

**MAY  
2025**

# THE FSC FLYER

**Family Support Center Prince George's**  
*(formerly Adelphi/Langley Park Family Support Center)*



**MARYLAND  
FAMILY  
NETWORK**  
*Leading Maryland's  
Family Support Centers*



## WHAT'S INSIDE:

- A Message From Mariela Hakans, Director of Family Support
- Program Updates
- Happy Mother's Day!
- Helpful Resources
- Calendar of Events

## A NOTE FROM MARIELA

Greetings,

It's May! We are continuing our gardening project with our families and the parents and children have been having so much fun caring for their plants.

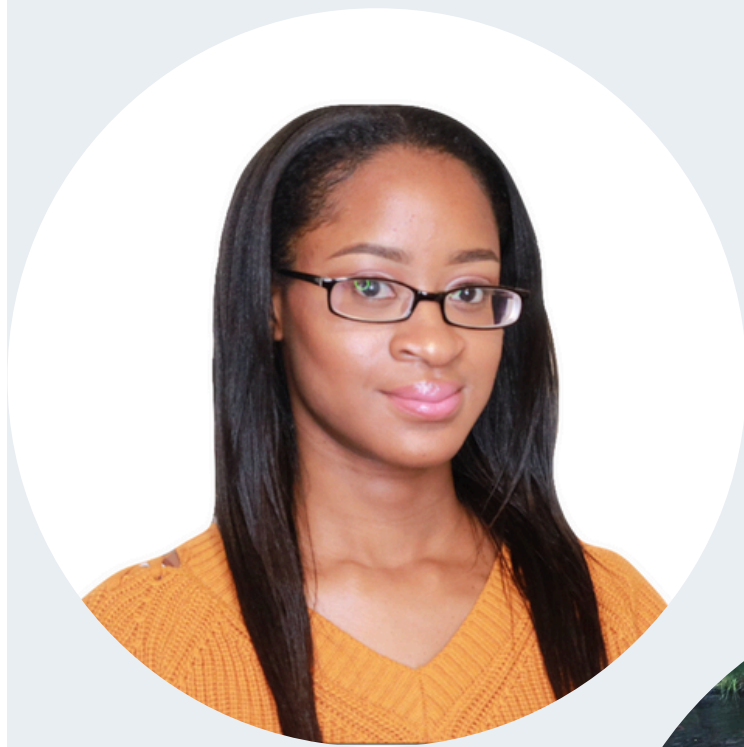
This month, we are celebrating our volunteers, teachers, and mothers. We are so grateful for our volunteers that come and help us in the Child Development room as well as our 3 teachers that are making a big difference in the lives of the children and parents we serve. Thank you all!!

*Mariela*



**MARIELA HAKANS, DIRECTOR**





DESSALINA BURNS



BIENVENIDA JAIMES

## CHILD DEVELOPMENT CLASSROOM

In this month's child development classroom, we will learn about mothers from all over the world. Our featured books for the month will be Mommy, by Todd Parr, and Who Takes Care of You, by Hannah Eliot.

We will create felt mother figures, a flower craft, and an All About My Mother info card. Meanwhile, we will also showcase a third book called Alphabet by Hearts, which we will highlight during Circle Time.



Gerardo. 5/11



KATHIA DONALICIO

## SERVICE COORDINATION

This month we want to honor the mothers in our program and focus on their influence on society.

Two of our Parent leaders, Glendy R. and Merari G., will attend the MFN Advanced Parent Leadership Institute during the MFN Spring Conference in Cambridge, MD. We are so excited to have them join the FSC staff on this trip!

Also, we are wrapping up our Nurturing Parenting Program. Please remember to keep having great attendance to complete it this month.



Eluvia V. 5/20





DR. SUSIE MCPHILOMY

## ADULT EDUCATION CLASSROOM

On Mother's Day, I wish to acknowledge and celebrate my outstanding students who work diligently not only at home but also in class. They strive to be the best mothers and role models for their children and families.

Their desire to learn the language and become strong and independent women is genuinely admirable. Many of them run their errands, take their children to the doctors, meet with teachers without interpreters, get driver's licenses, and participate in various events. It gives them a sense of self-efficacy and fulfillment!

Our participants continually improve, dedicating themselves to reaching their goals with unwavering commitment and effort. Proud of you, ladies!

## FSC IN-HOUSE RESOURCES

Our newest car seats will be offered at a very discounted price!

If you are interested in getting a car seat, please call us at 301-431-6210 or reach out to Jeniffer Hernandez at [jhernandez@childresource.org](mailto:jhernandez@childresource.org)

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To gain access to information about our other CRC programs or other resources through our organization, Please visit our website.

Para obtener acceso a información sobre nuestros programas u otros recursos sobre nuestra organización, visite nuestro sitio web.

**<https://www.childresource.org>**



# Happy Mother's Day

Happy Mother's Day to our incredible participant moms!

Sildy A.	Kenia R.	Angelica V.	Johana H.
Sugly D.	Merari G.	Eluvia V.	Karina M.
Veronica C.	Reina A.	Glendy R.	Sara G.
Yessica M.	Sandra V.	Ingrid P.	Sahar A.
Zaida P.	Sheyla I.	Ingris G.	Khadija A.
Semhar T.			Angelica R.

Happy Mother's Day to our superhero staff moms!

Mariela H.	Bienvenida J.
Kathia D.	Dessalina B.
Dr. Susanna M.	

Thank you to all of you for being amazing role models, for the true love and dedication that you show every day, and for doing the impossible.

## HELPFUL COMMUNITY RESOURCES

**Sports for your children during the summer**

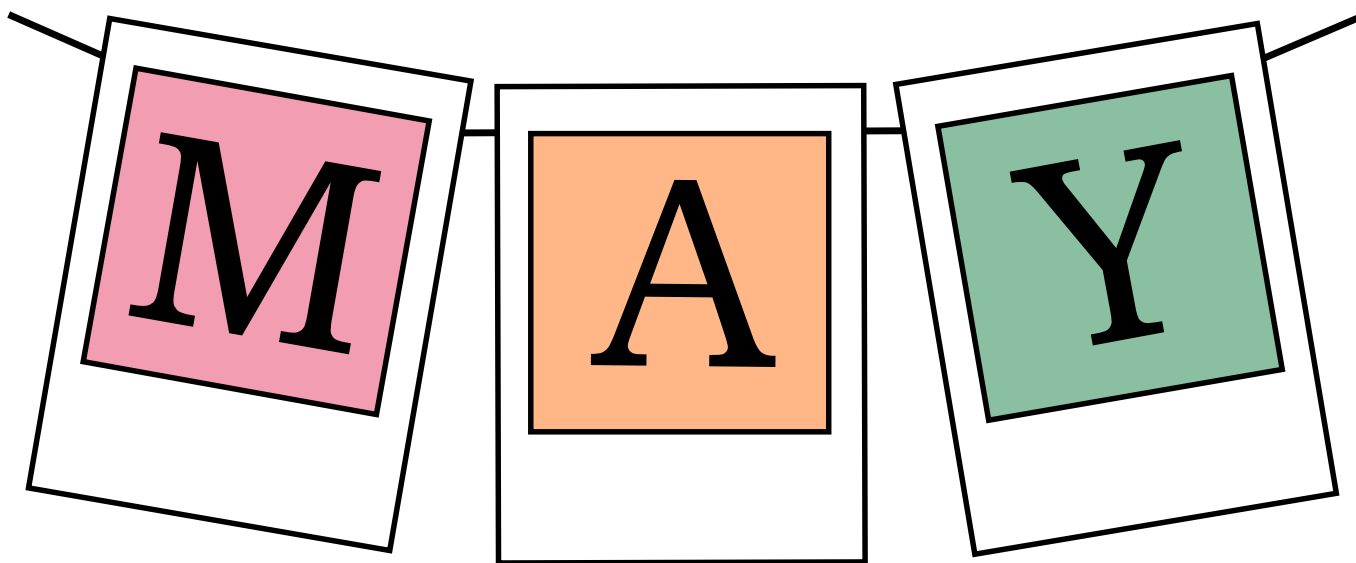
[Sports - Park and Recreation - Prince George's County, MD](#)

**Swimming lessons for your family**

[Aquatics - Park and Recreation - Prince Georges County MD](#)

**Community Clinic, telehealth, or in-person appointments**

[Planned Parenthood | Find a Health Center](#)



# 2025

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## FSCPG WEEKLY SCHEDULE

## IMPORTANT DATES:

### MONDAY & WEDNESDAY

8:00 - 11:00 AM

ESL/ABE CLASS

10:45AM PACT

12:00 - 3:00 PM

ESL/ABE CLASS

2:45PM PACT

### TUESDAY & THURSDAY

8:00 - 11:00 AM

ESL CLASS-HIGH ESL/ABE

10:45AM PACT

12:00 - 3:00 PM

ESL/ABE CLASS

2:45PM PACT

### FRIDAYS VIRTUAL- CIRCLE TIME

11:15 - 11:45

### NURTURING PARENTING SESSIONS

05-01-25 TIME: 1:00 PM - 2:30 PM

05-07-25 TIME: 1:30 PM - 2:45 PM

05-13-25 TIME: 12:00 PM - 3:00 PM

05-19-25 TIME: 09:00 AM - 10:00 AM

05-20-25 TIME: 09:45 AM - 10:45 AM

### MOTHER'S DAY

05-11-25

### MFN SPRING CONFERENCE - CENTER CLOSED

05-15-25 AND 5-16-25

### PEER CONNECTION HEALTHY FAMILIES/FSC COLLABORATION

10:00 AM - 12:00 PM

05-23-25 AT FSC PG

### MEMORIAL DAY- SCHOOLS AND OFFICES CLOSED

05-26-25

### INFANT AND TODDLER ENVIRONMENTAL RATING SCALE (ITERS)OBSERVATION

05-28-25