

October
2022

ISSUE 15
VOLUME 2

THE FSC FLYER

30 celebrating 30 years of
**PRINCE GEORGE'S CHILD
RESOURCE CENTER, INC**

**MARYLAND
FAMILY
NETWORK**
Leading Maryland's
Family Support Centers

www.childresource.org



Autumn Is Here!

A NOTE FROM NATHALIE

Happy Fall everyone!!

As we enter my absolute favorite season, we are so excited to have participants and their children in person at the center!

This month we also continue our celebration of Hispanic Heritage month as well as usher in National Fire Prevention Month. We're partnering with

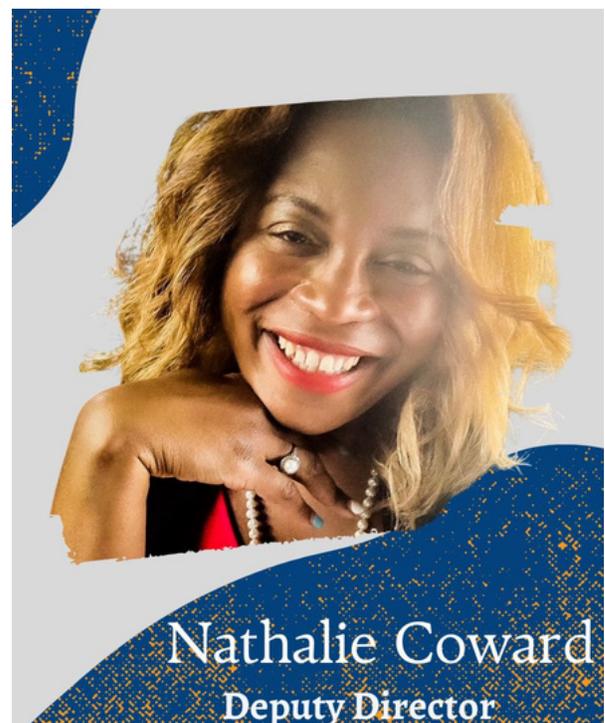
The leaves are falling and the temperatures are cooling- please get outside with your families and enjoy the newness of the season. Thank you for your continued support and partnership as we remain true to our mission.

In this together,

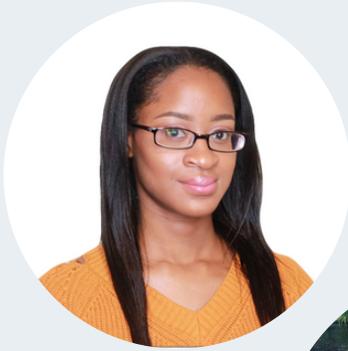
Nathalie

WHAT'S INSIDE:

- A Note from Nathalie Coward, our Deputy Director & Family Support Center Director
- News From Our Center
- Participant of the Month
- Executive Director's Corner
- Helpful Resources
- Autumn Fun Collages
- Hispanic Heritage Month Events
- Calendar of Events



Nathalie Coward
Deputy Director



DESSALINA ROBERTS



BIENVENIDA JAIMES

CHILD DEVELOPMENT CLASSROOM

The theme for the child development classroom this month is Fall Beginnings.

We will learn about the life cycles of a leaf, explore the food items during the fall harvesting season and use our senses to explore the changes in the season. In addition, we will be creating our “Apple” craft to follow along with our virtual field trip to the apple orchard.

The book that we will be highlighting will be “Eating the Alphabet: Fruits and Vegetables from A to Z” by Lois Ehlert

This story talks about the different kinds of fruits and vegetables that correspond with the alphabet. This is a wonderful opportunity to highlight food items that are harvested during the fall season.

October Birthdays:
Elisa 10/3
Paulos 10/20



KATHIA DONALICIO

SERVICE COORDINATION

This month we are welcoming fall and the nice weather it brings.

With less and less direct sunlight on the top half of the globe, the days here get shorter and temperatures get colder as winter nears. Those shorter days and cooler temperatures act as a signal to the trees and plants around us to get ready for winter.

Let’s welcome new families this month: Eluvia, Helen, Mabelle and Johanna.

Please remember to attend your classes regularly, and also PACT activities, and other sessions that are prepared for you.



DR. SUSIE MCPHILOMY

ADULT EDUCATION CLASSROOM

I am pleased to announce that my level 1 class is getting bigger with more diversity! We are embracing 12 more Hispanic participants, one Afghani and one Eritrean learner. There is a strong cooperation between existing and new participants. They are highly engaged and helpful to each other! Our participants feel empowered by their increased scores after taking Level 5 at PGCC. I am also happy with the beginning of the hybrid program, which seems to be quite effective and encourages high interaction! I wish to congratulate our participants with Hispanic heritage month and wish them success in achieving their goals in this land of opportunities! They are truly working hard to blend in and keep their family values! Way to go, ladies!



LOIS DYER

OUR STORY IN NUMBERS

- **Participants Served: 30**
- **Children Served: 34**
- **Adult Ed. Activities: 240**
- **Life Skills Ed. Activities: 69**
- **Parenting Ed. Activities: 258**
- **New Adult Participants: 4**
- **New Child Participants: 6**
- **New Babies Born: 0**
- **Virtual Circle Times: 4**
- **Diapers Delivered: 1750**



LUCAS ESCANO

TRANSPORTATION NEWS

Thank you for continuing to allow me to serve you and for committing to wearing your masks.

About 1,750 diapers were delivered this month.

It's Autumn, so get cozy and drink some hot cocoa while you're out!

Thank you all for your support, and I look forward to seeing you all next month!

Be ready to smile when the delivery picture is taken!



JENIFFER HERNANDEZ

OFFICE MANAGER UPDATES

Autumn Is Here! WOW! Time sure flies fast!

Signaling the start of great outdoor weather, and a transition from summer to winter, Autumn (also known as Fall) is one of the four seasons of the year.

October means gorgeous falling leaves, cooler temperatures, and, of course, Halloween!

*September: Suicide Prevention Awareness Month

*September 9-15th: National Suicide Prevention Week

*September 10th: World Suicide Prevention Day

All of us can play a role in preventing suicide as a part of National Suicide Prevention Month!

Actions we can take:

- Be there.
- Keep them safe.
- Help them feel connected.
- Follow up.



PARTICIPANT OF THE MONTH: FABIOLA P.



Fabiola is incredibly hard working, helpful, creative, and she is prepared at all times. She tries her very best to catch up with everything that goes on in class if ever she misses a session.

Fabiola has been very diligent in trying to take the Adult Education pre-test in person at PGCC. Despite facing difficult in starting in our program initially, she continued to be engaged and participate in most of our sessions!

She has been very engaged with both of her children and is eager to participate in all the activities and services that the Center has to offer!

Way to go Fabiola!

HELPFUL RESOURCES

SUICIDE PREVENTION AWARENESS:

[HTTPS://NAMI.ORG/GET-INVOLVED/AWARENESS-EVENTS/SUICIDE-PREVENTION-AWARENESS-MONTH-\(SPAM\)](https://nami.org/get-involved/awareness-events/suicide-prevention-awareness-month-(spam))

MES DE LA PREVENCION DEL SUICIDIO:

[HTTPS://NAMI.ORG/NAMI/MEDIA/NAMI-MEDIA/IMAGES/FACTSHEETS/SPANISH_SUICIDE_\(EL-RIESGO-DE-SUICIDIO\).PDF](https://nami.org/nami/media/nami-media/images/factsheets/spanish_suicide_(el-riesgo-de-suicidio).pdf)

AUTUMN SAFETY TIPS AS WEATHER CHANGES:

[HTTPS://WWW.MAYOCLINICHEALTHSYSTEM.ORG/HOMETOWN-HEALTH/SPEAKING-OF-HEALTH/THINK-SAFETY-IN-FALL-AS-WEATHER-CHANGES](https://www.mayoclinichealthsystem.org/hometown-health/speaking-of-health/think-safety-in-fall-as-weather-changes)

EXECUTIVE DIRECTOR'S CORNER

A New Season!
(weather I like it or not)



If I'm honest, it was hard for me to say goodbye to summer. I LOVE hot weather and, not only that, the fact that it is already Fall again astonishes me! Time flies.

Then I came across this picture I took last year. It reminds me that here is so much beauty both behind us and before us. So join me in looking ahead with expectation to what is in store for us this season!

Best,

A handwritten signature in blue ink that reads "Jennifer".

Jennifer Iverson, Executive Director

HELPFUL RESOURCES

FAMILY HEALTH SERVICES:

[HTTPS://WWW.PRINCEGEORGESCOUNTYMD.GOV/1880/FAMILY-HEALTH](https://www.princegeorgescountymd.gov/1880/family-health)

MENTAL HEALTH 24/7:

[HTTPS://WWW.HYATTSVILLE.ORG/1003/MENTAL-HEALTH-247](https://www.hyattsville.org/1003/mental-health-247)

HALLOWEEN SAFETY RULES:

[HTTPS://WWW.PRINCEGEORGESCOUNTYMD.GOV/1769/HALLOWEEN-SAFETY-RULES](https://www.princegeorgescountymd.gov/1769/halloween-safety-rules)

AUTUMN FUN!



AUTUMN FUN!



CELEBRACIONES DEL MES DE LA HERENCIA HISPANA 2022



¡Venga y celebre el Mes de la Herencia Hispana en familia con M-NCPPC, Departamento de Parques y Recreación y la **Directora Ejecutiva del Condado de Prince George's, Angela D. Alsobrooks!**

Fiesta de la Familia

Domingo, 16 de octubre, 1-4 pm

Parque Lane Manor
7601 West Park Drive, Adelphi 20783
301-445-4508



Estación de habilidades de fútbol

Niños y niñas de 5 a 10 años están invitados a participar en una clínica de habilidades de fútbol GRATIS. ¡Aprende los fundamentos del fútbol y gana premios!

El entretenimiento programado incluye:

- Elena la Fulana
- Grupo Miel (música de salsa y bachata)
- Marimba Princesa Xinabajul (un grupo tradicional de Guatemala)



DISFRUTE DE: Música en vivo ▪ Danzas folklóricas
Áreas para niños y jóvenes ▪ Mesas de información
Vendedores de comida

Para todas las edades;
entrada, entretenimiento y estacionamiento GRATIS



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Para obtener más información, envíe un correo electrónico a customerservice@pgparks.com o llame al 301-699-2252. Maryland Relay 711 para clientes sordos, con problemas de audición o discapacidades del habla.

Nuestro personal tiene acceso a un servicio de interpretación telefónica que puede ayudarle en más de 150 lenguajes. Por favor pregunte por este servicio cuando nos llame o visite.

El Departamento de Parques y Recreación, Condado de Prince George's, fomenta y apoya la participación de individuos con discapacidades en sus programas. Para pedir y obtener asistencia especial, inscríbase al menos 2 semanas antes de la fecha de comienzo del programa.

October 2022



SUN	MON	TUE	WED	THURS	FRI	SAT
<p>ESL - ENGLISH AS A SECOND LANGUAGE OR ENGLISH FOR SPEAKERS OF OTHER LANGUAGES (ESOL)</p> <p>ABE - ADULT BASIC EDUCATION</p> <p>PACT - PARENTS AND CHILD/REN TOGETHER</p>						1
2	3 8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS	4 8-11 AM ESL/ABE CLASS 11:15 - 11:45 PACT 12 - 3PM DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP.	5 8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS	6 8-11 AM ESL/ABE CLASS 12 - 3PM DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP. 3-3:30 PM CIRCLE TIME	7 11:15 - 11:45AM PACT 10:00 - 11:00AM HEALTH EDUCATION	8
9	10 8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS	11 8-11 AM ESL/ABE CLASS 11:15 - 11:45 PACT 12 - 3PM DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP.	12 8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS	13 8-11 AM ESL/ABE CLASS 12 - 3PM DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP. 3-3:30 PM CIRCLE TIME	14 11:15 - 11:45AM PACT 10:00 - 11:00AM PARENT SUPPORT GROUP	15
16	17 8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS	18 8-11 AM ESL/ABE CLASS 9-11 FIRE SAFETY PRESENTATION 11:15 - 11:45 PACT 12 - 3PM DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP.	19 8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS	20 8-11 AM ESL/ABE CLASS 12 - 3PM DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP. 3-3:30 PM CIRCLE TIME	21 11:15 - 11:45AM PACT 10:00 - 11:00AM EMPLOYMENT READINESS	22
23/30	24/31 8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS	25 8-11 AM ESL/ABE CLASS 11:15 - 11:45 PACT 12 - 3PM DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP.	26 8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS	27 8-11 AM ESL/ABE CLASS 12 - 3PM DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP. 3-3:30 PM CIRCLE TIME	28 11:15 - 11:45AM PACT 10:00 - 11:00AM PEER CONNECTIONS	29

Dates to Remember



MARYLAND
FAMILY
NETWORK

Leading Maryland's
Family Support Centers

OCTOBER 7
HEALTH EDUCATION
10:00AM - 11:00AM

OCTOBER 14
PARENT SUPPORT GROUP
10:00AM - 11:00AM

OCTOBER 18
FIRE SAFETY PRESENTATION
10:00AM - 11:00AM

OCTOBER 21
EMPLOYMENT READINESS
10:00AM - 11:00AM

OCTOBER 28
PEER CONNECTIONS
10:00AM - 11:00AM