Hello!

This March we are empowering our participants to do great things, especially returning from the MFN Leadership conference, and here is a quote that resonates with that:

“To tell a woman everything she cannot do, is to tell her what she can.”

~Spanish Proverb
March is Women's History Month and we'll be educating, sharing stories, raising awareness, and sharing resources about women's achievements and the challenges they face. This month we continue offering virtual therapy sessions to those participants in need of more support. Please remember to check the center’s WhatsApp group to learn about program updates, events, and field trips and to communicate about your absences.

Feel free to contact me at 301-613-0551 if you have any questions. Remember to continue focusing on your goals and if you have any updates please reach out to me.

Homaera T. - 03/31
Jessy M. - 03/23

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The theme for the child development classroom this month is Spring seasonal changes. We will learn about new flowers emerging from the winter season. Discussing the four seasons helps children learn about how things in nature grow, what different clothes we may need to stay warm, and the change of time from daylight savings. Having the children explore during outside play can be beneficial for both child and parent to engage in rich language development.

The book that we will be highlighting is The Tiny Seed by Eric Carle. This story talks about the adventures a seed takes as it travels throughout the season of the year. The seed gets very big and a friend shares the new flower with a new friend. As the flower grows, it slowly begins to die and create a new seed for the new year and upcoming season.

Ian R. - 03/22
As we get closer to spring, we welcome the season with another month of great highlights! Almost all of our participants work hard to improve on a daily basis and will be moving up to the next level very soon!

We have new additions to our Adult Ed Family! Although on maternity leave, our participants are eager to continue learning and connect to their classes on Zoom!

I need to also acknowledge Willianik and Johanna (Level 2), who attended the Parent Leadership conference and will be presenting what they learned from their sessions in class.

Our pampering event this Valentine’s Day was a success. The students had an eventful celebration and were shown a lot of love and learned about the importance of self-love and self-care.

FSC IN-HOUSE RESOURCES

FSC CAR SEAT DISTRIBUTION:

For more information on car seats or if you have any questions, please contact Jeniffer at jhernandez@childresource.org or please call 301-431-6210.

PROGRAMA DE DISTRIBUCION DE SILLAS DE AUTO:

Para obtener más información sobre los asientos para automóviles o si tiene alguna pregunta, contácte a Jeniffer: jhernandez@childresource.org o 301-431-6210.

To gain access to information about our other CRC programs or other resources through our organization, Please visit our website.

Para obtener acceso a información sobre nuestros programas u otros recursos sobre nuestra organización, visite nuestro sitio web.

https://www.childresource.org
PARTICIPANT OF THE MONTH: ANDREA G.

Andrea G., a recent addition to our center, has swiftly captured our admiration through her unwavering diligence, dedication, and devotion to her studies!

She engages in heartfelt conversations, discussing ways in which we can collectively nurture both her and her child.

Her commitment, responsibility, and optimistic spirit shine brightly. Attending every class punctually and consistently prepared, her trajectory towards learning and advancement appears steeped in promise. Bravo, Andrea! Your progress fills us with pride!

HELPFUL COMMUNITY RESOURCES

PG COUNTY DENTAL HEALTH SERVICES
HTTPS://WWW.PGPARKS.COM/ACTIVITIES-EVENTS/EVENTS

VACCINES & IMMUNIZATIONS
HTTPS://WWW.PRINCEGEORGESCOUNTRYMD.GOV/DEPARTMENTS-OFFICES/HEALTH/FAMILY-

PGC MEMORIAL LIBRARY SYSTEM EVENTS
HTTPS://WWW.PGCMLS.INFO/EVENTS

PG PARKS- EVENT CALENDAR
HTTPS://MDPGPARKSWEB.MYVSCLOUD.COM/WEBTRAC/WEB/SEARCH.HTML
UNFORGETTABLE FEBRUARY MOMENTS

GALENTINES, MFN PARENT LEADERSHIP CONFERENCE, AND STORY TIME!
FSC PARTICIPANTS’ EVENTS

Get ready to celebrate a Family Literacy Fiesta with the Family Support Center Prince George’s and InterAct Story Theatre.

STORY

Join us for a special Story Time on Friday, March 1st at 9:30-10:45 am at 8908 Riggs Road in Adelphi, MD 20783. Sign up with Kathia D.: 301-613-0351

Let’s make reading and learning a family affair!

JOIN OUR FIELD TRIP TO:

Port Discovery Children’s Museum

WHEN: MARCH 11, 2024
WHERE: 35 MARKET PL, BALTIMORE, MD 21202
AGE: CHILDREN 1 YEAR OLD AND OLDER

First come, first serve. This is an all-day event. Transportation provided.

Sign up with Ms. Kathia: 301-613-0351

Spring Break!
## March 2024

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### FAMILY SUPPORT CLASS WEEKLY SCHEDULE

**MONDAY & WEDNESDAY**
8:00 - 11:00 AM
ESL/ABE CLASS

10:45 - 11:00 PM
PACT

12:00 - 3:00 PM
ESL/ABE CLASS

**TUESDAY & THURSDAY**

8:00 - 11:00 AM
ESL CLASS-HIGH ESL/ABE

10:45 - 11:00 PM
PACT

12:00 - 3:00 PM
ESL/ABE CLASS- LEVEL A

**FRIDAYS VIRTUAL- CIRCLE TIME**
11:15 - 11:45

### IMPORTANT DATES:

**IN-PERSON INTERACT STORY THEATER:**
MARCH 1ST 10:00 AM - 11:00 AM

**PEER CONNECTIONS**
MARCH 1ST, 12:00 PM - 3:00 PM

**INTERNATIONAL WOMEN’S DAY.**
MARCH 8TH.

**FILED TRIP WITH MFN TO PORT DISCOVERY:**
IN-PERSON
MARCH 11TH, ALL DAY

**LAST DAYS OF OUR ESL/ABE SEMESTER**
MARCH 20/21ST

**PEER CONNECTIONS**
MARCH 22ND

**HEALTH EDUCATION BY PRIORITY PARTNERS - DENTAL HEALTH**
MARCH 28TH, 12:30 - 9:30

**GROUP THERAPY:**
EVERY THURSDAY FROM 12:00 - 1:00 PM AND EVERY FRIDAY FROM 9:00 AM - 10:00 AM
LAST SESSION WILL BE MARCH 22ND

**SPRING BREAK FOR PARTICIPANTS**
(FSC OFFICES CLOSED) - MARCH 25 - APRIL 1ST