting Children's Social Emotional Development through Family

Partnerships: Strategies for supporting infant and young children’s social emotional development are needed now more than ever. Further, the way in which childcare providers and families get to know each other and interact has changed during and after the pandemic. In this interactive presentation, we will use The Pyramid Model for Promoting Social Emotional Competence in Infants and Young Children (Pyramid Model) to frame a discussion about concrete strategies childcare providers can use to develop relationships with their students’ families, as well as how providers can partner with families to encourage the use of Pyramid Model practices with their children at home in order to support children’s social emotional development.

AM14 Financial Resiliency 101: Expense Tracking: In this workshop, participants will learn how to use an expense tracker, created specifically for ECE providers, to maintain records, categorize spending and revenue, and highlight spending patterns or one-off events. Participants will also walk away with concrete tools, custom designed specifically for the business aspects of ECE, as well as training videos for the providers to ensure comfort and ease of use.

AM15 "Resiliencia Financiera 101: Seguimiento de Gastos (en Español): Seguimiento de Gastos (en Español): En este taller, los participantes aprenderán a usar un registro de gastos, creado específicamente para proveedores de ECE, para mantener registros, categorizar gastos e ingresos y resaltar patrones de gastos o eventos únicos. Los participantes también se van con herramientas concretas, diseñadas específicamente para los aspectos comerciales de ECE, así como videos de capacitación para los proveedores para garantizar la comodidad y la facilidad de uso

AM16 Gracious Gardening in Early Childhood Environments: Let's dig deep to find out why gardening is crucial in early childhood education. Studies have shown that there are many benefits of introducing gardening to young children. Through garden play, children acquire and improve crucial developmental skills all while enjoying a nature-friendly childhood. The much bigger return is how planting a garden can affect not only your child's body but also their brain and soul. Join us for a thought-provoking workshop where we will get our hands dirty and our hearts happy. Each participant will leave with lesson plans and materials for your classroom. Hands on play and planting with seeds and flowers and plants.

AM17 The Beat of Your Own Drum: Learn performing arts strategies designed to enhance the development of social-emotional skills for children with special learning needs. Arts strategies such as call-and-response singing, creative movement with steady beat, guided dramatic play and the exploration of books through music are effective with children with many learning styles. Explore life skills like listening and turn-taking and how to be independent while also being part of a group.

AM18 Signing with Children: Discover basic signs to use with young children in your life. Using power point, discussion, demonstration, and practice, participants will be introduced to the history of American Sign Language (ASL), identify reasons why signing is beneficial for young children, and learn some signs to use with young children and learn some signs to use with them throughout the day.

AM19 Understanding Adverse Childhood Experiences (ACEs) and the Tools to Build Childhood Resilience: Adverse Childhood Experiences (ACEs) are the most powerful determinant of public health. Come learn how the biological impact of ACEs exceeds the traditional boundaries of health and human service systems and become a part of the first step

toward healing. Come gain an understanding of the problem to develop a conscious choice to use the knowledge gained to actively build a better future for our children, grandchildren, and public health.

AM20 Influencia de las Nuevas Tecnologías en el Desarrollo de Los Niños/ Influence of Technology on Child Development:

The development of the Internet, electronic devices such as cell phones and tablets, and the development of new applications and content on social networks are impacting the way children learn today. Children are exposed to different stimulus that can help their development as long as all these tools are used properly.

During this workshop we will share what are the positive and negative effects of the use of technology and we will also analyze the negative or risk factors. We will provide recommendations to educators to use these tools in their classes and to parents in order to encourage positive habits through the use of educational and playful activities that reduce the current trend of excessive use of electronic devices.

AM21 Finding the Genie in Every Child:

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AM23 Tips for Working with Young Children Having Challenging Behavior:

This workshop will provide families with practical strategies for establishing positive practices that can be used with children having challenging behaviors. Families will receive research based activities in Positive Behavior Support, shown tools to create a routine-based prevention, intervention, and response strategies that might be used to support children ages birth to five.

AM24: Spoiling or Supporting?: All infants have a language of their own and have unique and individual ways of telling their caregivers what they need and what they prefer. Infants have their own personalities and temperaments. Many parents worry that if they give their infants everything they ask for or respond to every cry, their child will become "spoiled" and difficult for others to care for them, such as grandparents, child care providers, babysitters, etc. This workshop will address the myth of "spoiling" an infant and how acting on this belief can actually backfire on parents and caregivers in the long run.

AM22 From Inclusion to Belonging: Shifting From Intent to Impact: Every teacher can think of a moment when they felt like they didn't belong. It's not a feeling one forgets. When educators settle for workplaces where they know in their heart they don't belong, the negative impact transfers to their students. DEI efforts alone fall short of creating environments that foster a sense of Belonging. Shifting from DEI to DEIB is the key to seeing impactful results.

AM25 How We Grow! Early Arts for Children and Families: Let's take an imaginary journey to see what's growing in the garden! Maria will guide children and families through movement experiences that provide an interactive opportunity to experience children's literature and the world around them. Led by: Maria Tripodi, Wolf Trap Master Teaching Artist

AM26 Como Crecemos! Arte Temprano para Niños y Familias (en Español): Vamos a embarcar en un viaje imaginario para ver que está creciendo en el jardín! Maria guiará a los niños/as y las familias a través de experiencias de movimiento que brindan una oportunidad interactiva de experimentar la literatura infantil y el mundo que los rodea.

Afternoon Classes:

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PM11 Finding HOPE: Learn how to Support Children's Growth and Development into Healthy, Resilient Adults: This presentation will explain the HOPE (Healthy Outcomes from Positive Experiences) framework, a paradigm shift in systems of care, communities, and policies to value and actively bolster Positive Childhood Experiences (PCEs). HOPE builds on the understanding of the power of relationships within families and communities and between those who provide and receive supportive services. Its goal is to fundamentally transform how we advance health and well-being for our children, families, and communities.

PM12 Creating Vision Boards / Creando un Tablero de Vision: This session will guide providers through the process of creating their vision boards to support the organization of their ideas and setting up a plan to achieve their goals. This is a hands-on activity with the goal of creating a vision board.

PM13 The Bounce Back: Maneuvering Through Challenging Situations:

Participants will explore methods to recover emotionally from setbacks; examine their sense of motivation; and analyze approaches to rebound/rebuild.

PM14 Child Protective Service Education: "Identifying and Reporting Allegations of Child Abuse and Neglect.," is a one-hour live virtual workshop in which we define Child Abuse based on Maryland State Statute, we discuss common physical and behavioral indicators of the four categories of abuse, we address mandated reporters and reporting requirements in general, we also provide tips for the virtual world, and like most training sessions we always leave time for questions at the end.

PM15 Financial Education: This presentation covers topics on savings, types of savings account, checking accounts, Budgeting, types of expenses, building emergency funds, financial milestones, meaning of credit, how to build credit, Loans, types of loans and credit. understanding credit score, elements of credit score, personal identity information, Identity theft awareness, fraud identification, and fraud prevention

PM16 Love Me, Protect Me, Make Sure I Sleep: As parents, grandparents, and caregivers we all want to keep our babies safe. Making sure that they sleep alone, on their back, in a crib, and in a smoke free environment is important to doing just that. During this session we will look at: why babies should not sleep in adult beds and other non-approved sleep spaces; why it is safer for a baby to sleep on their back; and how to make sure that others keep your baby safe when you are not there

